

香港青少年田徑2024分齡賽 (三)
HONG KONG JUNIOR AGE GROUP ATHLETICS COMPETITION 2024 - III

Date : 1/6/2024

Roll Call Time

比賽時間 Race time	徑賽(跨欄除外) Track Event (Except Hurdles)				跨欄 Hurdles				田徑 Field Event									
	開始檢錄 Start of Call		比賽前20分鐘 20mins before the races		開始檢錄 Start of Call		比賽前25分鐘 25mins before the races		開始檢錄 Start of Call		比賽前35分鐘 35mins before the races							
	截止檢錄 End of Call		比賽前10分鐘 10mins before the races		截止檢錄 End of Call		比賽前15分鐘 15mins before the races		截止檢錄 End of Call		比賽前25分鐘 25mins before the races							
女子 Girls																		
	U20		U18		U16		U14		U12		U11		U10		U9		U8	
	徑賽 Track	田賽 Field	徑賽 Track	田賽 Field	徑賽 Track	田賽 Field	徑賽 Track	田賽 Field	徑賽 Track	田賽 Field	徑賽 Track	田賽 Field	徑賽 Track	田賽 Field	徑賽 Track	田賽 Field	徑賽 Track	田賽 Field
08:30																		
08:35																		
08:40		標槍(F 1) Javelin Throw		標槍(F 11) Javelin Throw				跳高(F-11)-B High Jump		跳高(F-1)-B High Jump				100m(H-2)		100m(H-3)		
08:45								100m(H-3)		100m(H-4)								
08:50																		
08:55																		
09:00																		
09:05																		
09:10																		
09:15													標槍(F 7) Javelin Throw		跳遠(F-6)-B Long Jump		跳遠(F-4)-B Long Jump	
09:20			500m(F-9)C															
09:25																		
09:30																		
09:35																		
09:40																		
09:45																		
09:50																		
09:55																		
10:00																		
10:05																		
10:10																		
10:15														60m(H-2)		60m(H-4)		
10:20		三級跳(F-5)-A Triple Jump											60m(H-4)					
10:25																		
10:30							60m(H-4)		60m(H-3)									
10:35																		
10:40						60m(H-2)												
10:45																		
10:50									標槍(F 7) Javelin Throw							標槍(F 4) Javelin Throw		標槍(F 3) Javelin Throw
10:55																		
11:00													跳遠(F-14)-B Long Jump					
11:05				三級跳(F-1)-A Triple Jump		三級跳(F-2)-A Triple Jump												
11:10																		
11:15																		
11:20																		
11:25																		
11:30																		
11:35									200m(H-2)		200m(H-2)							
11:40																		
11:45							標槍(F 6) Javelin Throw							標槍(F 6) Javelin Throw				
11:50																		
11:55								800m(F-18)2										
12:00						800m(F-11)1												
12:05	800m(F-3)C		800m(F-5)C															
12:10																		
12:15																		
12:20													標槍(F 4) Javelin Throw					
12:25																		
12:30																		
12:35																		
12:40																		
12:45																		
12:50									100m(F)		100m(F)		100m(F)		100m(F)		100m(F)	
12:55																		
13:00																		
13:05	午膳																	
13:50																		

跳遠 A池 近草地位置、跳遠 B池 近看台位置 Long Jump A located at near meadows, Long Jump B near to the spectator stands

!!! 為確保運動員安全及賽事順利進行，所有比賽場地嚴禁家長及教練進入 !!!
In order to ensure the safety of athletes and the smooth progress of events, parents and coaches are strictly prohibited from entering all

賽前情況：運動員應先向田徑裁判員請假，惟若於全場運動員以不同時間進行同一項試時，方可棄去參加該項項目。賽後，應即向裁判員請假。賽後情況：運動員應先向田徑裁判員請假。
Event: Athletes should report to the field judge before the start of the event. If the athletes compete in track and field events at the same time, they should inform the field judges before they leave for the other event, and report to Call room in person for their Track Event. Athletes should report to the field judge before the start of the event. After the event, they should report to the field judge in person for their Track Event.
若運動員向田徑裁判員請假前往田徑項目參賽，當田徑比賽開始時，恕不能佔計該項。
If the athlete asked for leave from the field event to compete in a track event, and the competition is over when he returns to the field event, no remark can be claimed.