

Hong Kong Junior Age Group Athletics Meet 2023-1

Time Table

day 2 (16 April 2023)

Start Time	Gender	Age Group	Event	Start of Call	End of Call
9:00	Women	U14	800m Final	8:40	8:50
9:00	Women	U16	800m Final	8:40	8:50
9:00	Men-Pentathlon	U18	Pentathlon -LJ	8:30	8:30
9:00	Men-Pentathlon	U20	Pentathlon -LJ	8:40	8:40
9:00	Men	U14	Javelin Throw	8:30	8:40
9:10	Women	U18	800m Final	8:50	9:00
9:15	Men	U14	800m Final	8:55	9:05
9:15	Men	U16	800m Final	8:55	9:05
9:25	Men	U18	800m Final	9:05	9:15
9:25	Men	U20	800m Final	9:05	9:15
9:35	Women	U14	100m Hurdles Heat	9:15	9:25
9:40	Women	U16	100m Hurdles Heat	9:20	9:30
9:45	Women	U18	100m Hurdles Heat	9:25	9:35
9:45	Women	U16	Triple Jump	9:15	9:25
9:50	Men	U14	100m Hurdles Heat	9:30	9:40
9:50	Men	U16	Javelin Throw	9:20	9:30
10:00	Men	U16	110m Hurdles Heat	9:40	9:50
10:15	Men	U18	110m Hurdles Heat	9:55	10:05
10:30	Women	U14	200m Heat	10:10	10:20
10:30	Men	U16	Triple Jump	10:00	10:10
10:40	Women	U16	200m Heat	10:20	10:30
10:50	Women	U18	200m Heat	10:30	10:40
11:00	Men	U14	200m Heat	10:40	10:50
11:10	Men	U16	200m Heat	10:50	11:00
11:10	Men-Pentathlon	U18	Pentathlon -Javelin Throw		
11:10	Men-Pentathlon	U20	Pentathlon -Javelin Throw		
11:30	Men	U18	200m Heat	11:10	11:20
11:45	Men	U20	200m Heat	11:25	11:35
11:50	Men	U20	Triple Jump	11:20	11:30
11:55	Women	U18	Javelin Throw	11:25	11:35
12:20	Men-Pentathlon	U18	Pentathlon -200m	12:00	12:10
12:20	Men-Pentathlon	U20	Pentathlon -200m	12:00	12:10
lunch					
14:00	Women	U14	100m Hurdles Final	13:40	13:50
14:00	Women	U16	100m Hurdles Final	13:40	13:50
14:00	Women	U18	100m Hurdles Final	13:40	13:50
14:10	Men	U14	100m Hurdles Final	13:50	14:00
14:10	Men	U16	110m Hurdles Final	13:50	14:00
14:10	Men	U18	110m Hurdles Final	13:50	14:00
14:10	Men	U20	110m Hurdles Final	13:50	14:00
14:10	Men-Pentathlon	U18	Pentathlon -Discus Throw		
14:10	Men-Pentathlon	U20	Pentathlon -Discus Throw		
14:20	Men	U18	Triple Jump	13:50	14:00
14:30	Women	U14	200m Final	14:10	14:20

14:30	Women	U16	200m Final	14:10	14:20
14:30	Women	U18	200m Final	14:10	14:20
14:30	Women	U20	200m Final	14:10	14:20
14:40	Men	U14	200m Final	14:20	14:30
14:40	Men	U16	200m Final	14:20	14:30
14:40	Men	U18	200m Final	14:20	14:30
14:40	Men	U20	200m Final	14:20	14:30
1440	Men	U18	Javelin Throw	1410	1420
14:50	Women	U14	4X400米	14:30	14:40
14:50	Women	U16	4X400米	14:30	14:40
14:50	Women	U18	4X400米	14:30	14:40
14:50	Women	U20	4X400米	14:30	14:40
15:00	Men	U14	4X400米	14:40	14:50
15:00	Men	U16	4X400米	14:40	14:50
15:00	Men	U18	4X400米	14:40	14:50
15:00	Men	U20	4X400米	14:40	14:50
15:40	Men-Pentathlon	U18	Pentathlon -1500m	15:20	15:30
1620	Men	U20	Javelin Throw	1550	1600
1725	Women	U16	Javelin Throw	1655	1705

Event Cancelled

Women

U14 Javelin Throw
U18 400m Hurdles, Triple Jump
U20 800m, 1500m, 100m Hurdles, 400m Hurdles, Triple Jump, Shot Put, Javelin Throw, High Jump

Men

U20 1500m, High Jump

Event straight to Final

Women

U20 100m, 200m, 400m

Men

U20 110m Hurdles

Wan Chai Sports Ground