

Hong Kong Junior Age Group Athletics Meet 2023-1

Time Table

day 1 (15 April 2023)

Start Time	Gender	Age Group	Event	Start of Call	End of Call
8:50	Women	U18	5000m Final	8:30	8:40
9:00	Men	U16	Long Jump A	* 8:25	8:40
9:00	Women	U16	High Jump	* 8:25	8:40
9:10	Men	U14	Shot Put	* 8:35	8:50
9:10	Women	U14,16	Discus Throw	* 8:35	8:50
9:20	Men	U18,U20	5000m Final	9:00	9:10
9:30	Women	U18	Long JumpB	* 8:55	9:10
10:00	Men	U18	400m Hurdles Final	9:40	9:50
10:10	Men	U20	400m Hurdles Final	9:50	10:00
10:15	Women	U14	400m Heat	9:55	10:05
10:15	Women	U18	Discus Throw	* 9:40	9:55
10:20	Women	U16	400m Heat	10:00	10:10
10:25	Women	U18	400m Heat	10:05	10:15
10:30	Men	U14	400m Heat	10:10	10:20
10:35	Men	U16	400m Heat	10:15	10:25
10:40	Women	U20	Long JumpB	* 10:05	10:20
10:40	Women	U14,U18	High Jump	* 10:05	10:20
10:45	Men	U18	400m Heat	10:25	10:35
10:55	Men	U20	400m Heat	10:35	10:45
* 9:55	Men	U16	Shot Put	* 9:20	9:35
11:05	Women	U14	1500m Final	10:45	10:55
11:05	Men	U18	Shot Put	* 10:30	10:45
11:10	Men	U20	Long Jump A	* 10:35	10:50
11:15	Women	U16	1500m Final	10:55	11:05
11:25	Women	U18	1500m Final	11:05	11:15
11:25	Men	U18	Long JumpB	* 10:50	11:05
11:35	Men	U14	1500m Final	11:15	11:25
11:40	Women	U20	Discus Throw	* 11:05	11:20
11:45	Men	U16	1500m Final	11:25	11:35
12:00	Men	U18	1500m Final	11:40	11:50
12:15	Women	U14	100m Heat	11:55	12:05
12:25	Women	U16	100m Heat	12:05	12:15
12:30	Men	U14	High Jump	* 11:55	12:10
12:30	Men	U14	Discus Throw	* 11:55	12:10
12:35	Women	U18	100m Heat	12:15	12:25
12:40	Men	U20	Shot Put	*12:05	12:20
12:45	Men	U14	100m Heat	12:25	12:35
12:55	Men	U16	100m Heat	12:35	12:45
12:55	Women	U14	Long Jump A	* 12:20	12:35
13:10	Men	U18	100m Heat	12:50	13:00
13:25	Men	U20	100m Heat	13:05	13:15
14:20	Men	U18	High Jump	* 13:45	14:00
14:20	Men	U16	Discus Throw	* 13:45	14:00
14:30	Women	U14	400m Final	14:10	14:20
14:30	Women	U16	400m Final	14:10	14:20
14:35	Women	U18	400m Final	14:15	14:25
14:35	Women	U20	400m Final	14:15	14:25
14:40	Men	U14	400m Final	14:20	14:30

14:40	Men	U16	400m Final	14:20	14:30
14:45	Men	U18	400m Final	14:25	14:35
14:45	Men	U20	400m Final	14:25	14:35
14:50	Women	U14	100m Final	14:30	14:40
14:50	Women	U16	100m Final	14:30	14:40
14:50	Women	U14	Shot Put	* 14:15	14:30
14:55	Women	U18	100m Final	14:35	14:45
14:55	Women	U20	100m Final	14:35	14:45
15:00	Men	U14	100m Final	14:40	14:50
15:00	Men	U16	100m Final	14:40	14:50
15:00	Women	U16	Long Jump A	* 14:25	14:40
15:05	Men	U18	100m Final	14:45	14:55
15:05	Men	U20	100m Final	14:45	14:55
15:10	Women	U16	4X100m Relay Final	14:50	15:00
15:20	Men	U18	4X100m Relay Final	15:00	15:10
15:40	Women	U16	Shot Put	* 15:05	15:20
15:45	Men	U20	Discus Throw	* 15:10	15:25
16:20	Men	U14	Long Jump A	* 15:45	16:00
16:20	Men	U16	High Jump	* 15:45	16:00
16:30	Women	U18	Shot Put	* 15:55	16:10
16:55	Men	U18	Discus Throw	* 16:20	16:35

Event Cancelled

Women

- U14 Javelin Throw, Swedish Relay, 4X100m Relay, 4X400m Relay
- U16 Swedish Relay
- U18 400m Hurdles, Triple Jump, Swedish Relay, 4X100m Relay, 4X400m Relay
- U20 800m, 1500m, 100m Hurdles, 400m Hurdles, Triple Jump, Shot Put, Javelin Throw, High Jump
Swedish Relay, 4X100m Relay, 4X400m Relay

Men

- U14 Swedish Relay, 4X100m Relay, 4X400m Relay
- U16 Swedish Relay, 4X100m Relay
- U18 Swedish Relay
- U20 1500m, High Jump, Swedish Relay, 4X100m Relay, 4X400m Relay

Event straight to Final

Women

- U20 100m, 200m, 400m

Men

- U20 110m Hurdles

Wan Chai Sports Ground

18:55 12/4/2023 update