

Hong Kong Masters Athletics Club

The 10th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Men's M65 - 100m



Record	Perf	Athlete	Event	Place	Date
WMA RECORD	12.31	DAMIEN LEAKE		GRASS VALLEY,	2018/06/16
Masters ACR	14.14	TAN QUAN WANG 譚全旺	The 9th HONG KONG MASTERS	Tseung Kwan O	2024/11/23
HKMAC RECORD	14.51	SUEN SHU KWAN, LEON 孫樹坤	The 6th Hong Kong Masters	TKO SG	2021/09/12



2025/11/22



Start: 10:30



15°C



62%

Final 1 1/3

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	W/S	Remarks
1	1-7	KUNG WAI LING	龔偉凌	650365 DBSAC	12.93	+1.0	HKMACR, R
2	1-8	CHOI TONY	蔡少洲	650364 DBSAC	15.30	+1.0	
3	1-4	LAW WAI MAN	羅偉文	650130 CLSAA	18.72	+1.0	
4	1-3	WONG CHEONG MING	黃昌明	650616 PKMSAA	18.99	+1.0	
5	1-6	GAJARAJAN SUBRAMANIAN		650451 IND-NAAA	20.35	+1.0	
	1-5	WOO WAI HIN	胡偉軒	650376 DBSAC	DNS		

Final 2 1/3

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	W/S	Remarks
1	2-7	LEUNG WAI YIN RAYMOND	梁偉彥	650367 DBSAC	14.28	+1.7	R
2	2-5	LAM KIN HUNG	林建雄	650129 CLSAA	16.36	+1.7	
3	2-8	SHEK WAI HUNG TONY	石偉雄	650094 BAC	18.01	+1.7	
4	2-6	SUEN KING KWONG	孫景光	650095 BAC	20.12	+1.7	
5	2-2	WONG PING WAI	王炳威	650618 PKMSAA	20.40	+1.7	
	2-3	PANG KWOK CHI	彭國治	650713 SCAA	DNS		
	2-4	LAI KWOK YUEN		650792 TSC	DNS		

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22 2025/11/22



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15°C



62%

Final 3/3

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	W/S	Remarks
1	3-6	TAN KIM SENG	陳金成	650763 SMTFA	13.80	+0.3	HKMACR
2	3-2	ZEE BENNY	徐仲鎰	650378 DBSAC	14.31	+0.3	R
3	3-7	IP SAI HUNG	葉世雄	650611 PKMSAA	14.67	+0.3	
4	3-8	YIU FRANCIS	姚永雄	650377 DBSAC	15.90	+0.3	
5	3-4	SUEN SHU KWAN LIONIMAN	孫樹坤	650096 BAC	16.11	+0.3	
6	3-3	AU KING TONG	歐敬唐	650607 PKMSAA	17.63	+0.3	
7	3-5	LAI CHI KEUNG PATRICK	黎志強	650128 CLSAA	21.10	+0.3	

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Summary

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	W/S	Remarks
1	1-7	KUNG WAI LING	龔偉凌	650365 DBSAC	12.93	+1.0	HKMACR, R
2	3-6	TAN KIM SENG	陳金成	650763 SMTFA	13.80	+0.3	HKMACR
3	2-7	LEUNG WAI YIN RAYMOND	梁偉彥	650367 DBSAC	14.28	+1.7	R
4	3-2	ZEE BENNY	徐仲鎰	650378 DBSAC	14.31	+0.3	R
5	3-7	IP SAI HUNG	葉世雄	650611 PKMSAA	14.67	+0.3	
6	1-8	CHOI TONY	蔡少洲	650364 DBSAC	15.30	+1.0	
7	3-8	YIU FRANCIS	姚永雄	650377 DBSAC	15.90	+0.3	
8	3-4	SUEN SHU KWAN LIONIMAN	孫樹坤	650096 BAC	16.11	+0.3	
9	2-5	LAM KIN HUNG	林建雄	650129 CLSAA	16.36	+1.7	
10	3-3	AU KING TONG	歐敬唐	650607 PKMSAA	17.63	+0.3	
11	2-8	SHEK WAI HUNG TONY	石偉雄	650094 BAC	18.01	+1.7	
12	1-4	LAW WAI MAN	羅偉文	650130 CLSAA	18.72	+1.0	
13	1-3	WONG CHEONG MING	黃昌明	650616 PKMSAA	18.99	+1.0	
14	2-6	SUEN KING KWONG	孫景光	650095 BAC	20.12	+1.7	
15	1-6	GAJARAJAN SUBRAMANIAN		650451 IND-NAAA	20.35	+1.0	

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2025/11/22



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62%

Summary

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	W/S	Remarks
16	2-2	WONG PING WAI	王炳威	650618 PKMSAA	20.40	+1.7	
17	3-5	LAI CHI KEUNG PATRICK	黎志強	650128 CLSAA	21.10	+0.3	
	1-5	WOO WAI HIN	胡偉軒	650376 DBSAC	DNS		
	2-3	PANG KWOK CHI	彭國治	650713 SCAA	DNS		
	2-4	LAI KWOK YUEN		650792 TSC	DNS		

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Men's M65 - 200m



Record	Perf	Athlete	Event	Place	Date
WMA RECORD	24.65	CHARLES ALLIE		BEREA, USA	2013/07/26
Masters ACR	28.64	TAN QUAN WANG 譚全旺	The 9th HONG KONG MASTERS	Tseung Kwan O	2024/11/23
HKMAC RECORD	29.96	IP SAI HUNG 葉世雄	The 8th Hong Kong Masters	Wanchai SG	2023/10/28



2025/11/23



Start: 10:45



21°C



79%

Final 1 /3

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	W/S	Remarks
1	1-6	YIM TIN LEUNG	嚴天亮	650715 SCAA	33.05	+0.1	
2	1-3	LI SHIK KWONG KEN	李錫光	650131 CLSAA	37.23	+0.1	37.221"
	1-2	WAN CHUNG LING JOE	尹仲靈	650458 JSA	DNS		
	1-4	LAI CHI KEUNG PATRICK	黎志強	650128 CLSAA	DNS		
	1-7	SUEN KING KWONG	孫景光	650095 BAC	DNS		
	1-8	LAI KWOK YUEN		650792 TSC	DNS		

Final 2 /3

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	W/S	Remarks
1	2-3	KUNG WAI LING	龔偉凌	650365 DBSAC	27.31	+0.4	HKMACR, R
2	2-4	TAN KIM SENG	陳金成	650763 SMTFA	28.28	+0.4	HKMACR
3	2-7	CHOI TONY	蔡少洲	650364 DBSAC	33.15	+0.4	
4	2-8	LEUNG PENG KUN	梁炳權	650614 PKMSAA	37.23	+0.4	37.223"
	2-2	ZEE BENNY	徐仲鏌	650378 DBSAC	DNS		
	2-5	WONG HO YIN	黃浩賢	650617 PKMSAA	DNS		
	2-6	AU KING TONG	歐敬唐	650607 PKMSAA	DNS		

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2025/11/23



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21°C



79%

Final 3/3

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	W/S	Remarks
1	3-7	WONG SEK CHEUNG	王錫章	650582 PAC	30.49	+1.9	
2	3-3	HO PING KIU	何炳僑	650093 BAC	32.44	+1.9	
3	3-5	YIU FRANCIS	姚永雄	650377 DBSAC	32.90	+1.9	
4	3-8	LAM KIN HUNG	林建雄	650129 CLSAA	35.77	+1.9	
	3-2	SUEN SHU KWAN LIONIMAN	孫樹坤	650096 BAC	DNS		
	3-4	IP SAI HUNG	葉世雄	650611 PKMSAA	DNS		
	3-6	PANG KWOK CHI	彭國治	650713 SCAA	DNS		

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2025/11/23



Start: 10:45



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79%

Summary

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	W/S	Remarks
1	2-3	KUNG WAI LING	龔偉凌	650365 DBSAC	27.31	+0.4	HKMACR, R
2	2-4	TAN KIM SENG	陳金成	650763 SMTFA	28.28	+0.4	HKMACR
3	3-7	WONG SEK CHEUNG	王錫章	650582 PAC	30.49	+1.9	
4	3-3	HO PING KIU	何炳僑	650093 BAC	32.44	+1.9	
5	3-5	YIU FRANCIS	姚永雄	650377 DBSAC	32.90	+1.9	
6	1-6	YIM TIN LEUNG	嚴天亮	650715 SCAA	33.05	+0.1	
7	2-7	CHOI TONY	蔡少洲	650364 DBSAC	33.15	+0.4	
8	3-8	LAM KIN HUNG	林建雄	650129 CLSAA	35.77	+1.9	
9	1-3	LI SHIK KWONG KEN	李錫光	650131 CLSAA	37.23	+0.1	37.221"
10	2-8	LEUNG PENG KUN	梁炳權	650614 PKMSAA	37.23	+0.4	37.223"
	1-2	WAN CHUNG LING JOE	尹仲靈	650458 JSA	DNS		
	1-4	LAI CHI KEUNG PATRICK	黎志強	650128 CLSAA	DNS		
	1-7	SUEN KING KWONG	孫景光	650095 BAC	DNS		
	1-8	LAI KWOK YUEN		650792 TSC	DNS		
	2-2	ZEE BENNY	徐仲鏗	650378 DBSAC	DNS		

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23 2025/11/23



Start: 10:45



21°C



79%

Summary

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	W/S	Remarks
2-5		WONG HO YIN	黃浩賢	650617 PKMSAA	DNS		
2-6		AU KING TONG	歐敬唐	650607 PKMSAA	DNS		
3-2		SUEN SHU KWAN LIONIMAN	孫樹坤	650096 BAC	DNS		
3-4		IP SAI HUNG	葉世雄	650611 PKMSAA	DNS		
3-6		PANG KWOK CHI	彭國治	650713 SCAA	DNS		

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Hong Kong Masters Athletics Club

The 10th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Men's M65 - 400m



Record	Perf	Athlete	Event	Place	Date
WMA RECORD	56.09	CHARLES ALLIE		RALEIGH, USA	2013/05/18
Masters ACR	1:06.31	AU KING TONG 歐敬唐			2022/12/04
HKMAC RECORD	1:06.31	AU KING TONG 歐敬唐			2022/12/04



2025/11/22



Start: 16:00



24°C



40%

Final 1 /3

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	Remarks
1	1-3	WONG SEK CHEUNG	王錫章	650582 PAC	1:10.49	
2	1-8	CHENG HIN	鄭騫	650580 PAC	1:26.14	
3	1-6	LAM KIN HUNG	林建雄	650129 CLSAA	1:31.92	
	1-4	MA DANIEL	馬恩明	650369 DBSAC	DNS	
	1-5	SUN WILSON WAI-SHING		650373 DBSAC	DNS	
	1-7	LEE SAU CHOI	李秀財	650613 PKMSAA	DNS	

Final 2 /3

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	Remarks
1	2-6	TO HOI LAU ERIC	杜海樓	650022 AVOHK	1:13.38	
2	2-8	SUEN KING KWONG	孫景光	650095 BAC	1:37.42	
3	2-3	KONG SIU KEUNG	江紹強	650612 PKMSAA	1:58.87	
	2-4	SUEN SHU KWAN LIONIMAN	孫樹坤	650096 BAC	DNS	
	2-5	WONG LI	黃利	650374 DBSAC	DNS	
	2-7	SIN WING FAI	冼永輝	650371 DBSAC	DNS	

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Masters ACR	1:06.31	AU KING TONG 歐敬唐			2022/12/04
HKMAC RECORD	1:06.31	AU KING TONG 歐敬唐			2022/12/04



2025/11/22



Start: 16:00



24°C



40%

Final 3/3

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	Remarks
1	3-6	TAN KIM SENG	陳金成	650763 SMTFA	1:06.52	
2	3-7	HO PING KIU	何炳僑	650093 BAC	1:12.13	
3	3-3	LOUI JACK YAN	雷澤恩	650615 PKMSAA	1:31.63	
	3-4	AU KING TONG	歐敬唐	650607 PKMSAA	DNS	
	3-5	PANG KWOK CHI	彭國治	650713 SCAA	DNS	
	3-8	WONG HO YIN	黃浩賢	650617 PKMSAA	DNS	

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HKMAC RECORD	1:06.31	AU KING TONG 歐敬唐			2022/12/04



22 2025/11/22



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Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	Remarks
1	3-6	TAN KIM SENG	陳金成	650763 SMTFA	1:06.52	
2	1-3	WONG SEK CHEUNG	王錫章	650582 PAC	1:10.49	
3	3-7	HO PING KIU	何炳僑	650093 BAC	1:12.13	
4	2-6	TO HOI LAU ERIC	杜海樓	650022 AVOHK	1:13.38	
5	1-8	CHENG HIN	鄭騫	650580 PAC	1:26.14	
6	3-3	LOUI JACK YAN	雷澤恩	650615 PKMSAA	1:31.63	
7	1-6	LAM KIN HUNG	林建雄	650129 CLSAA	1:31.92	
8	2-8	SUEN KING KWONG	孫景光	650095 BAC	1:37.42	
9	2-3	KONG SIU KEUNG	江紹強	650612 PKMSAA	1:58.87	
	1-4	MA DANIEL	馬恩明	650369 DBSAC	DNS	
	1-5	SUN WILSON WAI-SHING		650373 DBSAC	DNS	
	1-7	LEE SAU CHOI	李秀財	650613 PKMSAA	DNS	
	2-4	SUEN SHU KWAN LIONIMAN	孫樹坤	650096 BAC	DNS	
	2-5	WONG LI	黃利	650374 DBSAC	DNS	
	2-7	SIN WING FAI	冼永輝	650371 DBSAC	DNS	

DQ=Disqualified 取消比賽資格 DNS=Did not Start 未有出賽 DNF=Did not Finish 未能完成比賽 NM=No Mark 無有效跳/擲成績
Q=Qualified by Place/Standard 依名次/及格賽標準晉級 q=qualified by Time/Performance 依時間/成績排名晉級 R=Record 新紀錄

主辦機構:



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Hong Kong Masters Athletics Club

The 10th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Men's M65 - 400m



Record	Perf	Athlete	Event	Place	Date
WMA RECORD	56.09	CHARLES ALLIE		RALEIGH, USA	2013/05/18
Masters ACR	1:06.31	AU KING TONG 歐敬唐			2022/12/04
HKMAC RECORD	1:06.31	AU KING TONG 歐敬唐			2022/12/04



2025/11/22



Start: 16:00



24°C



40%

Summary

Pos	Heat/ Name Lane	姓名	Bib#/ Team	Result	Remarks
3-4	AU KING TONG	歐敬唐	650607 PKMSAA	DNS	
3-5	PANG KWOK CHI	彭國治	650713 SCAA	DNS	
3-8	WONG HO YIN	黃浩賢	650617 PKMSAA	DNS	

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主辦機構:



冠名贊助:



協辦機構:



支持媒體:



Hong Kong Masters Athletics Club

The 10th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Men's M65 - 800m



Record	Perf	Athlete	Event	Place	Date
WMA RECORD	2:14.33	EARL FEE		BUFFALO, USA	1995/07/18
Masters ACR	2:38.43	CHENG HIN 鄭騫	The 9th HONG KONG MASTERS	Tseung Kwan O	2024/11/23
HKMAC RECORD	2:38.43	CHENG HIN 鄭騫	The 9th HONG KONG MASTERS	Tseung Kwan O	2024/11/23



2025/11/23



Start: 15:55



28°C



53%

Final

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	Remarks
1	1-2	HO PING KIU	何炳僑	650093 BAC	2:42.30	
2	1-8	TO HOI LAU ERIC	杜海樓	650022 AVOHK	2:49.95	
3	1-5	ZHOU ZHI GANG	周志钢	650413 DGD	2:54.69	
4	1-2	CHENG HIN	鄭騫	650580 PAC	2:56.19	
5	1-1	SUEN TAI ON	孫泰安	650372 DBSAC	3:08.33	
6	1-4	TAM CHIU CHONG	譚超壯	650735 SDH	3:23.28	
7	1-3	LEE SAU CHOI	李秀財	650613 PKMSAA	3:57.83	
	1-1	SUN WILSON WAI-SHING		650373 DBSAC	DNS	
	1-6	WONG SEK CHEUNG	王錫章	650582 PAC	DNS	
	1-6	LAM YUI WAH	林睿華	650581 PAC	DNS	
	1-7	SIN WING FAI	冼永輝	650371 DBSAC	DNS	
	1-7	WONG LI	黃利	650374 DBSAC	DNS	

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冠名贊助:



協辦機構:



支持媒體:



Hong Kong Masters Athletics Club

The 10th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Men's M65 - 1500m

Record	Perf	Athlete	Event	Place	Date
WMA RECORD	4:39.87	SIMON HERLAAR		BEDFORD, GBR	1994/07/16
Masters ACR	5:48.54	CHENG HIN 鄭騫	The 9th HONG KONG MASTERS	Tseung Kwan O	2024/11/23
HKMAC RECORD	5:48.54	CHENG HIN 鄭騫	The 9th HONG KONG MASTERS	Tseung Kwan O	2024/11/23

2025/11/22 Start: 08:50 15°C 62%

Final

Pos	Heat/ Name Lane	姓名	Bib#/ Team	Result	Remarks
1	1-3 HO PING KIU	何炳僑	650093 BAC	5:38.30	HKMACR, R
2	1-10 TO HOI LAU ERIC	杜海樓	650022 AVOHK	5:39.34	HKMACR, R
3	1-11 CHENG HIN	鄭騫	650580 PAC	5:51.86	
4	1-2 ZHOU ZHI GANG	周志鋼	650413 DGD	5:54.15	
5	1-5 SUEN TAI ON	孫泰安	650372 DBSAC	6:42.89	
6	1-7 WOO WAI HIN	胡偉軒	650376 DBSAC	7:32.05	
7	1-1 SIN WING FAI	冼永輝	650371 DBSAC	7:48.28	
8	1-6 CHEUNG KING SUN ANDREW	張敬臣	650362 DBSAC	8:20.34	
	1-4 SUN WILSON WAI-SHING		650373 DBSAC	DNS	
	1-8 WONG LI	黃利	650374 DBSAC	DNS	
	1-9 WONG SEK CHEUNG	王錫章	650582 PAC	DNS	

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Hong Kong Masters Athletics Club

The 10th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Men's M65 - 5000m

Record	Perf	Athlete	Event	Place	Date
WMA RECORD 16:38.80		DEREK TURNBULL		CHRISTCHURCH, 1992/03/13	
Masters ACR 20:19.54		HO PING KIU JACKIE 何炳僑	The 9th HONG KONG MASTERS	Tseung Kwan O 2024/11/23	
HKMAC RECORD 20:19.54		HO PING KIU JACKIE 何炳僑	The 9th HONG KONG MASTERS	Tseung Kwan O 2024/11/23	



23 2025/11/23



Start: 18:30



23°C



62%

Final

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	Remarks
1	1-20	HO PING KIU	何炳僑	650093 BAC	20:41.91	<i>Split: 04:10.49 (4:10.49) 08:21.08 (4:10.60) 12:29.83 (4:08.74) 16:37.87 (4:08.05) 20'41.901" (4:03.12)</i>
2	1-24	CHEUNG WAI LAP	張偉立	650021 AVOHK	22:03.56	<i>Split: 04:25.52 (4:25.52) 08:50.60 (4:25.09) 13:21.57 (4:30.96) 17:51.10 (4:29.53) 22'03.558" (4:11.90)</i>
3	1-17	TO HOI LAU ERIC	杜海樓	650022 AVOHK	23:17.00	<i>Split: 04:17.78 (4:17.78) 08:53.09 (4:35.32) 13:34.76 (4:41.66) 18:31.64 (4:56.89) 23'16.994" (4:44.35)</i>
4	1-34	SHEK KA FAI PETER	石家輝	650847 SPCCAA	25:49.69	<i>Split: 04:39.81 (4:39.81) 09:46.04 (5:06.23) 15:08.40 (5:22.36) 20:34.68 (5:26.29) 25'49.690" (5:14.31)</i>
5	1-23	SUEN TAI ON	孫泰安	650372 DBSAC	25:55.61	<i>Split: 04:56.10 (4:56.10) 10:05.38 (5:09.29) 15:25.99 (5:20.60) 20:52.85 (5:26.86) 25'55.608" (5:02.15)</i>
6	1-25	WAN CHUNG LING JOE	尹仲靈	650458 JSA	26:30.83	<i>Split: 04:49.27 (4:49.27) 10:07.91 (5:18.64) 15:35.40 (5:27.49) 21:13.87 (5:38.47) 26'30.822" (5:16.13)</i>
7	1-19	SIN WING FAI	冼永輝	650371 DBSAC	28:37.80	<i>Split: 05:33.20 (5:33.20) 11:19.76 (5:46.56) 17:05.24 (5:45.48) 22:58.38 (5:53.15) 28'37.795" (5:38.61)</i>
8	1-16	SHEK WAI HUNG TONY	石偉雄	650094 BAC	28:45.13	<i>Split: 05:05.03 (5:05.03) 10:50.92 (5:45.89) 16:55.75 (6:04.83) 22:54.30 (5:58.56) 28'45.129" (5:50.69)</i>
9	1-18	CHEUNG KING SUN ANDREW	張敬臣	650362 DBSAC	32:24.29	<i>Split: 06:06.50 (6:06.50) 12:30.01 (6:23.51) 19:10.84 (6:40.83) 25:57.72 (6:46.88) 32'24.283" (6:26.28)</i>

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Hong Kong Masters Athletics Club

The 10th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Men's M65 - 5000m

Record	Perf	Athlete	Event	Place	Date
WMA RECORD 16:38.80		DEREK TURNBULL		CHRISTCHURCH,	1992/03/13
Masters ACR 20:19.54		HO PING KIU JACKIE 何炳僑	The 9th HONG KONG MASTERS	Tseung Kwan O	2024/11/23
HKMAC RECORD 20:19.54		HO PING KIU JACKIE 何炳僑	The 9th HONG KONG MASTERS	Tseung Kwan O	2024/11/23

 23 2025/11/23
  Start: 18:30
  23°C
  62%

Final

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	Remarks
10	1-21	NGAN YEUK CHUN JOHNNY	顏躍進	650712 SCAA	34:28.07	
<i>Split: 05:47.72 (5:47.72) 12:38.32 (6:50.61) 19:53.30 (7:14.97) 27:06.94 (7:13.64) 34'28.061" (7:21.06)</i>						
	1-22	CHENG HIN	鄭騫	650580 PAC	DNS	

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Hong Kong Masters Athletics Club
The 10th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Men's M65 - 5000mRW



Record	Perf	Athlete	Event	Place	Date
Masters ACR 33:39.36	LI KAM WAH	李錦華	The 8th HONG KONG MASTERS	Wanchai Sports	2023/10/27
HKMAC RECORD 33:39.36	LI KAM WAH	李錦華	The 8th HONG KONG MASTERS	Wanchai Sports	2023/10/27



2025/11/22



Start: 12:20



24°C



40%

Final

Pos	Heat/ Name Lane	姓名	Bib#/ Team	Result	Remarks
1	1-27 LIU HAK MING	廖克明	650743 SHTB	33:25.93	HKMACR, R <i>Split: 06:32.25 (6:32.25) 13:12.77 (6:40.53) 19:56.65 (6:43.87) 26:46.55 (6:49.90) 33'25.926" (6:38.45)</i>
2	1-26 LI KAM WAH	李錦華	650742 SHTB	34:18.77	<i>Split: 06:35.66 (6:35.66) 13:31.98 (6:56.32) 20:37.20 (7:05.22) 27:39.30 (7:02.11) 34'18.768" (6:38.69)</i>
3	1-29 CHENG CHUNG LIT	鄭鍾烈	650429 HKRWA	34:21.52	<i>Split: 06:33.90 (6:33.90) 13:29.36 (6:55.46) 20:28.31 (6:58.95) 27:31.25 (7:02.94) 34'21.511" (6:49.75)</i>
4	1-30 TSENG HING TAK RICHARD	曾慶德	650430 HKRWA	35:40.35	<i>Split: 06:41.80 (6:41.80) 13:54.28 (7:12.49) 21:15.24 (7:20.95) 28:34.21 (7:18.98) 35'40.346" (7:05.78)</i>
5	1-25 MA DANIEL	馬恩明	650369 DBSAC	42:00.60	<i>Split: 08:11.45 (8:11.45) 16:34.86 (8:23.41) 24:58.00 (8:23.14) 33:31.41 (8:33.41) 42'00.600" (8:28.59)</i>
6	1-24 CHIEN SAMUEL JR	錢小山	650363 DBSAC	45:39.22	<i>Split: 08:41.28 (8:41.28) 17:55.86 (9:14.59) 27:21.39 (9:25.52) 36:45.28 (9:23.89) 45'39.220" (8:53.72)</i>
7	1-28 WONG WAI HO	黃偉河	650619 PKMSAA	45:41.52	<i>Split: 08:41.94 (8:41.94) 17:55.22 (9:13.28) 27:22.05 (9:26.83) 36:46.23 (9:24.18) 45'41.520" (8:54.77)</i>
	1-31 WONG SIU KEUNG	王少強	650736 SDH	DQ	

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Hong Kong Masters Athletics Club

The 10th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Men's M65 - 100mH



Record	Perf	Athlete	Event	Place	Date
WMA RECORD	15.20	TYRONE BROWN		RALEIGH, USA	2013/05/18
Masters ACR	17.99	SUEN SHU KWAN LEON 孫樹坤			2022/12/04
HKMAC RECORD	17.99	SUEN SHU KWAN LEON 孫樹坤			2022/12/04



2025/11/22



Start: 14:30



24°C



40%

Final

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	W/S	Remarks
1	1-6	LEUNG WAI YIN RAYMOND	梁偉彥	650367 DBSAC	20.30	+0.1	
2	1-3	SUEN SHU KWAN LIONIMAN	孫樹坤	650096 BAC	21.49	+0.1	
3	1-5	ROSARIO MARK		650370 DBSAC	21.72	+0.1	
4	1-4	YIU FRANCIS	姚永雄	650377 DBSAC	22.20	+0.1	

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主辦機構:



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Hong Kong Masters Athletics Club

The 10th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Men's M65 - 300mH



Record	Perf	Athlete	Event	Place	Date
WMA RECORD	43.88	GUIDO MÜLLER		ARHUS, DEN	2004/07/25
Masters ACR	57.16	WONG CHEUK YIN 黃卓然	The 8th HONG KONG MASTERS	Wanchai Sports	2023/10/27
HKMAC RECORD	57.16	WONG CHEUK YIN 黃卓然	The 8th HONG KONG MASTERS	Wanchai Sports	2023/10/27



2025/11/23



Start: 14:30



27°C



49%

Final

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	Remarks
1	1-3	LEUNG WAI YIN RAYMOND	梁偉彥	650367 DBSAC	58.28	
2	1-4	WONG CHEUK YIN	黃卓然	650714 SCAA	59.16	
3	1-1	ROSARIO MARK		650370 DBSAC	1:04.23	
4	1-8	YIU FRANCIS	姚永雄	650377 DBSAC	1:08.86	
5	1-5	MA DANIEL	馬恩明	650369 DBSAC	1:08.97	
	1-2	SUEN SHU KWAN LIONIMAN	孫樹坤	650096 BAC	DNS	
	1-6	WONG LI	黃利	650374 DBSAC	DNS	
	1-7	CHAN WING KAY RICK	陳永基	650092 BAC	DNS	

DQ=Disqualified 取消比賽資格 DNS=Did not Start 未有出賽 DNF=Did not Finish 未能完成比賽 NM=No Mark 無有效跳/擲成績
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LOMATTERS

Hong Kong Masters Athletics Club

The 10th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Men's M65 - 2000mSC



Record	Perf	Athlete	Event	Place	Date
Masters ACR	8:56.57	CHENG HIN 鄭騫	The 9th HONG KONG MASTERS	Tseung Kwan O	2024/11/23
HKMAC RECORD	8:56.57	CHENG HIN 鄭騫	The 9th HONG KONG MASTERS	Tseung Kwan O	2024/11/23



2025/11/23



Start: 08:55



21°C



79%

Final

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	Remarks
1	1-6	WONG CHEUK YIN	黃卓然	650714 SCAA	9:34.94	
						<i>Split: 04:54.09 (4:54.09) 9'34.936" (4:39.91)</i>
2	1-5	CHENG HIN	鄭騫	650580 PAC	9:36.32	
						<i>Split: 05:00.09 (5:00.10) 9'36.311" (4:35.90)</i>
3	1-7	SUEN TAI ON	孫泰安	650372 DBSAC	10:41.77	
						<i>Split: 05:29.14 (5:29.14) 10'41.766 (5:11.86)</i>
4	1-8	TAM WINGKwai	譚榮貴	650097 BAC	12:28.16	
						<i>Split: 06:18.33 (6:18.34) 12'28.158 (6:09.66)</i>
5	1-4	CHAN KEUNG	陳志強	650608 PKMSAA	13:23.84	
						<i>Split: 06:46.19 (6:46.19) 13'23.833 (6:36.81)</i>

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Hong Kong Masters Athletics Club

The 10th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Men's M65 - Long Jump



Record	Perf	Athlete	Event	Place	Date
WMA RECORD	5.47	LOTHAR FISCHER		LUDVIGSHAFEN,	2001/09/01
	5.47	LAMBERTO BORANGA		LJUBLJANA,	SLO2008/07/27
	5.47	ADRIAN NEAGU		BUCHAREST,	ROU2018/08/26
Masters ACR	4.51	DENG HAI JING 邓海靖	The 9th HONG KONG MASTERS	Tseung Kwan O	2024/11/23
HKMAC RECORD	4.31	LAU CHEUK HANG 劉卓衡	The 8th Hong Kong Masters	Wanchai SG	2023/10/27



2025/11/23



Start: 09:25



21°C



79%

Final

Pos	Heat/Order	Name	Bib#/Team	Result	Remarks	1	2	3
1	1-5	KUNG WAI LING 龔偉凌	650365 DBSAC	5.12m.	HKMACR, R	X +1.2	5.12 +0.8	4.93 +1.0
2	1-6	CHAN WING KAY RICK 陳永基	650092 BAC	3.80m.		3.80 +1.2	3.67 +0.1	3.66 +0.1
3	1-4	LEUNG WAI YIN RAYMOND 梁偉彥	650367 DBSAC	3.44m.		X +1.1	X +0.7	3.44 +2.4
4	1-7	WONG LI 黃利	650374 DBSAC	3.28m.		3.28 +1.3	3.26 +0.6	-
5	1-8	GAJARAJAN SUBRAMANIAN IND-NAAA	650451	2.93m.		2.93 +1.8	2.39 +0.3	-
6	1-2	LAM KIN HUNG 林建雄	650129 CLSAA	2.91m.		2.91 -0.9	2.56 -0.8	2.90 -0.6
	1-1	YIM TIN LEUNG 嚴天亮	650715 SCAA	DNS				
	1-3	ZEE BENNY 徐仲鎰	650378 DBSAC	DNS				

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Hong Kong Masters Athletics Club

The 10th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Men's M65 - Triple Jump



Record	Perf	Athlete	Event	Place	Date
WMA RECORD	11.94	HERMANN STRAUSS		LEINFELDEN, GER	996/08/18



2025/11/22



Start: 10:20



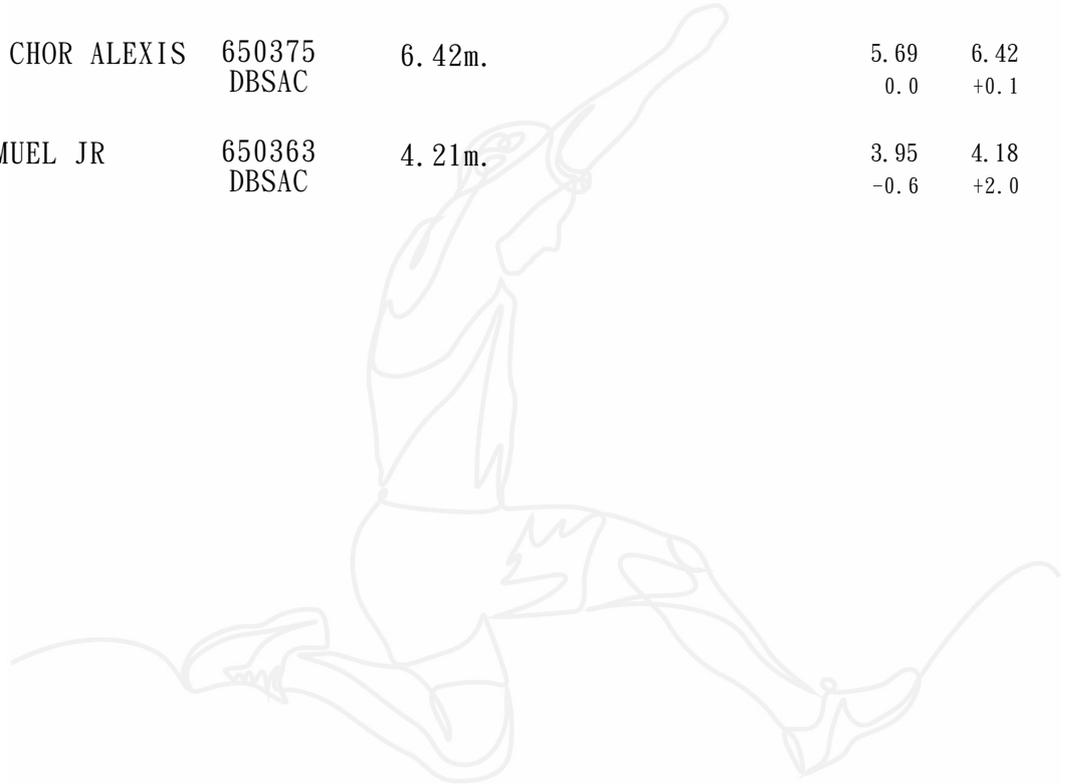
15°C



62%

Final

Pos	Heat/ Name Order	Bib#/ Team	Result	Remarks	1	2	3
1	1-3 LAU CHEUK HANG 劉卓衡	650366 DBSAC	8.89m.		8.13 -0.1	8.89 +0.8	7.37 +1.0
2	1-4 YIM TIN LEUNG 嚴天亮	650715 SCAA	8.15m.		7.34 +0.5	8.15 +1.8	8.01 +1.4
3	1-1 WONG LIT CHOR ALEXIS 黃烈初	650375 DBSAC	6.42m.		5.69 0.0	6.42 +0.1	6.28 +0.7
4	1-2 CHIEN SAMUEL JR 錢小山	650363 DBSAC	4.21m.		3.95 -0.6	4.18 +2.0	4.21 +0.4



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冠名贊助:



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Hong Kong Masters Athletics Club

The 10th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Men's M65 - Shot Put



Record	Perf	Athlete	Event	Place	Date
WMA RECORD	16.66	QUENTON TORBERT		EUGENE, USA	2017/04/30
Masters ACR	11.00	LIU JIAN 刘坚	The 9th HONG KONG MASTERS	Tseung Kwan O	2024/11/23
HKMAC RECORD	9.11	Yan Chun Yip 甄進業	Hong Kong Masters Athletics	TKO SG	2018/10/27



2025/11/23



Start: 15:25



27°C



49%

Final

Pos	Heat/Order	Name	Bib#/Team	Result	Remarks	1	2	3
1	1-4	VILLA JUAN	650590 PHI-NMSAA	9.42m.		8.84	9.42	8.92
2	1-1	THIRAVIA NADAR SUBRAMANIAM	650438 IND-KMAC	8.60m.		8.42	8.29	8.60
3	1-17	ZEE BENNY 徐仲鏌	650378 DBSAC	8.17m.		7.66	7.75	8.17
4	1-2	LAM KIN HUNG 林建雄	650129 CLSAA	7.75m.		7.75	7.18	7.40
5	1-10	WONG CHEONG MING 黃昌明	650616 PKMSAA	7.68m.		7.68	7.66	7.40
6	1-18	LO SIMON 盧慶陽	650368 DBSAC	7.64m.		7.32	7.40	7.64
7	1-6	ROSARIO MARK	650370 DBSAC	7.56m.		7.56	6.91	7.34
8	1-3	CHUNG CHUN YIN 鍾振賢	650127 CLSAA	7.49m.		6.50	6.93	7.49
9	1-7	WONG LIT CHOR ALEXIS 黃烈初	650375 DBSAC	7.35m.		6.99	7.35	7.34
10	1-15	CHAU KAM TIM 周錦添	650711 SCAA	7.25m.		6.45	7.25	7.18
11	1-11	CHAN TO WANG WILLIAM 陳道宏	650710 SCAA	7.13m.		7.13	6.85	6.93
12	1-14	LEUNG WAI YIN RAYMOND 梁偉彥	650367 DBSAC	7.09m.		6.70	6.56	7.09
13	1-16	CHEUNG KAM WING 張錦榮	650609 PKMSAA	6.92m.		6.92	6.23	6.15
14	1-9	YIU SI CHIT 姚思哲	650620 PKMSAA	6.90m.		6.31	6.82	6.90
15	1-5	CHAN WING KAY RICK 陳永基	650092 BAC	6.60m.		5.93	6.24	6.60

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Hong Kong Masters Athletics Club

The 10th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Men's M65 - Shot Put



Record	Perf	Athlete	Event	Place	Date
WMA RECORD	16.66	QUENTON TORBERT		EUGENE, USA	2017/04/30
Masters ACR	11.00	LIU JIAN 刘坚	The 9th HONG KONG MASTERS	Tseung Kwan O	2024/11/23
HKMAC RECORD	9.11	Yan Chun Yip 甄進業	Hong Kong Masters Athletics	TKO SG	2018/10/27



23 2025/11/23



Start: 15:25



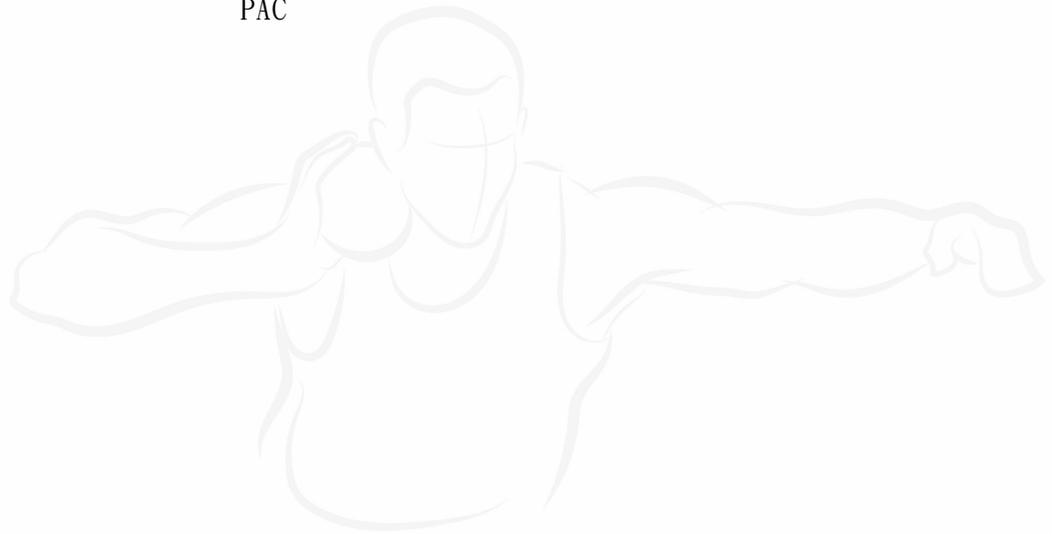
27°C



49%

Final

Pos	Heat/Order	Name	Bib#/Team	Result	Remarks	1	2	3
16	1-13	LAU CHI KEUNG 劉志強	650753 SJACS	5.97m.		5.97	5.75	X
17	1-12	CHEUNG KING SUN ANDREW 張敬臣	650362 DBSAC	4.69m.		4.35	4.49	4.69
	1-8	WONG SEK CHEUNG 王錫章	650582 PAC	DNS				



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Hong Kong Masters Athletics Club

The 10th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Men's M65 - Discus Throw



Record	Perf	Athlete	Event	Place	Date
WMA RECORD	59.75	KLAUS LIEDTKE		OER-	2007/08/17
Masters ACR	33.88	LIU JIAN 刘坚	The 9th HONG KONG MASTERS	Tseung Kwan O	2024/11/23
HKMAC RECORD	28.28	LIU CHI KEUNG 廖志强	The 8th Hong Kong Masters	Wanchai SG	2023/10/29



2025/11/23



Start: 13:20



21°C



79%

Final

Pos	Heat/Order	Name	Bib#/Team	Result	Remarks	1	2	3
1	1-18	THIRAVIA NADAR SUBRAMANIAM	650438 IND-KMAC	29.90m.		29.90	X	X
2	1-7	VILLA JUAN	650590 PHI-NMSAA	28.66m.		20.72	27.45	28.66
3	1-12	WONG LIT CHOR ALEXIS 黃烈初	650375 DBSAC	25.83m.		25.76	25.83	24.94
4	1-8	ROSARIO MARK	650370 DBSAC	25.40m.		23.89	25.40	24.76
5	1-17	AU KING TONG 歐敬唐	650607 PKMSAA	24.97m.		23.16	24.97	19.39
6	1-13	LO SIMON 盧慶陽	650368 DBSAC	23.10m.		21.20	23.10	18.03
7	1-14	HO KWOK KIT 何國傑	650610 PKMSAA	21.96m.		18.07	21.96	X
8	1-10	TAM WINGKwai 譚榮貴	650097 BAC	20.99m.		16.75	20.99	X
9	1-6	CHAN TO WANG WILLIAM 陳道宏	650710 SCAA	20.70m.		20.70	X	X
10	1-16	LEUNG WAI YIN RAYMOND 梁偉彥	650367 DBSAC	20.06m.		X	20.06	X
11	1-9	MA DANIEL 馬恩明	650369 DBSAC	19.44m.		17.58	19.27	19.44
12	1-5	LAU CHEUK HANG 劉卓衡	650366 DBSAC	19.20m.		X	19.20	17.81
13	1-11	ZEE BENNY 徐仲鏌	650378 DBSAC	19.07m.		17.98	X	19.07
14	1-3	LAM KIN HUNG 林建雄	650129 CLSAA	17.89m.		17.38	17.89	17.30
15	1-4	CHIEN SAMUEL JR 錢小山	650363 DBSAC	17.25m.		X	17.25	r

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Hong Kong Masters Athletics Club

The 10th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Men's M65 - Discus Throw



Record	Perf	Athlete	Event	Place	Date
WMA RECORD	59.75	KLAUS LIEDTKE		OER-	2007/08/17
Masters ACR	33.88	LIU JIAN 刘坚	The 9th HONG KONG MASTERS	Tseung Kwan O	2024/11/23
HKMAC RECORD	28.28	LIU CHI KEUNG 廖志強	The 8th Hong Kong Masters	Wanchai SG	2023/10/29



2025/11/23



Start: 13:20



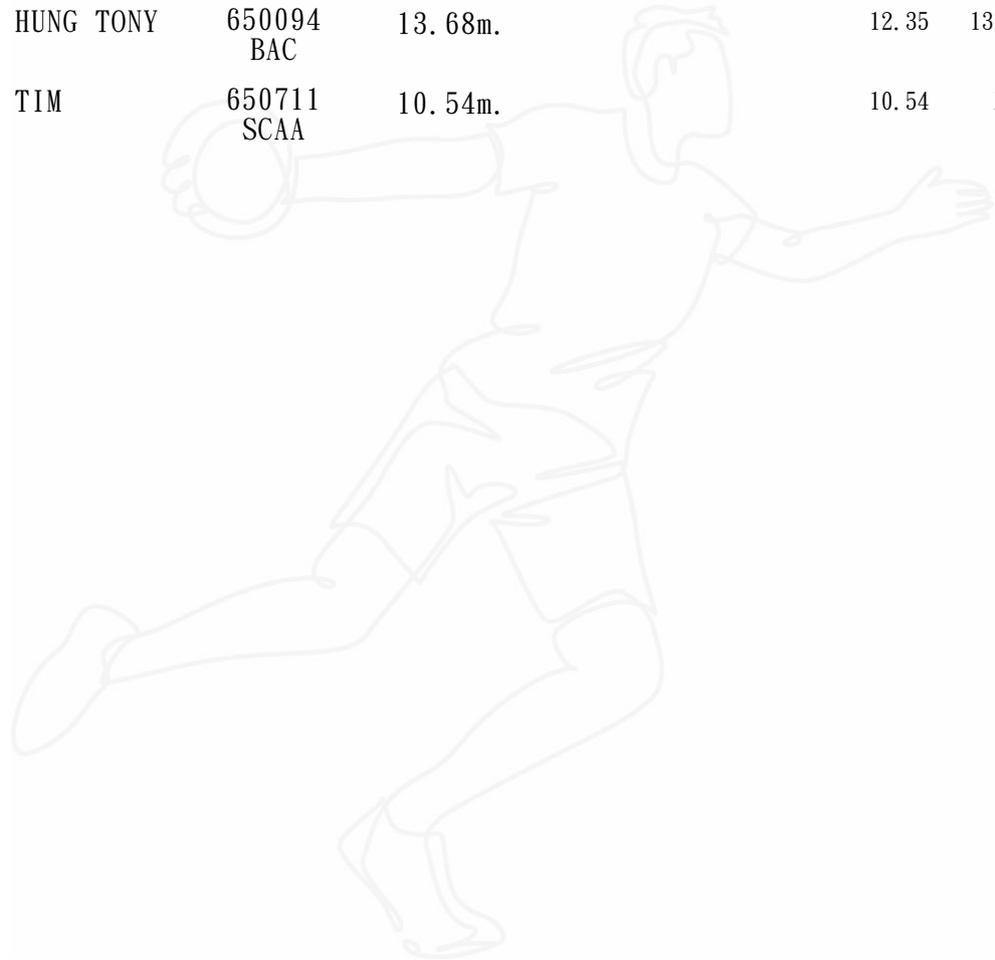
21°C



79%

Final

Pos	Heat/Order	Name	Bib#/Team	Result	Remarks	1	2	3
16	1-2	LI SHIK KWONG KEN 李錫光	650131 CLSAA	16.58m.		X	16.58	X
17	1-15	SHEK WAI HUNG TONY 石偉雄	650094 BAC	13.68m.		12.35	13.68	X
18	1-1	CHAU KAM TIM 周錦添	650711 SCAA	10.54m.		10.54	X	X



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Hong Kong Masters Athletics Club

The 10th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Men's M65 - Javelin Throw



Record	Perf	Athlete	Event	Place	Date
WMA RECORD	58.58	ESA KIURU		HELSINKI, FIN	2012/05/27
Masters ACR	30.12	KO Leung Hung Alex 高量洪	Hong Kong Masters Athletics	TKO SG	2017/11/11
HKMAC RECORD	30.12	KO Leung Hung Alex 高量洪	Hong Kong Masters Athletics	TKO SG	2017/11/11



23 2025/11/23



Start: 10:55



21°C



79%

Final

Pos	Heat/ Name Order	Bib#/ Team	Result	Remarks	1	2	3
1	1-15 LOI RICCARDO	650589 PHI-NMSAA	30.28m.	HKMACR	29.93	30.28	29.47
2	1-11 HO KWOK KIT 何國傑	650610 PKMSAA	29.07m.		25.24	29.07	27.62
3	1-9 THIRAVIA NADAR SUBRAMANIAM THIRAVIA NADAR SUBRAMANIAM	650438 IND-KMAC	28.11m.		23.51	28.11	26.16
4	1-5 ZEE BENNY 徐仲鏌	650378 DBSAC	25.61m.		22.31	24.75	25.61
5	1-12 LO SIMON 盧慶陽	650368 DBSAC	24.42m.		21.98	24.42	24.27
6	1-8 WONG LIT CHOR ALEXIS 黃烈初	650375 DBSAC	22.71m.		22.71	x	x
7	1-4 YIU SI CHIT 姚思哲	650620 PKMSAA	21.22m.		x	21.22	x
8	1-10 CHAN WING KAY RICK 陳永基	650092 BAC	20.67m.		18.75	20.67	16.76
9	1-3 LAU CHEUK HANG 劉卓衡	650366 DBSAC	20.28m.		17.87	20.28	19.70
10	1-1 SUEN SHU KWAN LIONIMAN 孫樹坤	650096 BAC	17.98m.		17.98	x	17.98
11	1-6 LAM KIN HUNG 林建雄	650129 CLSAA	16.92m.		12.21	14.99	16.92
12	1-2 SHEK WAI HUNG TONY 石偉雄	650094 BAC	13.38m.		13.38	x	12.90
	1-13 LEE SAU CHOI 李秀財	650613 PKMSAA	NM		x	x	x
	1-14 CHAU KAM TIM 周錦添	650711 SCAA	NM		x	x	x
	1-7 LI SHIK KWONG KEN 李錫光	650131 CLSAA	DNS				

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Hong Kong Masters Athletics Club

The 10th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Men's M65 - 4X100m

Record	Perf	Athlete	Event	Place	Date
WMA RECORD	50.13	BECKERING, SCHEIDT, HAMAEEKERS		SAN SEBASTIAN, 2005/09/13	
Masters ACR	56.00	深圳光明	The 9th HONG KONG MASTERS	Tseung Kwan O	2024/11/23
HKMAC RECORD	58.06	拔萃男書院 (A)	The 9th HONG KONG MASTERS	Tseung Kwan O	2024/11/23

2025/11/22 Start: 17:25 24°C 40%

Final

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	Remarks
1	1-6	拔萃男書院田徑會 A 蔡少洲, 徐仲鏘, 梁偉彥, 龔偉凌		DBSAC	56.38	R
2	1-2	南華體育會 嚴天亮, 彭國治, 周錦添, 黃卓然		SCAA	1:01.85	
3	1-8	拔萃男書院田徑會 B 劉卓衡, ROSARIO MARK, 黃烈初, 姚永雄		DBSAC	1:04.18	
4	1-3	赤道體育會 石偉雄, 孫樹坤, 陳永基, 何炳僑		BAC	1:05.19	
5	1-4	路德會協同中學校友會 林建雄, 鍾振賢, 李錫光, 羅偉文		CLSAA	1:08.49	
6	1-5	培僑中學校友會 B 梁炳權, 黃昌明, 張錦榮, 葉世雄		PKMSAA	1:11.84	
	1-7	培僑中學校友會 A		PKMSAA	DNS	

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Hong Kong Masters Athletics Club

The 10th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Men's M65 - 4X400m

Record	Perf	Athlete	Event	Place	Date
WMA RECORD	4:01.03	ORTMAN, ALLIE, JONES, HAYWOOD		ALEXANDRIA, USA	2019/09/01
Masters ACR	5:02.09	南華 M65 4X400M			2022/11/27
HKMAC RECORD	5:02.09	南華 M65 4X400M			2022/11/27

 2025/11/23
  Start: 17:30
  25°C
  61%

Final

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	Remarks
1	1-4	拔萃男書院田徑會 A 馬思明, 孫泰安, 黃利, ROSARIO MARK		DBSAC	5:30.62	
2	1-8	赤道體育會 孫樹坤, 石偉雄, 陳永基, 何炳僑		BAC	5:30.93	
3	1-6	南華體育會 周錦添, 彭國治, 嚴天亮, 黃卓然		SCAA	5:34.23	
4	1-7	南區康樂體育促進會有限公司暨南區長 譚超壯, 王少強, 梁健忠, 郭裕華		SDH	5:45.89	
5	1-5	拔萃男書院田徑會 B 冼永輝, 蔡少洲, 張敬臣, 劉卓衡		DBSAC	6:18.22	
6	1-3	培僑中學校友會 B 江紹強, 姚思哲, 李秀財, 陈志強		PKMSAA	6:31.35	
7	1-2	培僑中學校友會 A 梁炳權, 黃昌明, 張錦榮, 雷澤恩		PKMSAA	6:43.98	

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