

香港青少年田徑2024分齡賽 (三)
HONG KONG JUNIOR AGE GROUP ATHLETICS COMPETITION 2024 - III

Date : 1/6/2024

Roll Call Time

比賽時間 Race time	徑賽(時間除外) Track Event (Except Hurdles)						跨欄 Hurdles				田徑 Field Event																
	開始檢錄 Start of Call		比賽前20分鐘 20mins before the races		截止檢錄 End of Call		比賽前10分鐘 10mins before the races		開始檢錄 Start of Call		比賽前25分鐘 25mins before the races		截止檢錄 End of Call		比賽前15分鐘 15mins before the races		開始檢錄 Start of Call		比賽前35分鐘 35mins before the races		截止檢錄 End of Call		比賽前25分鐘 25mins before the races				
	徑賽 Track		田賽 Field		徑賽 Track		田賽 Field		徑賽 Track		田賽 Field		徑賽 Track		田賽 Field		徑賽 Track		田賽 Field		徑賽 Track		田賽 Field		徑賽 Track		田賽 Field
男子 Boys																											
U20		U18		U16		U14		U12		U11		U10		U9		U8											
08:30				三級跳 (F-13)-A Triple Jump																							
08:35																											
08:40																											
08:45																											
08:50																											
08:55																											
09:00																											
09:05																											
09:10																											
09:15																											
09:20	5000m (F-3)C			5000m (F-9)C																							
09:25																											
09:30																											
09:35																											
09:40																											
09:45																											
09:50																											
09:55																											
10:00				400m跨欄 (H-2) 400m Hurdles																							
10:05																											
10:10																											
10:15																											
10:20																											
10:25																											
10:30																											
10:35																											
10:40																											
10:45																											
10:50																											
10:55																											
11:00																											
11:05																											
11:10																											
11:15																											
11:20	60m (H-2)			60m (H-3)																							
11:25																											
11:30																											
11:35																											
11:40																											
11:45																											
11:50																											
11:55																											
12:00																											
12:05																											
12:10																											
12:15																											
12:20																											
12:25																											
12:30																											
12:35	800m (F-14)																										
12:40																											
12:45																											
12:50																											
12:55																											
13:00																											
13:05	午膳																										

香港青少年田徑2024分齡賽 (三)
HONG KONG JUNIOR AGE GROUP ATHLETICS COMPETITION 2024 - III

Date : 1/6/2024

Roll Call Time

比賽時間 Race time	徑賽(障礙除外) Track Event (Except Hurdles)				跨欄 Hurdles				田徑 Field Event									
	開始檢錄 Start of Call		比賽前20分鐘 20mins before the races		開始檢錄 Start of Call		比賽前25分鐘 25mins before the races		開始檢錄 Start of Call		比賽前35分鐘 35mins before the races							
	截止檢錄 End of Call		比賽前10分鐘 10mins before the races		截止檢錄 End of Call		比賽前15分鐘 15mins before the races		截止檢錄 End of Call		比賽前25分鐘 25mins before the races							
女子 Girls																		
	U20		U18		U16		U14		U12		U11		U10		U9		U8	
	徑賽 Track	田賽 Field	徑賽 Track	田賽 Field	徑賽 Track	田賽 Field	徑賽 Track	田賽 Field	徑賽 Track	田賽 Field	徑賽 Track	田賽 Field	徑賽 Track	田賽 Field	徑賽 Track	田賽 Field	徑賽 Track	田賽 Field
08:30																		
08:35																		
08:40		標槍(F 1) Javelin Throw		標槍(F 11) Javelin Throw				跳高 (F-11)-B High Jump		跳高 (F-1)-B High Jump				100m (H-2)		100m (H-3)		
08:45									100m (H-3)		100m (H-4)							
08:50																		
08:55																		
09:00																		
09:05																		
09:10																		
09:15													標槍(F 7) Soft ball		跳遠 (F-6)-B Long Jump		跳遠 (F-4)-B Long Jump	
09:20			5000m (F-9)C															
09:25																		
09:30																		
09:35																		
09:40																		
09:45																		
09:50																		
09:55																		
10:00																		
10:05																		
10:10														60m (H-2)		60m (H-4)		
10:15																		
10:20		三級跳 (F-5)-A Triple Jump									60m (H-4)							
10:25																		
10:30							60m (H-4)		60m (H-3)									
10:35																		
10:40					60m (H-2)													
10:45																		
10:50								標槍(F 7) Javelin Throw								標槍(F 4) Softball		標槍(F 3) Softball
10:55																		
11:00													跳遠 (F-14)-B Long Jump					
11:05				三級跳 (F-1)-A Triple Jump		三級跳 (F-2)-A Triple Jump												
11:10																		
11:15																		
11:20																		
11:25																		
11:30																		
11:35									200m (H-2)		200m (H-2)							
11:40														標槍(F 6) Softball				
11:45						標槍(F 6) Javelin Throw												
11:50																		
11:55							800m (F-18)2											
12:00					800m (F-11)1													
12:05	800m (F-3)C		800m (F-5)C															
12:10																		
12:15																		
12:20																		
12:25																		
12:30																		
12:35																		
12:40																		
12:45																		
12:50									100m (F)		100m (F)		100m (F)		100m (F)		100m (F)	
12:55																		
13:00																		
13:05	午膳																	

13:50																				
13:55																				
14:00																				
14:05																				
14:10																				
14:15																				
14:20																				
14:25																				
14:30	60m (F)		60m (F)		60m (F)		60m (F)		60m (F)		60m (F)		60m (F)		60m (F)		60m (F)		60m (F)	
14:35																				
14:40																				
14:45																				
14:50																				
14:55																				
15:00																				
15:05																				
15:10									200m (F)		200m (F)		200m (F)		200m (F)		200m (F)		200m (F)	
15:15																				
15:20																				
15:25																				
15:30																				
15:35																				
15:40			400m 跨欄 (F-1) 400m Hurdles																	
15:45																				
15:50																				
15:55																				
16:00									400m (F)		400m (F)		400m (F)		400m (F)		400m (F)		400m (F)	
16:05																				
16:10																				
16:15																				
16:20																				
16:25																				
16:30																				
16:35																				
16:40									4 X 100m (F-1)		4 X 100m (F-1)									
16:45																				
16:50																				
16:55																				
17:00																				
17:05																				
17:10																				
17:15																				
17:20																				
17:25																				
17:30																				
17:35																				
17:40																				
17:45																				

跳遠 A池 近草地位置 · 跳遠 B池 近看台位置 Long Jump A located at near meadows, Long Jump B near to the spectator stands

!!! 為確保運動員安全及賽事順利進行，所有比賽場地嚴禁家長及教練進入 !!!
In order to ensure the safety of athletes and the smooth progress of events, parents and coaches are strictly

賽者請注意：運動員應向田徑裁判長報告，當他們在田徑場內進行完一項比賽後，方可前往參加另一項比賽。運動員應向裁判長報告，並請其簽名。運動員應先向田徑裁判長報告，方可前往參加另一項比賽。Athletes should report to the field judges when they finish a track event, and report to call Room in person for their Track Event. Athletes should report to the field judges again immediately after finishing the track event. 若運動員向田徑裁判長請假前往參加另一項比賽，當該項田徑比賽結束時，恕不能重新比賽。
 If the athlete asked for leave from the field event to compete in a track event, and the competition is over when he returns to the field event, no rematch can be claimed.