

Hong Kong Junior Age Group Athletics Meet 2023-1

Time Table

day 1 (15 April 2023)

| Start Time | Gender | Age Group | Event | Start of Call | End of Call |
|------------|--------|-----------|--------------------|---------------|-------------|
| 8:50 | Women | U18 | 5000m Final | 8:30 | 8:40 |
| 9:00 | Men | U16 | Long Jump A | 8:30 | 8:40 |
| 9:00 | Women | U16 | High Jump | 8:30 | 8:40 |
| 9:10 | Men | U14 | Shot Put | 8:40 | 8:50 |
| 9:10 | Women | U14,16 | Discus Throw | 8:40 | 8:50 |
| 9:20 | Men | U18,U20 | 5000m Final | 9:00 | 9:10 |
| 9:30 | Women | U18 | Long JumpB | 9:00 | 9:10 |
| 10:00 | Men | U18 | 400m Hurdles Final | 9:40 | 9:50 |
| 10:10 | Men | U20 | 400m Hurdles Final | 9:50 | 10:00 |
| 10:15 | Women | U14 | 400m Heat | 9:55 | 10:05 |
| 10:15 | Women | U18 | Discus Throw | 9:45 | 9:55 |
| 10:20 | Women | U16 | 400m Heat | 10:00 | 10:10 |
| 10:25 | Women | U18 | 400m Heat | 10:05 | 10:15 |
| 10:30 | Men | U14 | 400m Heat | 10:10 | 10:20 |
| 10:35 | Men | U16 | 400m Heat | 10:15 | 10:25 |
| 10:40 | Women | U20 | Long JumpB | 10:10 | 10:20 |
| 10:40 | Women | U14,U18 | High Jump | 10:10 | 10:20 |
| 10:45 | Men | U18 | 400m Heat | 10:25 | 10:35 |
| 10:55 | Men | U20 | 400m Heat | 10:35 | 10:45 |
| 10:55 | Men | U16 | Shot Put | 9:25 | 9:35 |
| 11:05 | Women | U14 | 1500m Final | 10:45 | 10:55 |
| 11:05 | Men | U18 | Shot Put | 10:35 | 10:45 |
| 11:10 | Men | U20 | Long Jump A | 10:40 | 10:50 |
| 11:15 | Women | U16 | 1500m Final | 10:55 | 11:05 |
| 11:25 | Women | U18 | 1500m Final | 11:05 | 11:15 |
| 11:25 | Men | U18 | Long JumpB | 10:55 | 11:05 |
| 11:35 | Men | U14 | 1500m Final | 11:15 | 11:25 |
| 11:40 | Women | U20 | Discus Throw | 11:10 | 11:20 |
| 11:45 | Men | U16 | 1500m Final | 11:25 | 11:35 |
| 12:00 | Men | U18 | 1500m Final | 11:40 | 11:50 |
| 12:15 | Women | U14 | 100m Heat | 11:55 | 12:05 |
| 12:25 | Women | U16 | 100m Heat | 12:05 | 12:15 |
| 12:30 | Men | U14 | High Jump | 12:00 | 12:10 |
| 12:30 | Men | U14 | Discus Throw | 12:00 | 12:10 |
| 12:35 | Women | U18 | 100m Heat | 12:15 | 12:25 |
| 12:40 | Men | U20 | Shot Put | 12:10 | 12:20 |
| 12:45 | Men | U14 | 100m Heat | 12:25 | 12:35 |
| 12:55 | Men | U16 | 100m Heat | 12:35 | 12:45 |
| 12:55 | Women | U14 | Long Jump A | 12:25 | 12:35 |
| 13:10 | Men | U18 | 100m Heat | 12:50 | 13:00 |
| 13:25 | Men | U20 | 100m Heat | 13:05 | 13:15 |
| 14:20 | Men | U18 | High Jump | 13:50 | 14:00 |
| 14:20 | Men | U16 | Discus Throw | 13:50 | 14:00 |
| 14:30 | Women | U14 | 400m Final | 14:10 | 14:20 |
| 14:30 | Women | U16 | 400m Final | 14:10 | 14:20 |
| 14:35 | Women | U18 | 400m Final | 14:15 | 14:25 |
| 14:35 | Women | U20 | 400m Final | 14:15 | 14:25 |
| 14:40 | Men | U14 | 400m Final | 14:20 | 14:30 |

| | | | | | |
|-------|-------|-----|---------------------|-------|-------|
| 14:40 | Men | U16 | 400m Final | 14:20 | 14:30 |
| 14:45 | Men | U18 | 400m Final | 14:25 | 14:35 |
| 14:45 | Men | U20 | 400m Final | 14:25 | 14:35 |
| 14:50 | Women | U14 | 100m Final | 14:30 | 14:40 |
| 14:50 | Women | U16 | 100m Final | 14:30 | 14:40 |
| 14:50 | Women | U14 | Shot Put | 14:20 | 14:30 |
| 14:55 | Women | U18 | 100m Final | 14:35 | 14:45 |
| 14:55 | Women | U20 | 100m Final | 14:35 | 14:45 |
| 15:00 | Men | U14 | 100m Final | 14:40 | 14:50 |
| 15:00 | Men | U16 | 100m Final | 14:40 | 14:50 |
| 15:00 | Women | U16 | Long Jump A | 14:30 | 14:40 |
| 15:05 | Men | U18 | 100m Final | 14:45 | 14:55 |
| 15:05 | Men | U20 | 100m Final | 14:45 | 14:55 |
| 15:10 | Women | U14 | 4X100m Relay Final | 14:50 | 15:00 |
| 15:10 | Women | U16 | 4X100m Relay Final | 14:50 | 15:00 |
| 15:10 | Women | U18 | 4X100m Relay Final | 14:50 | 15:00 |
| 15:10 | Women | U20 | 4X100m Relay Final | 14:50 | 15:00 |
| 15:20 | Men | U14 | 4X100m Relay Final | 15:00 | 15:10 |
| 15:20 | Men | U16 | 4X100m Relay Final | 15:00 | 15:10 |
| 15:20 | Men | U18 | 4X100m Relay Final | 15:00 | 15:10 |
| 15:20 | Men | U20 | 4X100m Relay Final | 15:00 | 15:10 |
| 15:30 | Women | U18 | Swedish Relay Final | 15:10 | 15:20 |
| 15:30 | Women | U20 | Swedish Relay Final | 15:10 | 15:20 |
| 15:40 | Women | U16 | Shot Put | 15:10 | 15:20 |
| 15:45 | Men | U20 | Discus Throw | 15:15 | 15:25 |
| 15:50 | Men | U18 | Swedish Relay Final | 15:30 | 15:40 |
| 15:50 | Men | U20 | Swedish Relay Final | 15:30 | 15:40 |
| 16:20 | Men | U14 | Long Jump A | 15:50 | 16:00 |
| 16:20 | Men | U16 | High Jump | 15:50 | 16:00 |
| 16:30 | Women | U18 | Shot Put | 16:00 | 16:10 |
| 16:55 | Men | U18 | Discus Throw | 16:25 | 16:35 |

Event Cancelled

Women

U14 Javelin Throw
U18 400m Hurdles, Triple Jump
U20 800m, 1500m, 100m Hurdles, 400m Hurdles, Triple Jump, Shot Put, Javelin Throw, High Jump

Men

U20 1500m, High Jump

Event straight to Final

Women

U20 100m, 200m, 400m

Men

U20 110m Hurdles

Wan Chai Sports Ground