

Hong Kong Masters Athletics Club

The 10th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS

Women's W35 - 100m (F1)

2025-11-22 -> 10:10 (09:50-10:00)

Lan Name	姓名	Cat	Bib #	Team
3 CHOI SIN TING	蔡倩婷	W35	351015	GHSAC
4 CHUNG TSZ YAN	鍾子欣	W35	350863	BAC
5 MOK OI YEE	莫藹儀	W35	351019	GHSAC
6 CHAN YUEN YU	陳宛渝	W35	350963	DBSAC
7 CHUNG YUK LING	鍾玉玲	W35	350864	BAC

Women's W35 - 100m (F2)

2025-11-22 -> 10:10 (09:50-10:00)

Lan Name	姓名	Cat	Bib #	Team
3 FOK YEE LING	霍漪綾	W35	350865	BAC
4 LU JIAQING	陸嘉清	W35	351063	HKRWA
5 IP HONG TUNG	葉康彤	W35	351016	GHSAC
6 LEE CHEUK LAM	李卓霖	W35	351124	PoliceAC
7 POON PAK YAN	潘栢茵	W35	351020	GHSAC

Women's W35 - 200m (F1)

2025-11-23 -> 10:25 (10:05-10:15)

Lan Name	姓名	Cat	Bib #	Team
3 CHAN SIN HANG	陳倩衡	W35	350962	DBSAC
4 CHAN SHUN LAI	陳純麗	W35	350961	DBSAC
5 NG CHAU YU	伍紉瑜	W35	350966	DBSAC
6 LEE CHEUK LAM	李卓霖	W35	351124	PoliceAC
7 LU JIAQING	陸嘉清	W35	351063	HKRWA

Women's W35 - 200m (F2)

2025-11-23 -> 10:25 (10:05-10:15)

Lan Name	姓名	Cat	Bib #	Team
3 WONG CHUNG KAY	黃頌棋	W35	351202	WAC
4 MOK OI YEE	莫藹儀	W35	351019	GHSAC
5 CHUNG YUK LING	鍾玉玲	W35	350864	BAC
6 CHAN SUK TING	陳淑婷	W35	350862	BAC
7 CHUNG TSZ YAN	鍾子欣	W35	350863	BAC

Women's W35 - 400m (F)

2025-11-22 -> 15:40 (15:20-15:30)

Lan Name	姓名	Cat	Bib #	Team
1 TSO YUK YAN	曹玉恩	W35	351126	PoliceAC
2 NG KA YUK CARRIE	吳嘉鈺	W35	350967	DBSAC
3 KWOK TING TING	郭婷婷	W35	351123	PoliceAC
4 CHUNG YUK LING	鍾玉玲	W35	350864	BAC
5 CHAN SIN HANG	陳倩衡	W35	350962	DBSAC
6 CHOI WING YAN	蔡穎欣	W35	350965	DBSAC
7 CHENG HIU YEE	鄭曉兒	W35	351122	PoliceAC
8 CHUNG TSZ YAN	鍾子欣	W35	350863	BAC

Women's W30-W35 - 800m (F)

2025-11-23 -> 15:40 (15:20-15:30)

Lan Name	姓名	Cat	Bib #	Team
1 LAI MEI YUI	賴美韻	W35	351142	SCAA

1 CHAN YIN TING	陳燕婷	W35	350945	CSDSA
2 KWOK TING TING	郭婷婷	W35	351123	PoliceAC
3 TSO YUK YAN	曹玉恩	W35	351126	PoliceAC
5 NG CHAU YU	伍紉瑜	W35	350966	DBSAC
5 NG KA YUK CARRIE	吳嘉鈺	W35	350967	DBSAC
6 CHAN KATHY KA YEE	陳家儀	W35	351062	HKMP
7 CHAN SUK TING	陳淑婷	W35	350862	BAC
8 CHENG HIU YEE	鄭曉兒	W35	351122	PoliceAC

Women's W30-W45 - 1500m (F)

2025-11-22 -> 08:40 (08:20-08:30)

Ord Name	姓名	Cat	Bib #	Team
4 LAI MEI YUI	賴美韻	W35	351142	SCAA
5 WONG KA YAN	黃家欣	W35	351127	PoliceAC
6 CHENG HIU YEE	鄭曉兒	W35	351122	PoliceAC
7 CHING WAI TING	程慧婷	W35	351014	GHSAC
8 VUT TSZ YING	屈旨盈	W35	351201	WAC
9 MA CATESBY	馬詩惠	W35	351017	GHSAC
10 CHAN KATHY KA YEE	陳家儀	W35	351062	HKMP

Women's 5000m (F)

2025-11-23 -> 11:35 (11:15-11:25)

Ord Name	姓名	Cat	Bib #	Team
4 LAI MEI YUI	賴美韻	W35	351142	SCAA
5 NG CHAU YU	伍紉瑜	W35	350966	DBSAC
6 YEUNG MEI YI	楊美兒	W35	350946	CSDSA
7 VUT TSZ YING	屈旨盈	W35	351201	WAC
8 CHAN SUK TING	陳淑婷	W35	350862	BAC

Women's 5000m RW (F)

2025-11-22 -> 11:30 (11:10-11:20)

Ord Name	姓名	Cat	Bib #	Team
1 CHAN SIN HANG	陳倩衡	W35	350962	DBSAC

Women's W30-W35 - 100mH (F)

2025-11-22 -> 14:20 (14:00-14:10)

Lan Name	姓名	Cat	Bib #	Team
3 WONG KA YU	王家裕	W35	351128	PoliceAC
6 NG SHUK SHAN	吳淑珊	W35	350868	BAC
7 KWONG YUET KWAN	鄺悅瑩	W35	350866	BAC

Women's W30-W45 - 400mH (F)

2025-11-23 -> 14:45 (14:25-14:35)

Lan Name	姓名	Cat	Bib #	Team
5 NG SHUK SHAN	吳淑珊	W35	350868	BAC

Women's W30-W65 - 2000mSC (F)

2025-11-23 -> 08:40 (08:20-08:30)

Ord Name	姓名	Cat	Bib #	Team
4 NG SHUK SHAN	吳淑珊	W35	350868	BAC

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Women's W35 - 4X100m (F)

2025-11-22 -> 17:15 (16:55-17:05)

Lan Name	姓名	Cat	Bib #	Team
3	南華體育會	W35		SCAA
4	德望田徑會 A	W35		GHSAC
5	警察田徑會	W35		PoliceAC
6	赤道體育會	W35		BAC
7	拔萃男書院田徑會	W35		DBSAC
8	德望田徑會 B	W35		GHSAC

Women's W30-W35 - 4X400m (F)

2025-11-23 -> 17:10 (16:50-17:00)

Ord Name	姓名	Cat	Bib #	Team
1	赤道體育會	W35		BAC
2	拔萃男書院田徑會	W35		DBSAC
3	德望田徑會	W35		GHSAC
7	警察田徑會	W35		PoliceAC
8	屈臣氏田徑會	W35		WAC

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Women's W35 - High Jump (F)

2025-11-22 -> 12:50 (12:30-12:40)

Ord Name	姓名	Cat	Bib #	Team
1 CHUNG YUK LING	鍾玉玲	W35	350864	BAC
2 POON PAK YAN	潘栢茵	W35	351020	GHSAC
3 NG SHUK SHAN	吳淑珊	W35	350868	BAC
4 CHAN SIN HANG	陳倩衡	W35	350962	DBSAC
5 KWONG YUET KWAN	鄺悅堃	W35	350866	BAC

Women's W35 - Long Jump (F)

2025-11-23 -> 17:20 (17:00-17:10)

Ord Name	姓名	Cat	Bib #	Team
1 NG SHUK SHAN	吳淑珊	W35	350868	BAC
2 WONG KA YU	王家裕	W35	351128	PoliceAC

Women's W35 - Triple Jump (F)

2025-11-22 -> 08:40 (08:20-08:30)

Ord Name	姓名	Cat	Bib #	Team
1 NG SHUK SHAN	吳淑珊	W35	350868	BAC

Women's W35 - Shot Put (F)

2025-11-22 -> 16:40 (16:20-16:30)

Ord Name	姓名	Cat	Bib #	Team
1 NG CHAU YU	伍紉瑜	W35	350966	DBSAC
2 POON PAK YAN	潘栢茵	W35	351020	GHSAC
3 NG KA LEE	吳嘉莉	W35	351125	PoliceAC
4 NG SHUK SHAN	吳淑珊	W35	350868	BAC

Women's W35 - Discus Throw (F)

2025-11-22 -> 09:25 (09:05-09:15)

Ord Name	姓名	Cat	Bib #	Team
1 WONG KA YU	王家裕	W35	351128	PoliceAC
2 NG KA LEE	吳嘉莉	W35	351125	PoliceAC
3 NG SHUK SHAN	吳淑珊	W35	350868	BAC

Women's W35 - Javelin Throw (F)

2025-11-23 -> 13:25 (13:05-13:15)

Ord Name	姓名	Cat	Bib #	Team
1 NG SHUK SHAN	吳淑珊	W35	350868	BAC
2 LAU CHUNG HEILYN	劉曦玲	W35	350867	BAC