

香港青少年田徑2024分齡賽 (三)
HONG KONG JUNIOR AGE GROUP ATHLETICS COMPETITION 2024 - III

Date : 1/6/2024

Roll Call Time

比賽時間 Race time	徑賽(跨欄除外) Track Event (Except Hurdles)						跨欄 Hurdles				田項 Field Event							
	開始檢錄 Start of Call		比賽前20分鐘 20mins before the races		截止檢錄 End of Call		比賽前10分鐘 10mins before the races		開始檢錄 Start of Call		比賽前25分鐘 25mins before the races		截止檢錄 End of Call		比賽前35分鐘 35mins before the races		比賽前25分鐘 25mins before the races	
	徑賽 Track	田賽 Field	徑賽 Track	田賽 Field	徑賽 Track	田賽 Field	徑賽 Track	田賽 Field	徑賽 Track	田賽 Field	徑賽 Track	田賽 Field	徑賽 Track	田賽 Field	徑賽 Track	田賽 Field	徑賽 Track	田賽 Field
	女子 Girls																	
	U20		U18		U16		U14		U12		U11		U10		U9		U8	
13:05	午膳																	
13:50																		
13:55																		
14:00																		
14:05																		
14:10																		
14:15																		
14:20																		
14:25																		
14:30	60m (F)		60m (F)		60m (F)		60m (F)		60m (F)		60m (F)		60m (F)		60m (F)		60m (F)	
14:35																		
14:40																		
14:45																		
14:50																		
14:55																		
15:00																		
15:05																		
15:10									200m (F)		200m (F)		200m (F)		200m (F)		200m (F)	
15:15																		
15:20																		
15:25																		
15:30																		
15:35																		
15:40			400m 跨欄 (F-1) 400m Hurdles								跳遠 (F-16)-B Long Jump							
15:45																		
15:50																		
15:55																		
16:00									400m (F)		400m (F)		400m (F)					
16:05																		
16:10																		
16:15																		
16:20																		
16:25																		
16:30													4 X 100m (F-1)		4 X 100m (F-1)			
16:35																		
16:40									4 X 100m (F-1)		4 X 100m (F-1)							
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17:45																		

跳遠 A池 近草地位置、跳遠 B池 近看台位置 Long Jump A located at near meadows, Long Jump B near to the spectator stands

!!! 為確保運動員安全及賽事順利進行，所有比賽場地嚴禁家長及教練進入 !!!
In order to ensure the safety of athletes and the smooth progress of events, parents and coaches are strictly prohibited from entering all

賽前提示：運動員須先向田徑裁判員請假，後經各女運動員以不同地點舉行的開賽禮。若運動員在開賽禮後，應即向裁判員請假。若運動員在開賽禮後，應即向裁判員請假。若運動員在開賽禮後，應即向裁判員請假。
Event 1: Athletes should report to the field judges prior to the start of the races. Athletes should report to the field judges prior to the start of the races. Athletes should report to the field judges prior to the start of the races.
If the athlete asked for leave from the field event to compete in a track event, and the competition is over when he returns to the field event, no rematch can be claimed.