# 香港青少年田徑2024分齡賽 (三)
# HONG KONG JUNIOR AGE GROUP ATHLETICS COMPETITION 2024 - III

Date : 1/6/2024

## Roll Call Time

| | 徑賽(跨欄除外) Track Event (Except Hurdles) | | 跨欄 Hundles | | 田項 Field Event | |
|---|---|---|---|---|---|---|
| | 開始檢錄 Start of Call | 比賽前20分鐘 20mins before the races | 開始檢錄 Start of Call | 比賽前25分鐘 25mins before the races | 開始檢錄 Start of Call | 比賽前35分鐘 35mins before the races |
| | 截止檢錄 End of Call | 比賽前10分鐘 10mins before the races | 截止檢錄 End of Call | 比賽前15分鐘 15mins before the races | 截止檢錄 End of Call | 比賽前25分鐘 25mins before the races |

| | 男子 Boys | | | | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | U20 | | U18 | | U16 | | U14 | | U12 | | U11 | | U10 | | U9 | | U8 | |
| 比賽時間 Race time | 徑賽 Track | 田賽 Field | 徑賽 Track | 田賽 Field | 徑賽 Track | 田賽 Field | 徑賽 Track | 田賽 Field | 徑賽 Track | 田賽 Field | 徑賽 Track | 田賽 Field | 徑賽 Track | 田賽 Field | 徑賽 Track | 田賽 Field | 徑賽 Track | 田賽 Field |
| 08:30 | | | | 三級跳 (F-13)-A Triple Jump | | | | | | | | | | | | | | |
| 08:35 | | | | | | | | | | 擲壘球(F 5) Softball | | | | | | | | |
| 08:40 | | | | | | | | | | | | | | | | | | |
| 08:45 | | | | | | | | | | | | | | | | | | |
| 08:50 | | | | | | | | | | | | | | | | | | |
| 08:55 | | | | | | | | | | | | | 100m (H-2) | | 100m (H-2) | | 100m (H-2) | |
| 09:00 | | | | | | | | | | | | | | | | | | |
| 09:05 | | | | | | | | | 100m (H-3) | | 100m (H-3) | | | | | | | |
| 09:10 | | | | | | | | | | | | | | | | | | |
| 09:15 | | | | | | | | | | | | | | | | | | |
| 09:20 | 5000m (F-3)C | | 5000m (F-9)C | | | | | | | | | | | | | | | |
| 09:25 | | | | | | | | | | | | | | | | | | |
| 09:30 | | | | | | | | | | | | | | | | | | |
| 09:35 | | | | | | 三級跳 (F-9)-A Triple Jump | | | | | | | | | | | | |
| 09:40 | | | | | | | | | | | | | | | | | | |
| 09:45 | | | | | | | | | | | | | | | | | | |
| 09:50 | | | | | | | | | | | | | | | | | | |
| 09:55 | | | 400m跨欄 (H-2) 400m Hundles | | | | | | | | | | | | | | | |
| 10:00 | | | | | | | | 擲標槍(F 7) Javelin Throw | | 跳遠 (F-13)-B Long Jump | | 擲壘球(F 6) Softball | | | | | | |
| 10:05 | | | | | | | | | | | | | | | | | | |
| 10:10 | | | | | | | | | | | | | | | | | | |
| 10:15 | | | | | | | | | | | | | | | | | | |
| 10:20 | | | | | | | | | | | | | | | | | | |
| 10:25 | | | | | | | | | | | | | | | | | | |
| 10:30 | | | | | | | | | | | | | | | | | | |
| 10:35 | | | | | | | | | | | | | | | | | | |
| 10:40 | | | | | | | | | | 跳高 (F-6)-B High Jump | | | | | | | 60m (H-2) | |
| 10:45 | | | | | | | | | | | | | | | | | | |
| 10:50 | | | | | | | | | | | | | 60m (H-3) | | 60m (H-3) | | | |
| 10:55 | | | | | | | | | | | | | | | | | | |
| 11:00 | | | | | | | | | 60m (H-2) | | 60m (H-3) | | | | | | | |
| 11:05 | | | | | | | | | | | | | | | | | | |
| 11:10 | | | | | 60m (H-2) | | 60m (H-4) | | | | | | | | | | | |
| 11:15 | | | | | | | | | | | | | | | | | | |
| 11:20 | 60m (H-2) | | 60m (H-3) | | | | | | | | | | | | | | | |
| 11:25 | | | | | | | | | | | | | | | | | | |
| 11:30 | | | | | | | | | | | | | | | | | | |
| 11:35 | | | | | | | | | | | | | | | | | | |
| 11:40 | | | | | | | | | 200m (H-2) | | 200m (H-2) | | | | | | | |
| 11:45 | | | | | | | | | | | | | | | | | | |
| 11:50 | | | | | | | | | | | | | | | | | | |
| 11:55 | | | | | | | | | | | | | | 跳遠 (F-8)-B Long Jump | | | | |
| 12:00 | | | | | | | | | | | | | | | | | | |
| 12:05 | | | | | | | | | | | | | | | | | | |
| 12:10 | | | | | | | | | | | | | | | | | | |
| 12:15 | | 三級跳 (F-7)-A Triple Jump | | | | | 800m (F-10) | | | | | | | | | | | |
| 12:20 | | | | | 800m (F-41) 3 | | | | | | | | | | | | | |
| 12:25 | | | | | | | | | | | | | | | | | | |
| 12:30 | | | 800m (F-24) 2 | | | | | | | | | | | | | | | |
| 12:35 | 800m (F-14) | | | | | 擲標槍(F 14) Javelin Throw | | | | | | | | | | | | |
| 12:40 | | | | | | | | | | | | | | | | | | |
| 12:45 | | | | | | | | | | | | | | | | | | |
| 12:50 | | | | | | | | | | | | | | | | | | |
| 12:55 | | | | | | | | | | | | | | | | | | |
| 13:00 | | | | | | | | | 100m (F) | | 100m (F) | | 100m (F) | | 100m (F) | | 100m (F) | |
| 13:05 | | | | | | | | | | | | | | | | | | |
| 13:50 | | | | | | | | | | | | | | | | | | |
| 13:55 | | | | | | | | | | | | | | | | 跳遠 (F-7)-B Long Jump | | |
| 14:00 | | | | | | | | | | | | | | | | | | |
| 14:05 | | | | | | | | | | | | | | | | | | |
| 14:10 | | | | | | | | | 400m (H-2) | | 400m (H-2) | | | | | | | |
| 14:15 | | | | | | | | 跳高 (F-6)-B High Jump | | | | | | | | | | |
| 14:20 | | | | | | | | | | | | | | | | | | |
| 14:25 | | | | | | | | | | | | | | | | | | |
| 14:30 | | | | | | | | | | | | | | | | | | |
| 14:35 | | | | | | | | | | | | | | | | | | |
| 14:40 | 60m (F) | | 60m (F) | | 60m (F) | | 60m (F) | | 60m (F) | | 60m (F) | | 60m (F) | | 60m (F) | | 60m (F) | |
| 14:45 | | | | | | | | | | | | | | | | | | |
| 14:50 | | | | | | | | | | | | | | | | | | |
| 14:55 | | | | | | | | | | | | | | | | | | |
| 15:00 | | | | | | | | | | | | | | | | | | |
| 15:05 | | 擲標槍(F 8) Javelin Throw | | | | | | | | | | | | | | | | |
| 15:10 | | | | | | | | | | | | | | | | | | 擲壘球(F7) Softball |
| 15:15 | | | | | | | | | | | | | | | | | | |
| 15:20 | | | | | | | | | 200m (F) | | 200m (F) | | 200m (F) | | 200m (F) | | | |
| 15:25 | | | | | | | | | | | | | | | | | | |
| 15:30 | | | | | | | | | | | | | | | | | | |
| 15:35 | | | | | | | | | | | | | | | | | | |
| 15:40 | | | | | | | | | | | | | | | | | | |
| 15:45 | 400m跨欄 (F-1) 400m Hundles | | 400m跨欄 (F-1) 400m Hundles | | | | | | | | | | | | | | | |
| 15:50 | | | | | | | | | | | | | | | | | | |
| 15:55 | | | | | | | | | | | | | | | | | | |
| 16:00 | | | | | | | | | | | | | | 擲壘球(F7) Softball | | 擲壘球(F6) Softball | | |
| 16:05 | | | | | | | | | | | | | | | | | | |
| 16:10 | | | | | | | | | 400m (F) | | 400m (F) | | 400m (F) | | | | | |
| 16:15 | | | | 擲標槍(F13) Javelin Throw | | | | | | | | | | | | | | |
| 16:20 | | | | | | | | | | | | | | | | | | |
| 16:25 | | | | | | | | | | | | | | | | | | |
| 16:30 | | | | | | | | | | | | 跳遠 (F-11)-B Long Jump | | | | | | |
| 16:35 | | | | | | | | | | | | | | | | | | |
| 16:40 | | | | | | | | | | | | | | | | | | |
| 16:45 | | | | | | | | | | | | | | | | | | |
| 16:50 | | | | | | | | | | | | | | | | | | |
| 16:55 | | | | | | | | | | | | | | | | | | |
| 17:00 | | | | | | | | | | | | | 4 X 100m (F-1) | | 4 X 100m (F-1) | | | |
| 17:05 | | | | | | | | | | | | | | | | | | |
| 17:10 | | | | | | | | | 4 X 100m (F-1) | | 4 X 100m (F-1) | | | | | | | |
| 17:15 | | | | | | | | | | | | | | | | | | |
| 17:20 | | | | | | | | | | | | | | | | | | |
| 17:25 | | | | | | | | | | | | | | | | | | |
| 17:30 | | | | | | | | | | | | | | | | | | |
| 17:35 | | | | | | | | | | | | | | | | | | |
| 17:40 | | | | | | | | | | | | | | | | | | |
| 17:45 | | | | | | | | | | | | | | | | | | |

跳遠 A池 近草地位置 、跳遠 B池 近看台位置 Long Jump A located at near meadows , Long Jump B near to the spectator stands

**!!! 為確保運動員安全及賽事順利進行，所有比賽場地嚴禁家長及教練進入 !!!**
**In order to ensure the safety of athletes and the smooth progress of events, parents and coaches are strictly prohibited from entering all**

兼項情況：運動員須先向田賽裁判長請假，裁判長允許運動員以不同抽籤排定的順序進行一次試跳後，方可離去參加徑賽項目。返回後，應即向裁判長消假。兼項情況：運動員須先向田賽裁判
If the athletes compete in track and field events at the same time, they should inform the field judges before they leave for the other event, and report to Call Room in person for their Track Event. Athletes should report to the field judges again immediately after finishing the track event.
若運動員向田賽裁判長請假前往徑賽項目參賽，當返回田賽賽場時比賽已結束，恕不能追討重賽。
If the athlete asked for leave from the field event to compete in a track event, and the competition is over when he returns to the field event, no rematch can be claimed.