

Hong Kong Masters Athletics Club

The 10th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Men's M55 - 100m



100m	Record	Perf	Athlete	Event	Place	Date
WMA RECORD	11.30		WILLIE GAULT		EAGLE ROCK, USA	2016/05/07
Masters ACR	12.46		WONG TUNG HONG EDDIE 黃東康	The 9th HONG KONG MASTERS	Tseung Kwan O	2024/11/23
HKMAC RECORD	12.46		WONG TUNG HONG EDDIE 黃東康	The 9th HONG KONG MASTERS	Tseung Kwan O	2024/11/23



2025/11/22



Start: 10:55



15°C



62%

Final 1 /3

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	W/S	Remarks
1	1-4	LUI TIM	雷裕文	550332 DBSAC	12.81	-1.4	
2	1-2	KANG KWOK KEUNG DEREK	江國強	550069 BAC	13.02	-1.4	
3	1-5	YAU CHUN TAK SANDERS	邱振德	550840 WYK	13.70	-1.4	
4	1-7	TAM KING TONG	譚景棠	550073 BAC	14.02	-1.4	
5	1-3	LEUNG CHUN WAI WILLIAM	梁振威	550667 PoliceAC	15.30	-1.4	
	1-6	HO CHI YUEN	何志遠	550751 SJACS	DNS		

Final 2 /3

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	W/S	Remarks
1	2-3	LI JUE QI	李絕奇	550406 DGD	12.63	+0.3	
2	2-2	WONG TUNG HONG EDDIE	黃東康	550076 BAC	12.67	+0.3	
3	2-6	BOONJUER WICHEN		550790 THA	12.77	+0.3	
4	2-5	WANG JIAN	王堅	550074 BAC	13.13	+0.3	
5	2-7	SO TAK KING	蘇德擎	550072 BAC	14.06	+0.3	
6	2-4	YU TAK KWONG	余德廣	550339 DBSAC	20.00	+0.3	

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22 2025/11/22 Start: 10:55 15°C 62%

Final 3/3

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	W/S	Remarks
1	3-3	TAM CHUNG YING ERNIE	譚仲英	550334 DBSAC	12.57	+0.9	
2	3-5	YU MAN TO GERALD MAXIMILLIAN	余孟滔	550417 HKICPA	13.48	+0.9	
3	3-6	LEE CHUNG SING	李宗成	550843 YLTH	19.34	+0.9	
	3-4	CHU WAI TAK VICTOR	朱偉德	550839 WYK	DNS		
	3-7	MA XIAO JUN	马小军	550407 DGD	DNS		

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2025/11/22 Start: 10:55 15°C 62%

Summary

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1	3-3	TAM CHUNG YING ERNIE	譚仲英	550334 DBSAC	12.57	+0.9	
2	2-3	LI JUE QI	李絕奇	550406 DGD	12.63	+0.3	
3	2-2	WONG TUNG HONG EDDIE	黃東康	550076 BAC	12.67	+0.3	
4	2-6	BOONJUER WICHEN		550790 THA	12.77	+0.3	
5	1-4	LUI TIM	雷裕文	550332 DBSAC	12.81	-1.4	
6	1-2	KANG KWOK KEUNG DEREK	江國強	550069 BAC	13.02	-1.4	
7	2-5	WANG JIAN	王堅	550074 BAC	13.13	+0.3	
8	3-5	YU MAN TO GERALD MAXIMILLIAN	余孟滔	550417 HKICPA	13.48	+0.9	
9	1-5	YAU CHUN TAK SANDERS	邱振德	550840 WYK	13.70	-1.4	
10	1-7	TAM KING TONG	譚景棠	550073 BAC	14.02	-1.4	
11	2-7	SO TAK KING	蘇德擎	550072 BAC	14.06	+0.3	
12	1-3	LEUNG CHUN WAI WILLIAM	梁振威	550667 PoliceAC	15.30	-1.4	
13	3-6	LEE CHUNG SING	李宗成	550843 YLTH	19.34	+0.9	
14	2-4	YU TAK KWONG	余德廣	550339 DBSAC	20.00	+0.3	
	1-6	HO CHI YUEN	何志遠	550751 SJACS	DNS		

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2025/11/22



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62%

Summary

Pos	Heat/ Name Lane	姓名	Bib#/ Team	Result	W/S	Remarks
3-4	CHU WAI TAK VICTOR	朱偉德	550839 WYK	DNS		
3-7	MA XIAO JUN	马小军	550407 DGD	DNS		

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2025/11/23



Start: 10:55



21°C



79%

Final 1 /2

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	W/S	Remarks
1	1-2	SO TAK KING	蘇德擎	550072 BAC	28.34	+0.9	
2	1-3	YAU CHUN TAK SANDERS	邱振德	550840 WYK	29.12	+0.9	
3	1-6	TAM KING TONG	譚景棠	550073 BAC	29.49	+0.9	
	1-1	LEE CHUNG SING	李宗成	550843 YLTH	DNS		
	1-4	MA XIAO JUN	马小军	550407 DGD	DNS		
	1-5	CRUZ ANTONY JOSEPH		550435 IND-KMAC	DNS		
	1-7	CHU WAI TAK VICTOR	朱偉德	550839 WYK	DNS		
	1-8	WONG HO MAN ALBERT	黃浩文	550337 DBSAC	DNS		

Final 2 /2

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	W/S	Remarks
1	2-7	TAM CHUNG YING ERNIE	譚仲英	550334 DBSAC	25.41	+1.4	HKMACR, R
2	2-5	LI JUE QI	李絕奇	550406 DGD	25.68	+1.4	HKMACR
3	2-2	WONG TUNG HONG EDDIE	黃東康	550076 BAC	26.40	+1.4	
4	2-1	LUI TIM	雷裕文	550332 DBSAC	26.95	+1.4	
5	2-3	HO CHI YUEN	何志遠	550751 SJACS	27.12	+1.4	

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Final 2/2

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	W/S	Remarks
6	2-4	KANG KWOK KEUNG DEREK	江國強	550069 BAC	27.21	+1.4	
	2-6	WANG JIAN	王堅	550074 BAC	DNS		
	2-8	TAM KA SHUN	譚嘉信	550335 DBSAC	DNS		

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1	2-7	TAM CHUNG YING ERNIE	譚仲英	550334 DBSAC	25.41	+1.4	HKMACR, R
2	2-5	LI JUE QI	李絕奇	550406 DGD	25.68	+1.4	HKMACR
3	2-2	WONG TUNG HONG EDDIE	黃東康	550076 BAC	26.40	+1.4	
4	2-1	LUI TIM	雷裕文	550332 DBSAC	26.95	+1.4	
5	2-3	HO CHI YUEN	何志遠	550751 SJACS	27.12	+1.4	
6	2-4	KANG KWOK KEUNG DEREK	江國強	550069 BAC	27.21	+1.4	
7	1-2	SO TAK KING	蘇德擎	550072 BAC	28.34	+0.9	
8	1-3	YAU CHUN TAK SANDERS	邱振德	550840 WYK	29.12	+0.9	
9	1-6	TAM KING TONG	譚景棠	550073 BAC	29.49	+0.9	
	1-1	LEE CHUNG SING	李宗成	550843 YLTH	DNS		
	1-4	MA XIAO JUN	马小军	550407 DGD	DNS		
	1-5	CRUZ ANTONY JOSEPH		550435 IND-KMAC	DNS		
	1-7	CHU WAI TAK VICTOR	朱偉德	550839 WYK	DNS		
	1-8	WONG HO MAN ALBERT	黃浩文	550337 DBSAC	DNS		
	2-6	WANG JIAN	王堅	550074 BAC	DNS		

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2025/11/23



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79%

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Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	W/S	Remarks
2-8		TAM KA SHUN	譚嘉信	550335 DBSAC	DNS		



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Men's M55 - 400m



400m	Record	Perf	Athlete	Event	Place	Date
WMA RECORD	52.24	CHARLES ALLIE			CAROLINA, PUR	2003/07/12
Masters ACR	59.06	WONG FOONG WEE 黃鴻偉		The 9th HONG KONG MASTERS	Tseung Kwan O	2024/11/23
HKMAC RECORD	59.18	WANG JIAN 王堅		The 6th Hong Kong Masters	TKO SG	2021/09/12



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24°C



40%

Final 1 1/2

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	Remarks
1	1-5	LI JUE QI	李絕奇	550406 DGD	59.89	
2	1-8	WANG JIAN	王堅	550074 BAC	1:01.84	
3	1-4	KANG KWOK KEUNG DEREK	江國強	550069 BAC	1:02.20	
4	1-6	LUI MOSES	雷裕武	550331 DBSAC	1:05.10	
5	1-7	WU DIK HUNG TEDDY	胡迪熊	550543 LSCAC	1:06.83	
6	1-2	LO WAI HUNG	盧偉洪	550668 PoliceAC	1:25.27	
	1-1	HO CHI YUEN	何志遠	550751 SJACS	DNS	
	1-3	TAM CHUNG YING ERNIE	譚仲英	550334 DBSAC	DNS	

Final 2 1/2

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	Remarks
1	2-4	LEE MING HON EDWARD	李明瀚	550539 LSCAC	1:01.36	
2	2-3	CHUI KAM TONG TONY	崔錦棠	550807 WAC	1:03.44	
3	2-6	CHAN MAN YUEN	陳文遠	550066 BAC	1:04.71	
4	2-1	SO TAK KING	蘇德擎	550072 BAC	1:07.72	
5	2-5	YAU CHUN TAK SANDERS	邱振德	550840 WYK	1:10.42	

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Final 2/2

Pos	Heat/Name Lane	姓名	Bib#/ Team	Result	Remarks
2-2	CRUZ ANTONY JOSEPH		550435 IND-KMAC	DNS	
2-7	CHENG KAY YEN RONNIE	鄭基恩	550318 DBSAC	DNS	
2-8	YU TAK KWONG	余德廣	550339 DBSAC	DNS	

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3	1-8	WANG JIAN	王堅	550074 BAC	1:01.84	
4	1-4	KANG KWOK KEUNG DEREK	江國強	550069 BAC	1:02.20	
5	2-3	CHUI KAM TONG TONY	崔錦棠	550807 WAC	1:03.44	
6	2-6	CHAN MAN YUEN	陳文遠	550066 BAC	1:04.71	
7	1-6	LUI MOSES	雷裕武	550331 DBSAC	1:05.10	
8	1-7	WU DIK HUNG TEDDY	胡迪熊	550543 LSCAC	1:06.83	
9	2-1	SO TAK KING	蘇德擎	550072 BAC	1:07.72	
10	2-5	YAU CHUN TAK SANDERS	邱振德	550840 WYK	1:10.42	
11	1-2	LO WAI HUNG	盧偉洪	550668 PoliceAC	1:25.27	
	1-1	HO CHI YUEN	何志遠	550751 SJACS	DNS	
	1-3	TAM CHUNG YING ERNIE	譚仲英	550334 DBSAC	DNS	
	2-2	CRUZ ANTONY JOSEPH		550435 IND-KMAC	DNS	
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Summary

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	Remarks
2-8		YU TAK KWONG	余德廣	550339 DBSAC	DNS	



DQ=Disqualified 取消比賽資格 DNS=Did not Start 未有出賽 DNF=Did not Finish 未能完成比賽 NM=No Mark 無有效跳/擲成績
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冠名贊助:



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Hong Kong Masters Athletics Club

The 10th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Men's M55 - 800m



800m	Record	Perf	Athlete	Event	Place	Date
	WMA RECORD	2:02.92	PETER OBERLIEBEN		SCHWALBACH, GER	2016/05/07
	Masters ACR	2:19.66	LAM TSUN FAT 林俊發			2022/11/27
	HKMAC RECORD	2:19.66	LAM TSUN FAT 林俊發			2022/11/27



23 2025/11/23



Start: 16:10



28°C



53%

Final 1 /2

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	Remarks
1	1-3	CHUI KAM TONG TONY	崔錦棠	550807 WAC	2:37.66	
2	1-7	LEUNG KAM KUEN MICHAEL	梁錦權	550540 LSCAC	2:45.91	
3	1-1	WU DIK HUNG TEDDY	胡迪熊	550543 LSCAC	2:54.72	
4	1-1	TSE LAP YIN JOHNNY	謝立言	550336 DBSAC	3:40.58	
	1-2	LUI MOSES	雷裕武	550331 DBSAC	DNS	
	1-4	CHU WAI TAK VICTOR	朱偉德	550839 WYK	DNS	
	1-5	YAU CHUN TAK SANDERS	邱振德	550840 WYK	DNS	
	1-6	CHENG KAY YEN RONNIE	鄭基恩	550318 DBSAC	DNS	
	1-8	YU WING KIN	余永健	550340 DBSAC	DNS	

Final 2 /2

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	Remarks
1	2-4	YU YI DONG	于义东	550408 DGD	2:23.92	
2	2-6	CHAN WAI KEI	陳煒基	550067 BAC	2:26.69	
3	2-5	YAO QIN	姚勤	550770 SZGM	2:32.92	
4	2-2	OWAIN LEWES VAUGHAN		550017 AVOHK	2:59.47	

DQ=Disqualified 取消比賽資格 DNS=Did not Start 未有出賽 DNF=Did not Finish 未能完成比賽 NM=No Mark 無有效跳/擲成績
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支持媒體:



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Hong Kong Masters Athletics Club

The 10th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Men's M55 - 800m



800m	Record	Perf	Athlete	Event	Place	Date
	WMA RECORD	2:02.92	PETER OBERLIEBEN		SCHWALBACH, GER	2016/05/07
	Masters ACR	2:19.66	LAM TSUN FAT 林俊發			2022/11/27
	HKMAC RECORD	2:19.66	LAM TSUN FAT 林俊發			2022/11/27



23 2025/11/23



Start: 16:10



28°C



53%

Final 2/2

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	Remarks
2-1		CHAN MAN YUEN	陳文遠	550066 BAC	DNS	
2-1		SO TAK KING	蘇德擎	550072 BAC	DNS	
2-3		HO CHI LEUNG BERNARD	何志亮	550537 LSCAC	DNS	
2-7		LO WAI HUNG	盧偉洪	550668 PoliceAC	DNS	
2-8		JACOBSEN WILLIAM KEITH	葉偉其	550322 DBSAC	DNS	

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Hong Kong Masters Athletics Club

The 10th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Men's M55 - 800m



800m	Record	Perf	Athlete	Event	Place	Date
	WMA RECORD	2:02.92	PETER OBERLIEBEN		SCHWALBACH, GER	2016/05/07
	Masters ACR	2:19.66	LAM TSUN FAT 林俊發			2022/11/27
	HKMAC RECORD	2:19.66	LAM TSUN FAT 林俊發			2022/11/27



23 2025/11/23



Start: 16:10



28°C



53%

Summary

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	Remarks
1	2-4	YU YI DONG	于义东	550408 DGD	2:23.92	
2	2-6	CHAN WAI KEI	陳煒基	550067 BAC	2:26.69	
3	2-5	YAO QIN	姚勤	550770 SZGM	2:32.92	
4	1-3	CHUI KAM TONG TONY	崔錦棠	550807 WAC	2:37.66	
5	1-7	LEUNG KAM KUEN MICHAEL	梁錦權	550540 LSCAC	2:45.91	
6	1-1	WU DIK HUNG TEDDY	胡迪熊	550543 LSCAC	2:54.72	
7	2-2	OWAIN LEWES VAUGHAN		550017 AVOHK	2:59.47	
8	1-1	TSE LAP YIN JOHNNY	謝立言	550336 DBSAC	3:40.58	
	1-2	LUI MOSES	雷裕武	550331 DBSAC	DNS	
	1-4	CHU WAI TAK VICTOR	朱偉德	550839 WYK	DNS	
	1-5	YAU CHUN TAK SANDERS	邱振德	550840 WYK	DNS	
	1-6	CHENG KAY YEN RONNIE	鄭基恩	550318 DBSAC	DNS	
	1-8	YU WING KIN	余永健	550340 DBSAC	DNS	
	2-1	CHAN MAN YUEN	陳文遠	550066 BAC	DNS	
	2-1	SO TAK KING	蘇德擎	550072 BAC	DNS	

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Hong Kong Masters Athletics Club

The 10th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Men's M55 - 800m



800m	Record	Perf	Athlete	Event	Place	Date
	WMA RECORD	2:02.92	PETER OBERLIEBEN		SCHWALBACH, GER	2016/05/07
	Masters ACR	2:19.66	LAM TSUN FAT 林俊發			2022/11/27
	HKMAC RECORD	2:19.66	LAM TSUN FAT 林俊發			2022/11/27



23 2025/11/23



Start: 16:10



28°C



53%

Summary

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	Remarks
2-3	HO CHI LEUNG BERNARD	何志亮	550537 LSCAC	DNS		
2-7	LO WAI HUNG	盧偉洪	550668 PoliceAC	DNS		
2-8	JACOBSEN WILLIAM KEITH	葉偉其	550322 DBSAC	DNS		

DQ=Disqualified 取消比賽資格 DNS=Did not Start 未有出賽 DNF=Did not Finish 未能完成比賽 NM=No Mark 無有效跳/擲成績
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Men's M55 - 1500m



1500m	Record	Perf	Athlete	Event	Place	Date
	WMA RECORD	4:12.35	KEITH BATEMAN		SACRAMENTO, US	2011/07/15
	Masters ACR	5:30.65	YIP KAM KWONG 葉錦光	The 9th HONG KONG MASTERS	Tseung Kwan O	2024/11/23
	HKMAC RECORD	5:30.65	YIP KAM KWONG 葉錦光	The 9th HONG KONG MASTERS	Tseung Kwan O	2024/11/23



22 2025/11/22



Start: 09:10



15°C



62%

Final

Pos	Heat/ Name Lane	姓名	Bib#/ Team	Result	Remarks
1	1-23 YU YI DONG	于义东	550408 DGD	4:47.50	HKMACR
2	1-22 YAO QIN	姚勤	550770 SZGM	4:59.79	HKMACR
3	1-19 YIP KAM KWONG	葉錦光	550704 SCAA	5:16.29	HKMACR, R
4	1-17 WONG KENNETH	王偉濤	550338 DBSAC	5:21.98	HKMACR, R
5	1-20 HO CHI LEUNG BERNARD	何志亮	550537 LSCAC	5:40.53	
6	1-16 LAI KOON SHING	賴官勝	550016 AVOHK	5:57.37	
7	1-18 LUI MOSES	雷裕武	550331 DBSAC	6:11.06	
8	1-21 YU TAK KWONG	余德廣	550339 DBSAC	6:27.97	

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Hong Kong Masters Athletics Club

The 10th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Men's M55 - 5000m



5000m	Record	Perf	Athlete	Event	Place	Date
	WMA RECORD 15:29.70		KEITH BATEMAN		BLACKTOWN, AUS	2011/01/05
	Masters ACR 18:30.26		CAPPER MICHAEL DAVID	The 8th Hong Kong Masters	Wanchai SG	2023/10/28
	HKMAC RECORD 18:30.26		CAPPER MICHAEL DAVID	The 8th Hong Kong Masters	Wanchai SG	2023/10/28



23 2025/11/23



Start: 12:15



21°C



79%

Final

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	Remarks
1	1-33	YU YI DONG	于义东	550408 DGD	17:06.06	HKMACR <i>Split: 03:25.01 (3:25.01) 06:45.18 (3:20.18) 10:12.17 (3:26.98) 13:42.23 (3:30.06) 17'06.051" (3:23.77)</i>
2	1-32	YAO QIN	姚勤	550770 SZGM	18:30.81	<i>Split: 03:43.49 (3:43.49) 07:26.68 (3:43.19) 11:09.51 (3:42.83) 14:54.38 (3:44.88) 18'30.807" (3:35.61)</i>
3	1-30	YIP KAM KWONG	葉錦光	550704 SCAA	19:08.73	<i>Split: 03:46.23 (3:46.23) 07:33.69 (3:47.47) 11:29.73 (3:56.03) 15:24.46 (3:54.73) 19'08.724" (3:43.54)</i>
4	1-29	CHAN WAI KEI	陳煒基	550067 BAC	19:39.17	<i>Split: 03:46.62 (3:46.62) 07:35.98 (3:49.36) 11:33.48 (3:57.50) 15:41.00 (4:07.52) 19'39.161" (3:58.00)</i>
5	1-22	WONG HO LUEN	黃浩聯	550680 RMAC	19:44.96	<i>Split: 03:41.71 (3:41.71) 07:30.46 (3:48.75) 11:28.51 (3:58.05) 15:36.75 (4:08.24) 19'44.952" (4:07.25)</i>
6	1-27	WONG KENNETH	王偉濤	550338 DBSAC	19:57.55	<i>Split: 03:44.73 (3:44.73) 07:37.15 (3:52.42) 11:41.34 (4:04.19) 15:57.43 (4:16.09) 19'57.543" (3:59.57)</i>
7	1-25	CHU WAI SING	朱偉成	550555 LWRC	20:45.33	<i>Split: 04:08.91 (4:08.91) 08:13.06 (4:04.16) 12:21.24 (4:08.17) 16:39.86 (4:18.63) 20'45.322" (4:05.13)</i>
8	1-31	HO CHI LEUNG BERNARD	何志亮	550537 LSCAC	21:29.63	<i>Split: 04:10.21 (4:10.21) 08:26.50 (4:16.29) 12:50.43 (4:23.93) 17:12.77 (4:22.35) 21'29.622" (4:16.22)</i>
9	1-28	LAI KOON SHING	賴官勝	550016 AVOHK	21:49.82	<i>Split: 04:23.47 (4:23.47) 08:46.02 (4:22.56) 13:09.32 (4:23.29) 17:36.62 (4:27.31) 21'49.820" (4:12.37)</i>

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Hong Kong Masters Athletics Club

The 10th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Men's M55 - 5000m



5000m	Record Perf Athlete	Event	Place	Date
	WMA RECORD 15:29.70 KEITH BATEMAN		BLACKTOWN, AUS	2011/01/05
	Masters ACR 18:30.26 CAPPER MICHAEL DAVID	The 8th Hong Kong Masters	Wanchai SG	2023/10/28
	HKMAC RECORD 18:30.26 CAPPER MICHAEL DAVID	The 8th Hong Kong Masters	Wanchai SG	2023/10/28



23 2025/11/23



Start: 12:15



21°C



79%

Final

Pos	Heat/Name Lane	姓名	Bib#/ Team	Result	Remarks
1-23	CHEUNG KWOK FAI	張國輝	550015 AVOHK	DNS	
1-24	LAM CHI YUNG	林志勇	550701 SCAA	DNS	
1-26	WONG CHUN	黃俊	550703 SCAA	DNS	

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Hong Kong Masters Athletics Club
The 10th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Men's M55 - 5000mRW



5000mRW	Record	Perf	Athlete	Event	Place	Date
	Masters ACR	29:01.95	KO TAI CHIU 高大釗	The 9th HONG KONG MASTERS	Tseung Kwan O	2024/11/23
	HKMAC RECORD	29:01.95	KO TAI CHIU 高大釗	The 9th HONG KONG MASTERS	Tseung Kwan O	2024/11/23



2025/11/22



Start: 12:20



24°C



40%

Final

Pos	Heat/ Name Lane	姓名	Bib#/ Team	Result	Remarks
1	1-2 KO TAI CHIU	高大釗	550425 HKRWA	28:32.56	HKMACR, R <i>Split: 05:35.31 (5:35.31) 11:11.85 (5:36.54) 17:04.07 (5:52.22) 22:56.55 (5:52.48) 28'32.552" (5:35.45)</i>
2	1-5 NGAN SING YIN	顏星現	550741 SHTB	28:36.72	HKMACR, R <i>Split: 05:34.47 (5:34.47) 11:08.83 (5:34.37) 17:04.73 (5:55.89) 22:58.11 (5:53.39) 28'36.712" (5:37.88)</i>
3	1-9 TSE LAP YIN JOHNNY	謝立言	550336 DBSAC	29:58.61	<i>Split: 05:38.30 (5:38.30) 11:36.82 (5:58.53) 17:44.40 (6:07.57) 23:54.81 (6:10.42) 29'58.606" (6:03.18)</i>
4	1-7 JACOBSEN ANTHONY PAUL	葉偉誠	550321 DBSAC	32:14.69	<i>Split: 06:06.23 (6:06.23) 12:46.08 (6:39.86) 19:25.20 (6:39.11) 25:57.22 (6:32.02) 32'14.681" (6:16.78)</i>
5	1-10 LEE CHUNG WAH	李仲華	550326 DBSAC	34:21.03	<i>Split: 06:12.61 (6:12.61) 13:12.19 (7:59.59) 20:22.33 (7:10.13) 27:31.30 (7:08.97) 34'21.021" (6:49.70)</i>
6	1-12 CHAN KA HUNG	陳嘉鴻	550315 DBSAC	35:54.30	<i>Split: 06:48.38 (6:48.38) 13:53.65 (7:05.27) 21:02.25 (7:08.60) 28:24.91 (7:22.67) 35'54.294" (7:29.08)</i>
7	1-1 YU WING KIN	余永健	550340 DBSAC	35:55.45	<i>Split: 06:30.55 (6:30.55) 13:41.59 (7:11.04) 21:06.92 (7:25.33) 28:37.04 (7:30.12) 35'55.446" (7:17.96)</i>
8	1-8 LEUNG KAM KUEN MICHAEL	梁錦權	550540 LSCAC	36:45.86	<i>Split: 07:09.45 (7:09.45) 14:35.49 (7:26.05) 22:01.65 (7:26.15) 29:27.51 (7:25.86) 36'45.860" (7:17.49)</i>
9	1-13 WU DIK LUN TOMMY	胡迪麟	550544 LSCAC	38:22.24	<i>Split: 07:16.90 (7:16.90) 15:00.50 (7:43.61) 22:48.28 (7:47.77) 30:40.59 (7:52.32) 38'22.234" (7:41.40)</i>

Note: #TR54.7.5 Fourth red card

DQ=Disqualified 取消比賽資格 DNS=Did not Start 未有出賽 DNF=Did not Finish 未能完成比賽 NM=No Mark 無有效跳/擲成績
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Hong Kong Masters Athletics Club
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Men's M55 - 5000mRW



5000mRW	Record	Perf	Athlete	Event	Place	Date
	Masters ACR 29:01.95KO	TAI CHIU	高大釗	The 9th HONG KONG MASTERS	Tseung Kwan O	2024/11/23
	HKMAC RECORD 29:01.95KO	TAI CHIU	高大釗	The 9th HONG KONG MASTERS	Tseung Kwan O	2024/11/23



2025/11/22



Start: 12:20



24°C



40%

Final

Pos	Heat/Name Lane	姓名	Bib#/ Team	Result	Remarks
10	1-11 TANG HON WING	鄧漢榮	550423 HKLRR	38:57.34	
					<i>Split: 07:24.11 (7:24.11) 15:24.26 (8:00.16) 23:32.41 (8:08.14) 31:22.89 (7:50.49) 38'57.335" (7:34.10)</i>
11	1-6 CHIU YEE HANG THOMAS	趙懿行	550536 LSCAC	40:33.11	
					<i>Split: 07:30.03 (7:30.03) 15:45.95 (8:15.92) 24:05.40 (8:19.45) 32:23.81 (8:18.41) 40'33.103" (8:09.19)</i>
	1-4 WAN CHI WAI	尹志偉	550426 HKRWA	DQ	TR54.7.5#
	1-3 HO SHIU KEI JAMES	何紹基	550320 DBSAC	DNS	

Note: #TR54.7.5 Fourth red card

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Hong Kong Masters Athletics Club
The 10th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Men's M55 - 100mH

100mH	Record	Perf	Athlete	Event	Place	Date
	WMA RECORD	14.25	HERBERT KREINER		NYiREGYHaZA,	2010/07/22
	Masters ACR	16.23	LAM WAI KEUNG GALEN 林威強	The 8th Hong Kong Masters	Wanchai SG	2023/10/29
	HKMAC RECORD	16.23	LAM WAI KEUNG GALEN 林威強	The 8th Hong Kong Masters	Wanchai SG	2023/10/29

22 2025/11/22 Start: 14:15 24°C 40%

Final

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	W/S	Remarks
1	1-4	BOONJUER WICHEN		550790 THA	16.70	-1.0	
2	1-7	CHUI KAM TONG TONY	崔錦棠	550807 WAC	17.83	-1.0	
3	1-3	CHU WAI TAK VICTOR	朱偉德	550839 WYK	18.53	-1.0	
4	1-2	CHUNG TZE LEUNG	鍾子良	550068 BAC	22.98	-1.0	
5	1-6	WONG CHEONG TAI TAIDY	黃昌泰	550752 SJACS	23.22	-1.0	
	1-5	LEE KA FAI	李嘉輝	550702 SCAA	DQ		TR22.6.3#
	1-8	KWAN MAN FAI	關文輝	550323 DBSAC	DNS		

Note: #TR22.6.3 Knocking down a hurdle thus impacting another athlete

DQ=Disqualified 取消比賽資格 DNS=Did not Start 未有出賽 DNF=Did not Finish 未能完成比賽 NM=No Mark 無有效跳/擲成績
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Men's M55 - 400mH



400mH	Record	Perf	Athlete	Event	Place	Date
	WMA RECORD	57.73	GETULIO ECHEANDIA JR		AMES, USA	2019/07/14
	Masters ACR	1:09.23	CHUI KAM TONG TONY 崔錦棠	The 9th HONG KONG MASTERS	Tseung Kwan O	2024/11/23
	HKMAC RECORD	1:09.23	CHUI KAM TONG TONY 崔錦棠	The 9th HONG KONG MASTERS	Tseung Kwan O	2024/11/23



23 2025/11/23



Start: 14:55



27°C



49%

Final

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	Remarks
1	1-4	CHUI KAM TONG TONY	崔錦棠	550807 WAC	1:09.42	
2	1-2	CHOW WEE CHIN ARTHUR	蔣偉敬	550761 SMTFA	1:10.76	
3	1-1	CHU WAI TAK VICTOR	朱偉德	550839 WYK	1:13.90	
4	1-3	KWAN MAN FAI	關文輝	550323 DBSAC	1:27.41	
	1-5	LO WAI HUNG	盧偉洪	550668 PoliceAC	DNS	
	1-6	LEE KA FAI	李嘉輝	550702 SCAA	DNS	
	1-7	WONG CHEONG TAI TAIDY	黃昌泰	550752 SJACS	DNS	
	1-8	BU QING YI	卜庆益	550405 DGD	DNS	

DQ=Disqualified 取消比賽資格 DNS=Did not Start 未有出賽 DNF=Did not Finish 未能完成比賽 NM=No Mark 無有效跳/擲成績
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主辦機構:



冠名贊助:



協辦機構:



支持媒體:



Hong Kong Masters Athletics Club

The 10th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Men's M55 - 3000mSC



2025/11/23



Start: 09:25



21°C



79%

Final

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	Remarks
1	1-30	KWAN MAN FAI	關文輝	550323 DBSAC	17:22.02	
<i>Split: 05:35.61 (5:35.61) 11:41.00 (6:05.39) 17'22.014" (5:41.00)</i>						
	1-33	YAO QIN	姚勤	550770 SZGM	DQ	
	1-29	LEE KA FAI	李嘉輝	550702 SCAA	DNS	
	1-31	LEE CHUNG WAH	李中華	550326 DBSAC	DNS	
	1-32	CHUI KAM TONG TONY	崔錦棠	550807 WAC	DNS	

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冠名贊助:



協辦機構:



支持媒體:



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Hong Kong Masters Athletics Club

The 10th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Men's M55 - Long Jump



Record	Perf	Athlete	Event	Place	Date
WMA RECORD	6.50	GIANNI BECATTI		MaLAGA, ESP	2018/09/09
Masters ACR	5.77	KUNG Wai Ling 龔偉凌	Hong Kong Masters Athletics	Wanchai SG	2016/10/29
HKMAC RECORD	5.77	KUNG Wai Ling 龔偉凌	Hong Kong Masters Athletics	Wanchai SG	2016/10/29



23 2025/11/23



Start: 11:25



21°C



79%

Final

Pos	Heat/Order	Name	Bib#/Team	Result	Remarks	1	2	3
1	1-16	TAM CHUNG YING ERNIE 譚仲英	550334 DBSAC	5.32m.		5.32 +1.1	-	-
2	1-7	CHU WAI TAK VICTOR 朱偉德	550839 WYK	4.70m.		4.32 -0.4	4.66 -0.4	4.70 +1.2
3	1-4	LEUNG CHUN WAI WILLIAM 梁振威	550667 PoliceAC	4.69m.		4.55 +0.7	4.69 +0.3	4.56 +0.8
4	1-12	YU MAN TO GERALD MAXIMILLIAN 余孟滔	550417 HKICPA	4.52m.		X	4.02 -0.4	4.52 -0.5
5	1-10	LUI MOSES 雷裕武	550331 DBSAC	4.46m.		4.33 +0.9	4.46 -0.6	X
6	1-14	CHAN MAN YUEN 陳文遠	550066 BAC	4.42m.		4.42 +0.6	r	
7	1-3	CHUI KAM TONG TONY 崔錦棠	550807 WAC	4.39m.		4.26 +1.2	X	4.39 -0.1
8	1-9	TAM KING TONG 譚景棠	550073 BAC	4.30m.		4.12 +0.9	4.28 -0.1	4.30 +0.5
9	1-5	WONG CHEONG TAI TAIDY 黃昌泰	550752 SJACS	3.79m.		3.79 0.0	r	
	1-1	KWAN MAN FAI 關文輝	550323 DBSAC	DNS				
	1-2	LUK KING HANG 陸敬行	550333 DBSAC	DNS				
	1-6	BU QING YI	550405	DNS				

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Hong Kong Masters Athletics Club

The 10th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Men's M55 - Long Jump



Record	Perf	Athlete	Event	Place	Date
WMA RECORD	6.50	GIANNI BECATTI		MaLAGA, ESP	2018/09/09
Masters ACR	5.77	KUNG Wai Ling 龔偉凌	Hong Kong Masters Athletics	Wanchai SG	2016/10/29
HKMAC RECORD	5.77	KUNG Wai Ling 龔偉凌	Hong Kong Masters Athletics	Wanchai SG	2016/10/29



2025/11/23



Start: 11:25



21°C



79%

Final

Pos	Heat/Order	Name	Bib#/Team	Result	Remarks	1	2	3
		卜庆益	DGD					
1-8		WAI SIU BONG BASIL 衛紹邦	550542 LSCAC	DNS				
1-11		TAM KA SHUN 譚嘉信	550335 DBSAC	DNS				
1-13		LEE KA FAI 李嘉輝	550702 SCAA	DNS				
1-15		WONG HO MAN ALBERT 黃浩文	550337 DBSAC	DNS				

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Hong Kong Masters Athletics Club

The 10th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Men's M55 - Triple Jump

Record	Perf	Athlete	Event	Place	Date
WMA RECORD	14.13	WOLFGANG KNABE		IZMIR, TUR	2014/08/28



2025/11/22



Start: 16:30



24°C



40%

Final

Pos	Heat/ Name Order	Bib#/ Team	Result	Remarks	1	2	3
1	1-4 BU QING YI 卜庆益	550405 DGD	10.89m.		10.62 -1.1	10.89 +0.6	10.77 0.0
2	1-15 TAM CHUNG YING ERNIE 譚仲英	550334 DBSAC	10.69m.		10.47 -0.8	10.69 +0.8	X
3	1-1 CHU WAI TAK VICTOR 朱偉德	550839 WYK	9.44m.		8.80 +0.1	8.85 +0.5	9.44 +0.3
4	1-10 FUNG CHING CHEONG HARRY 馮正昌	550319 DBSAC	9.03m.		9.03 -0.3	8.86 -0.6	8.49 -0.4
5	1-6 WONG CHEONG TAI TAIDY 黃昌泰	550752 SJACS	8.99m.		8.99 +0.3	8.74 -0.1	X
6	1-3 KWAN MAN FAI 關文輝	550323 DBSAC	8.47m.		8.47 +0.2	8.42 +0.8	8.35 +0.3
7	1-8 LAU YIP KWONG FRANCIS 劉業光	550325 DBSAC	7.28m.		6.49 -0.5	7.16 -0.5	7.28 +0.1
8	1-13 LEE KA FAI 李嘉輝	550702 SCAA	7.04m.		7.04 -0.2	X	X
9	1-11 HO SHIU KEI JAMES 何紹基	550320 DBSAC	6.82m.		6.74 -0.4	6.82 -0.2	6.50 +0.6
10	1-14 WONG HO MAN ALBERT 黃浩文	550337 DBSAC	6.64m.		6.64 -0.5	r	-
11	1-5 YU WING KIN 余永健	550340 DBSAC	6.35m.		6.35 +1.5	X	X
12	1-2 LEUNG WING HANG MICHAEL 梁永鏗	550329 DBSAC	6.26m.		6.26 +0.1	r	-
	1-7 LUK KING HANG	550333	DNS				

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Hong Kong Masters Athletics Club

The 10th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Men's M55 - Triple Jump

Record	Perf	Athlete	Event	Place	Date
WMA RECORD	14.13	WOLFGANG KNABE		IZMIR, TUR	2014/08/28



2025/11/22



Start: 16:30



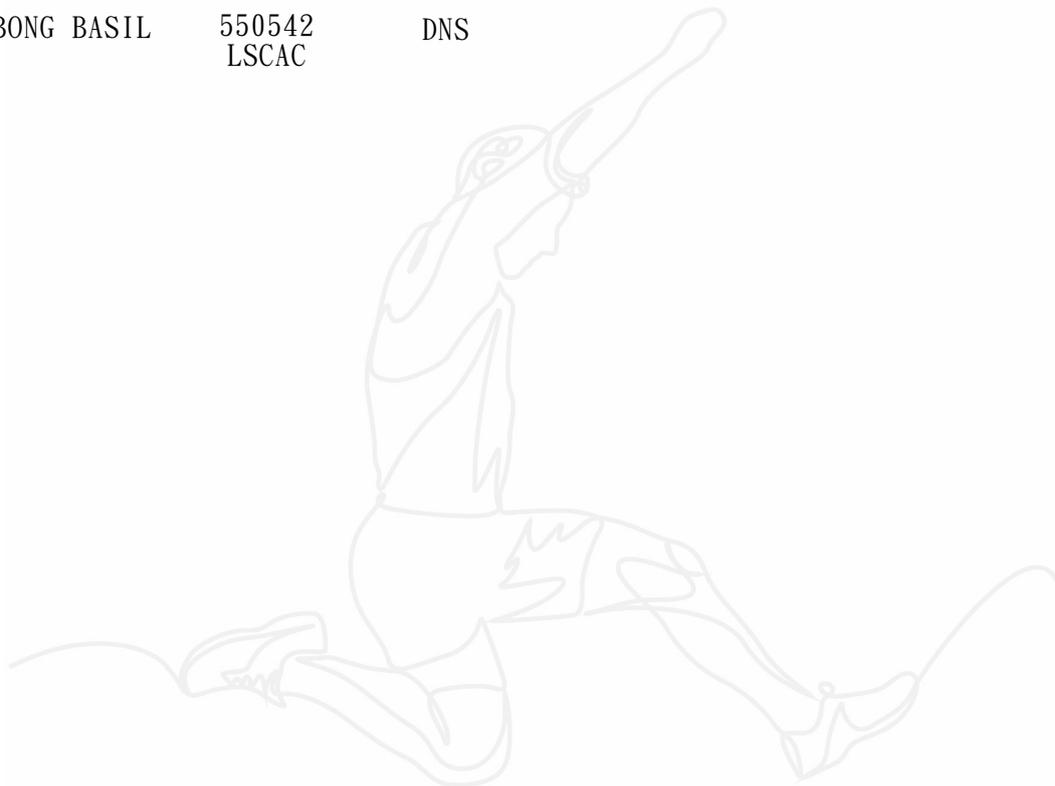
24°C



40%

Final

Pos	Heat/ Name Order	Bib#/ Team	Result	Remarks	1	2	3
	陸敬行	DBSAC					
1-9	CHOW WEE CHIN ARTHUR 蔣偉敬	550761 SMTFA	DNS				
1-12	WAI SIU BONG BASIL 衛紹邦	550542 LSCAC	DNS				



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Hong Kong Masters Athletics Club

The 10th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Men's M55 - Shot Put



Record	Perf	Athlete	Event	Place	Date
WMA RECORD	17.50	KLAUS LIEDTKE		GELSENKIRCHEN, 1996/07/21	
Masters ACR	10.34	FONG ALAN 鄺耀才			2022/11/27
HKMAC RECORD	10.34	FONG ALAN 鄺耀才			2022/11/27



2025/11/23



Start: 09:30



21°C



79%

Final

Pos	Heat/ Name Order	Bib#/ Team	Result	Remarks	1	2	3
1	1-2 HOUGH ALAN DEREK	550793 UK-NMAC	10.37m.	HKMACR	x	10.37	x
2	1-12 SANKARALINGAM SHIRI	550436 IND-KMAC	9.22m.		8.16	9.22	8.88
3	1-3 LAM CHI KEUNG 林志強	550601 PKMSAA	9.10m.		8.43	9.10	8.33
4	1-14 TAM CHUNG YING ERNIE 譚仲英	550334 DBSAC	8.54m.		8.40	8.54	8.13
5	1-8 HUANG MARK 黃嘉為	550538 LSCAC	8.19m.		7.79	7.80	8.19
6	1-9 CHU WAI TAK VICTOR 朱偉德	550839 WYK	7.92m.		7.33	7.92	x
7	1-4 CHAN PAK HAY SIMON 陳栢熙	550317 DBSAC	7.85m.		6.45	7.85	6.84
8	1-11 WONG HO MAN ALBERT 黃浩文	550337 DBSAC	7.52m.		6.98	7.52	7.16
9	1-6 CHAN MOU HUNG MOSES 陳謀雄	550600 PKMSAA	7.40m.		6.68	7.40	7.32
10	1-1 LEUNG JEROME 梁振志	550328 DBSAC	6.57m.		6.42	5.92	6.57
11	1-5 TAM KA SHUN 譚嘉信	550335 DBSAC	5.33m.		4.92	4.67	5.33
12	1-13 LEE RAYMOND 李國偉	550327 DBSAC	5.29m.		4.94	5.29	5.28
	1-7 MA XIAO JUN 马小军	550407 DGD	DNS				
	1-10 CHEUNG CHAK MAN 張澤文	550014 AVOHK	DNS				

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Hong Kong Masters Athletics Club

The 10th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Men's M55 - Discus Throw



Record	Perf	Athlete	Event	Place	Date
WMA RECORD	64.58	KLAUS LIEDTKE		MEDELBY, GER	2000/10/08
Masters ACR	30.06	CHAN PAK HAY SIMON 陳栢熙	The 8th Hong Kong Masters	Wanchai SG	2023/10/29
HKMAC RECORD	30.06	CHAN PAK HAY SIMON 陳栢熙	The 8th Hong Kong Masters	Wanchai SG	2023/10/29



2025/11/22



Start: 15:05



24°C



40%

Final

Pos	Heat/Order	Name	Bib#/Team	Result	Remarks	1	2	3
1	1-10	CHAN MOU HUNG MOSES 陳謀雄	550600 PKMSAA	31.79m.	HKMACR, R	23.64	X	31.79
2	1-14	HOUGH ALAN DEREK	550793 UK-NMAC	30.34m.	HKMACR	30.34	X	30.18
3	1-17	CHUNG TZE LEUNG 鍾子良	550068 BAC	27.74m.		25.22	25.17	27.74
4	1-7	SANKARALINGAM SHIRI SEELAN IND-KMAC	550136	26.68m.		24.75	X	26.68
5	1-13	TAM CHUNG YING ERNIE 譚仲英	550334 DBSAC	26.47m.		X	24.46	26.47
6	1-3	CHAN KING YIM JEFFREY 陳敬嚴	550316 DBSAC	24.79m.		24.79	24.52	22.56
7	1-4	CHAN PAK HAY SIMON 陳栢熙	550317 DBSAC	24.45m.		19.26	24.27	24.45
8	1-8	LEUNG YAT WAH LEWIS 梁一华	550330 DBSAC	21.65m.		21.65	20.40	19.22
9	1-9	WONG HO MAN ALBERT 黃浩文	550337 DBSAC	21.25m.		21.25	18.89	20.24
10	1-5	LAU YIP KWONG FRANCIS 劉業光	550325 DBSAC	20.93m.		20.93	X	18.31
11	1-11	WONG LEI PO 黃利寶	550075 BAC	20.22m.		X	18.36	20.22
12	1-16	LUK KING HANG 陸敬行	550333 DBSAC	17.73m.		17.10	17.73	15.80
13	1-18	LAM CHI KEUNG 林志強	550601 PKMSAA	17.51m.		16.70	17.51	X
14	1-2	LEE RAYMOND 李國偉	550327 DBSAC	16.62m.		16.62	X	16.48
15	1-1	WU DIK LUN TOMMY 胡迪麟	550544 LSCAC	13.02m.		12.31	11.40	13.02

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Hong Kong Masters Athletics Club

The 10th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Men's M55 - Discus Throw



Record	Perf	Athlete	Event	Place	Date
WMA RECORD	64.58	KLAUS LIEDTKE		MEDELBY, GER	2000/10/08
Masters ACR	30.06	CHAN PAK HAY SIMON 陳栢熙	The 8th Hong Kong Masters	Wanchai SG	2023/10/29
HKMAC RECORD	30.06	CHAN PAK HAY SIMON 陳栢熙	The 8th Hong Kong Masters	Wanchai SG	2023/10/29



22 2025/11/22



Start: 15:05



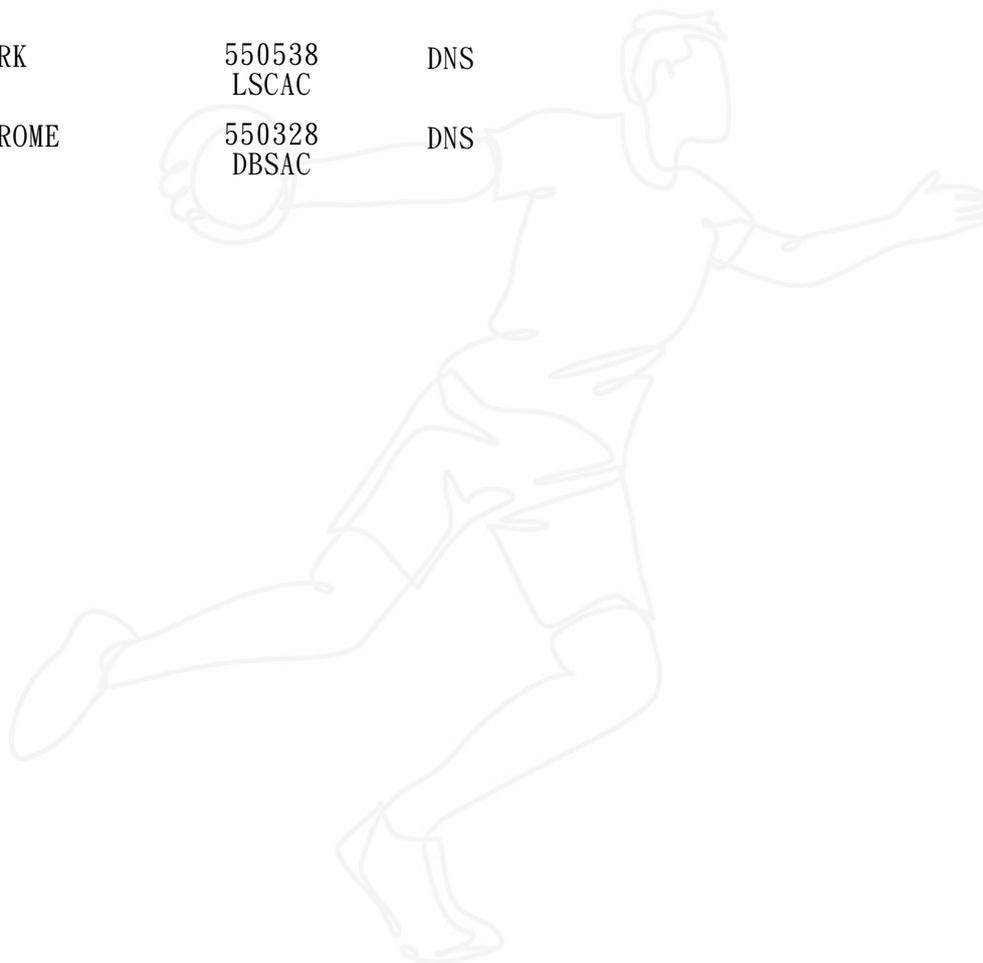
24°C



40%

Final

Pos	Heat/Order	Name	Bib#/Team	Result	Remarks	1	2	3
1-6		LOUEY CHI CHING ALAN 雷治正	550541 LSCAC	NM		X	X	X
1-12		HUANG MARK 黃嘉為	550538 LSCAC	DNS				
1-15		LEUNG JEROME 梁振志	550328 DBSAC	DNS				



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Hong Kong Masters Athletics Club

The 10th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Men's M55 - Javelin Throw



Record	Perf	Athlete	Event	Place	Date
WMA RECORD	66.76	ROALD BRADSTOCK		CLERMONT, USA	2017/05/13
Masters ACR	38.80	HO CHI CHEUNG FELIX 何志翔	The 6th Hong Kong Masters	TKO SG	2021/09/11
HKMAC RECORD	38.80	HO CHI CHEUNG FELIX 何志翔	The 6th Hong Kong Masters	TKO SG	2021/09/11



23 2025/11/23



Start: 08:30



21°C



79%

Final

Pos	Heat/Order	Name	Bib#/Team	Result	Remarks	1	2	3
1	1-6	HOUGH ALAN DEREK	550793 UK-NMAC	36.68m.		32.87	33.93	36.68
2	1-17	LAM CHI KEUNG 林志強	550601 PKMSAA	29.82m.		24.61	29.82	29.17
3	1-9	CHUNG TZE LEUNG 鍾子良	550068 BAC	29.48m.		x	29.48	29.15
4	1-3	CHAN MOU HUNG MOSES 陳謀雄	550600 PKMSAA	29.37m.		x	29.37	26.77
5	1-11	CHAN KING YIM JEFFREY 陳敬嚴	550316 DBSAC	27.99m.		27.68	27.99	22.77
6	1-14	KWAN MAN FAI 關文輝	550323 DBSAC	24.91m.		24.53	24.91	22.55
7	1-10	HUANG MARK 黃嘉為	550538 LSCAC	24.53m.		24.53		x
8	1-12	WONG HO MAN ALBERT 黃浩文	550337 DBSAC	24.45m.		23.28	x	24.45
9	1-2	LAI CHRISTOPHER 黎百年	550324 DBSAC	23.50m.		22.31	22.46	23.50
10	1-13	LAU YIP KWONG FRANCIS 劉業光	550325 DBSAC	21.15m.		19.67	x	21.15
11	1-5	CHU WAI TAK VICTOR 朱偉德	550839 WYK	16.52m.		16.52	16.21	x
12	1-1	CHIU YEE HANG THOMAS 趙懿行	550536 LSCAC	11.37m.		11.37	x	10.49
	1-16	TAM CHUNG YING ERNIE 譚仲英	550334 DBSAC	NM		17.9	-	-
	1-4	CHENG KAY YEN RONNIE 鄭基恩	550318 DBSAC	DNS				
	1-7	WONG LEI PO 黃利寶	550075 BAC	DNS				

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Hong Kong Masters Athletics Club

The 10th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Men's M55 - Javelin Throw



Record	Perf	Athlete	Event	Place	Date
WMA RECORD	66.76	ROALD BRADSTOCK		CLERMONT, USA	2017/05/13
Masters ACR	38.80	HO CHI CHEUNG FELIX 何志翔	The 6th Hong Kong Masters	TKO SG	2021/09/11
HKMAC RECORD	38.80	HO CHI CHEUNG FELIX 何志翔	The 6th Hong Kong Masters	TKO SG	2021/09/11



23 2025/11/23



Start: 08:30



21°C



79%

Final

Pos	Heat/Name Order	Bib#/ Team	Result	Remarks	1	2	3
1-8	LEUNG JEROME 梁振志	550328 DBSAC	DNS				
1-15	LEE KA FAI 李嘉輝	550702 SCAA	DNS				



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LOMATTERS

Hong Kong Masters Athletics Club

The 10th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Men's M55 - 4X100m

Record	Perf	Athlete	Event	Place	Date
WMA RECORD	46.16	FRANKLYN, WALCOTT, ROSS, OLIVE		RICCIONE, ITA	2007/09/15
Masters ACR	50.36	赤道體育會 (A)	The 9th HONG KONG MASTERS	Tseung Kwan O	2024/11/23
HKMAC RECORD	50.36	赤道體育會 (A)	The 9th HONG KONG MASTERS	Tseung Kwan O	2024/11/23

2025/11/22 Start: 17:35 24°C 40%

Final

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	Remarks
1	1-6	赤道體育會 B 黃東康, 江國強, 龐永彪, 王堅		BAC	51.13	
2	1-5	拔萃男書院田徑會 A 唐俊勳, 譚旭生, 鄧天齊, 曾仲文		DBSAC	51.87	
3	1-7	赤道體育會 A 陳文遠, 蘇德擎, 譚景棠, 梁欣榮		BAC	53.64	
4	1-3	九龍華仁書 黎同昇, 邱振德, 朱偉德, 盧仲強		WYK	1:01.51	
5	1-4	拔萃男書院田徑會 B 鄭斌, 姚啟鏘, 陳炎林, 勞思傑		DBSAC	1:10.80	

DQ=Disqualified 取消比賽資格 DNS=Did not Start 未有出賽 DNF=Did not Finish 未能完成比賽 NM=No Mark 無有效跳/擲成績
Q=Qualified by Place/Standard 依名次/及格賽標準晉級 q=qualified by Time/Performance 依時間/成績排名晉級 R=Record 新紀錄

Hong Kong Masters Athletics Club

The 10th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Men's M55 - 4X400m

Record	Perf	Athlete	Event	Place	Date
WMA RECORD	3:40.62	ALLIE, HAYWOOD, COLLINS, GRANT		PHILADELPHIA,	2010/04/23
Masters ACR	4:14.52	赤道體育會 (A)	The 9th HONG KONG MASTERS	Tseung Kwan O	2024/11/23
HKMAC RECORD	4:14.52	赤道體育會 (A)	The 9th HONG KONG MASTERS	Tseung Kwan O	2024/11/23

23 2025/11/23 Start: 17:40 25°C 61%

Final

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	Remarks
1	1-7	赤道體育會 B 黃東康, 江國強, 蘇德擎, 王堅		BAC	4:12.17	HKMACR, R
2	1-6	上海田徑大師隊 張新安, 于义东, 李明平, 李絕奇		DGD	4:12.28	HKMACR
3	1-4	拔萃男書院田徑會 B 關文輝, 雷裕武, 余永健, 譚仲英		DBSAC	4:25.54	
4	1-5	喇沙書院田徑會 胡迪麟, 何志亮, 梁錦權, 胡迪熊		LSCAC	4:46.26	
5	1-8	赤道體育會 A 王偉超, 陳煒基, 黃文光, 譚景棠		BAC	5:06.10	
	1-2	拔萃男書院田徑會 A		DBSAC	DNS	
	1-3	南華體育會		SCAA	DNS	

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Q=Qualified by Place/Standard 依名次/及格賽標準晉級 q=qualified by Time/Performance 依時間/成績排名晉級 R=Record 新紀錄

