

Hong Kong Junior Age Group Athletics Meet 2023-1

Time Table

day 1 (15 April 2023)

Start Time	Gender	Age Group	Event	Start of Call	End of Call
8:50	Women	U18	5000m Final	8:30	8:40
9:00	Men	U16	Long Jump A	8:30	8:40
9:00	Women	U16	High Jump	8:30	8:40
9:10	Men	U14	Shot Put	8:40	8:50
9:10	Women	U14,16	Discus Throw	8:40	8:50
9:20	Men	U18,U20	5000m Final	9:00	9:10
9:30	Women	U18	Long JumpB	9:00	9:10
10:00	Men	U18	400m Hurdles Final	9:40	9:50
10:10	Men	U20	400m Hurdles Final	9:50	10:00
10:15	Women	U14	400m Heat	9:55	10:05
10:15	Women	U18	Discus Throw	9:45	9:55
10:20	Women	U16	400m Heat	10:00	10:10
10:25	Women	U18	400m Heat	10:05	10:15
10:30	Men	U14	400m Heat	10:10	10:20
10:35	Men	U16	400m Heat	10:15	10:25
10:40	Women	U20	Long JumpB	10:10	10:20
10:40	Women	U14,U18	High Jump	10:10	10:20
10:45	Men	U18	400m Heat	10:25	10:35
10:55	Men	U20	400m Heat	10:35	10:45
10:55	Men	U16	Shot Put	9:25	9:35
11:05	Women	U14	1500m Final	10:45	10:55
11:05	Men	U18	Shot Put	10:35	10:45
11:10	Men	U20	Long Jump A	10:40	10:50
11:15	Women	U16	1500m Final	10:55	11:05
11:25	Women	U18	1500m Final	11:05	11:15
11:25	Men	U18	Long JumpB	10:55	11:05
11:35	Men	U14	1500m Final	11:15	11:25
11:40	Women	U20	Discus Throw	11:10	11:20
11:45	Men	U16	1500m Final	11:25	11:35
12:00	Men	U18	1500m Final	11:40	11:50
12:15	Women	U14	100m Heat	11:55	12:05
12:25	Women	U16	100m Heat	12:05	12:15
12:30	Men	U14	High Jump	12:00	12:10
12:30	Men	U14	Discus Throw	12:00	12:10
12:35	Women	U18	100m Heat	12:15	12:25
12:40	Men	U20	Shot Put	12:10	12:20
12:45	Men	U14	100m Heat	12:25	12:35
12:55	Men	U16	100m Heat	12:35	12:45
12:55	Women	U14	Long Jump A	12:25	12:35
13:10	Men	U18	100m Heat	12:50	13:00
13:25	Men	U20	100m Heat	13:05	13:15
14:20	Men	U18	High Jump	13:50	14:00
14:20	Men	U16	Discus Throw	13:50	14:00
14:30	Women	U14	400m Final	14:10	14:20
14:30	Women	U16	400m Final	14:10	14:20
14:35	Women	U18	400m Final	14:15	14:25
14:35	Women	U20	400m Final	14:15	14:25

14:40	Men	U14	400m Final	14:20	14:30
14:40	Men	U16	400m Final	14:20	14:30
14:45	Men	U18	400m Final	14:25	14:35
14:45	Men	U20	400m Final	14:25	14:35
14:50	Women	U14	100m Final	14:30	14:40
14:50	Women	U16	100m Final	14:30	14:40
14:50	Women	U14	Shot Put	14:20	14:30
14:55	Women	U18	100m Final	14:35	14:45
14:55	Women	U20	100m Final	14:35	14:45
15:00	Men	U14	100m Final	14:40	14:50
15:00	Men	U16	100m Final	14:40	14:50
15:00	Women	U16	Long Jump A	14:30	14:40
15:05	Men	U18	100m Final	14:45	14:55
15:05	Men	U20	100m Final	14:45	14:55
15:10	Women	U14	4X100m Relay Final	14:50	15:00
15:10	Women	U16	4X100m Relay Final	14:50	15:00
15:10	Women	U18	4X100m Relay Final	14:50	15:00
15:10	Women	U20	4X100m Relay Final	14:50	15:00
15:20	Men	U14	4X100m Relay Final	15:00	15:10
15:20	Men	U16	4X100m Relay Final	15:00	15:10
15:20	Men	U18	4X100m Relay Final	15:00	15:10
15:20	Men	U20	4X100m Relay Final	15:00	15:10
15:30	Women	U18	Swedish Relay	15:10	15:20
15:30	Women	U20	Swedish Relay	15:10	15:20
15:40	Women	U16	Shot Put	15:10	15:20
15:45	Men	U20	Discus Throw	15:15	15:25
15:50	Men	U18	Medley Relay	15:30	15:40
15:50	Men	U20	Medley Relay	15:30	15:40
16:20	Men	U14	Long Jump A	15:50	16:00
16:20	Men	U16	High Jump	15:50	16:00
16:30	Women	U18	Shot Put	16:00	16:10
16:55	Men	U18	Discus Throw	16:25	16:35

Event Cancelled

Women

U14 Javelin Throw

U18 400m Hurdles, Triple Jump

U20 800m, 1500m, 100m Hurdles, 400m Hurdles, Triple Jump, Shot Put, Javelin Throw, High Jump

Men

U20 1500m, High Jump

Event straight to Final

Women

U20 100m, 200m, 400m

Men

U20 110m Hurdles

Wan Chai Sports Ground