

香港青少年田徑分齡賽2026 (1)
Hong Kong Junior Age Group Athletics Competition 2026 - 1

場內不設廣播，請各運動員按賽事時間表上之檢錄時間內到錄檢錄處報到，田徑及徑項均需到檢錄處檢錄，由工作人員帶往比賽場地。
There is no announcement, all athletes must attend at Roll call area on time, officials will escort the reported athletes to the competition area after the end of the call.

接力名單需於檢錄時交到檢錄處，檢錄時需4位運動員一同出席。
Relay teams are requested to submit their team lists to the Call room within the roll call time as per event. Late submission will be disqualified.

賽事日期: 28/2/2026 Competition Date: 28/2/2026

Competition Time	Start of Call	End of Call	Boys																	
			U9 2018	U10 2017	U11 2016	U12 2015	U14 2013-2014	U16 2011-2012	U18 2009-2010	U20 2007-2008										
8:30	7:55	8:05		Long Jump Pitch B (F)				Discus (F)	Discus (F)											
8:30	8:05	8:15																		
8:35	8:10	8:20																		
8:40	8:05	8:15						High Jump (F)												Triple Jump Pitch A (F)
8:41	8:16	8:26																		
8:46	8:21	8:31																		
8:51	8:26	8:36																		
8:55	8:30	8:40																		
9:00	8:35	8:45																		
9:10	8:45	8:55																		
9:20	8:45	8:55																		
9:20	9:00	9:10																		
9:25	9:05	9:15																		
9:31	9:11	9:21																		
9:37	9:17	9:27																		
9:40	9:05	9:15																		
9:44	9:24	9:34																		
9:50	9:15	9:25																		
9:54	9:34	9:44			400m (H1-H2)															
10:00																				
10:05	9:45	9:55			400m (H1-H2)															
10:10	9:50	10:00						400m (H1-H3)												
10:16	9:56	10:06																		
10:25	9:50	10:00																		
10:26	10:06	10:16																		
10:35	10:00	10:10																		
10:36	10:16	10:26																		
10:45	10:25	10:35																		
10:55	10:35	10:45																		
11:00	10:40	10:50																		
11:05	10:30	10:40																		
11:12	10:52	11:02																		
11:22	11:02	11:12																		
11:27	11:07	11:17																		
11:33	11:13	11:23																		
11:39	11:19	11:29																		
11:49	11:29	11:39																		
12:00	11:40	11:50																		
12:05	11:30	11:40																		
12:10	11:50	12:00																		
12:20	12:00	12:10																		
12:30	11:55	12:05	Long Jump Pitch B (F)																	
12:30	12:10	12:20																		
12:35																				
12:40	12:05	12:15																		
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13:00	12:35	12:45																		
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15:10	14:50	15:00																		
15:15	14:55	15:05																		
15:23	15:03	15:13																		
15:31	15:11	15:21																		
15:40	15:20	15:30																		
15:45	15:10	15:20																		
15:48	15:28	15:38																		
16:00	15:25	15:35																		
16:10	15:50	16:00																		
16:18	15:58	16:08																		
16:20	15:45	15:55																		
16:26	16:06	16:16																		
16:34	16:14	16:24																		
16:35	16:00	16:10																		
16:42	16:22	16:32																		
16:55	16:35	16:45																		
17:03	16:43	16:53																		
17:10	16:50	17:00																		
17:15	16:40	16:50																		
17:22	17:02	17:12																		
17:30	17:05	17:15																		
17:45	17:25	17:35																		
18:00	17:40	17:50																		
18:10	17:50	18:00																		
18:20	18:00	18:10																		
18:25	18:05	18:15																		
18:30	18:10	18:20																		
18:40	18:05	18:15																		

跳遠沙池 A 位置位於近草地位置 Long Jump Pool A located near lawn
跳遠沙池 B 位置位於近看台位置 Long Jump Pool B located near Spectator stands
兼項情況：運動員須先向田徑裁判長請假，裁判長允許運動員以不同抽籤排定的順序進行一次試跳後，方可離去參加徑賽項目，返回後，應即向裁判長請假。兼項情況：運動員須先向田徑裁判長請假，方可離去參加徑賽項目，返回後，應即向裁判長請假。
If the athletes compete in track and field events at the same time, they should inform the field judges before they leave for the other event, and report to Call Room in person for their Track Event. Athletes should report to the field judges again immediately after finishing the track event.
若運動員向田徑裁判長請假前往徑賽項目參賽，當返回田徑賽場時比賽已結束，恕不能追討兼項。
If the athlete asked for leave from the field event