

# Hong Kong Masters Athletics Club

## The 10th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



### Men's M50 - 100m

| Record       | Perf  | Athlete         | Event                     | Place        | Date       |
|--------------|-------|-----------------|---------------------------|--------------|------------|
| WMA RECORD   | 10.88 | WILLIE GAULT    |                           | LOS ANGELES, | 2011/05/07 |
| Masters ACR  | 11.82 | WONG KIN ON 黄健安 | The 8th Hong Kong Masters | Wanchai SG   | 2023/10/29 |
| HKMAC RECORD | 11.82 | WONG KIN ON 黄健安 | The 8th Hong Kong Masters | Wanchai SG   | 2023/10/29 |



2025/11/22



Start: 10:55



15°C



62%

### Final 1 /3

| Pos | Heat/ Lane | Name                | 姓名  | Bib#/ Team      | Result | W/S  | Remarks |
|-----|------------|---------------------|-----|-----------------|--------|------|---------|
| 1   | 1-6        | YU YUEN FAI         | 余遠輝 | 500065<br>BAC   | 12.26  | +0.8 |         |
| 2   | 1-4        | KWAN WING LOK       | 關永樂 | 500061<br>BAC   | 13.24  | +0.8 |         |
| 3   | 1-3        | SIU HUBERT          |     | 500530<br>LSCAC | 13.35  | +0.8 |         |
| 4   | 1-7        | WAI YAT CHUNG PETER | 衛逸聰 | 500750<br>SJACS | 13.41  | +0.8 |         |
| 5   | 1-2        | CHEUNG PRINCETON    | 張嘉恆 | 500296<br>DBSAC | 13.79  | +0.8 |         |
| 6   | 1-5        | LAM LOK FU          | 林樂夫 | 500062<br>BAC   | 17.62  | +0.8 |         |

### Final 2 /3

| Pos | Heat/ Lane | Name              | 姓名  | Bib#/ Team       | Result | W/S  | Remarks |
|-----|------------|-------------------|-----|------------------|--------|------|---------|
| 1   | 2-2        | LIU CHI YUNG      | 廖智勇 | 500064<br>BAC    | 11.96  | +1.2 |         |
| 2   | 2-5        | WONG KIN ON       | 黄健安 | 500838<br>WYK    | 12.21  | +1.2 |         |
| 3   | 2-3        | CHAN LAP CHI      | 陳立致 | 500059<br>BAC    | 12.27  | +1.2 |         |
| 4   | 2-4        | NGAI JOSEPH       | 倪以理 | 500308<br>DBSAC  | 14.02  | +1.2 |         |
| 5   | 2-6        | OR YIN SIK        | 柯延適 | 500142<br>CSKOBA | 15.97  | +1.2 |         |
|     | 2-7        | LEE JOHN HO CHUEN | 李浩銓 | 500063<br>BAC    | DNS    |      |         |

DQ=Disqualified 取消比賽資格 DNS=Did not Start 未有出賽 DNF=Did not Finish 未能完成比賽 NM=No Mark 無有效跳/擲成績  
Q=Qualified by Place/Standard 依名次/及格賽標準晉級 q=qualified by Time/Performance 依時間/成績排名晉級 R=Record 新紀錄

主辦機構:



冠名贊助:



協辦機構:



支持媒體:



# Hong Kong Masters Athletics Club

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### Men's M50 - 100m



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22 2025/11/22



Start: 10:55



15°C



62%

### Final 3/3

| Pos | Heat/ Lane | Name                  | 姓名  | Bib#/ Team      | Result | W/S  | Remarks |
|-----|------------|-----------------------|-----|-----------------|--------|------|---------|
| 1   | 3-6        | CHEUNG ALAN           |     | 500519 LSCAC    | 12.29  | +1.0 |         |
| 2   | 3-5        | FUNGFUANG WIRASAK     |     | 500789 THA      | 13.03  | +1.0 |         |
| 3   | 3-2        | NGAN HUNG PUN         | 顏鴻斌 | 500749 SJACS    | 13.58  | +1.0 |         |
|     | 3-3        | IP YIU TONG           | 葉耀堂 | 500060 BAC      | DNS    |      |         |
|     | 3-4        | NG TAI WAI            | 吳大偉 | 500665 PoliceAC | DNS    |      |         |
|     | 3-7        | NG KWOK LEUNG TERENCE | 伍國樑 | 500664 PoliceAC | DNS    |      |         |

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# Hong Kong Masters Athletics Club

## The 10th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



### Men's M50 - 100m



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| WMA RECORD   | 10.88 | WILLIE GAULT    |                           | LOS ANGELES, | 2011/05/07 |
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22 2025/11/22



Start: 10:55



15°C



62%

### Summary

| Pos | Heat/ Lane | Name                | 姓名  | Bib#/ Team      | Result | W/S  | Remarks |
|-----|------------|---------------------|-----|-----------------|--------|------|---------|
| 1   | 2-2        | LIU CHI YUNG        | 廖智勇 | 500064<br>BAC   | 11.96  | +1.2 |         |
| 2   | 2-5        | WONG KIN ON         | 黄健安 | 500838<br>WYK   | 12.21  | +1.2 |         |
| 3   | 1-6        | YU YUEN FAI         | 余遠輝 | 500065<br>BAC   | 12.26  | +0.8 |         |
| 4   | 2-3        | CHAN LAP CHI        | 陳立致 | 500059<br>BAC   | 12.27  | +1.2 |         |
| 5   | 3-6        | CHEUNG ALAN         |     | 500519<br>LSCAC | 12.29  | +1.0 |         |
| 6   | 3-5        | FUNGFUANG WIRASAK   |     | 500789<br>THA   | 13.03  | +1.0 |         |
| 7   | 1-4        | KWAN WING LOK       | 關永樂 | 500061<br>BAC   | 13.24  | +0.8 |         |
| 8   | 1-3        | SIU HUBERT          |     | 500530<br>LSCAC | 13.35  | +0.8 |         |
| 9   | 1-7        | WAI YAT CHUNG PETER | 衛逸聰 | 500750<br>SJACS | 13.41  | +0.8 |         |
| 10  | 3-2        | NGAN HUNG PUN       | 顏鴻斌 | 500749<br>SJACS | 13.58  | +1.0 |         |
| 11  | 1-2        | CHEUNG PRINCETON    | 張嘉恆 | 500296<br>DBSAC | 13.79  | +0.8 |         |
| 12  | 2-4        | NGAI JOSEPH         | 倪以理 | 500308<br>DBSAC | 14.02  | +1.2 |         |
| 13  | 2-6        | OR YIN SIK          | 柯延適 | 500142<br>CSKOB | 15.97  | +1.2 |         |
| 14  | 1-5        | LAM LOK FU          | 林樂夫 | 500062<br>BAC   | 17.62  | +0.8 |         |
|     | 2-7        | LEE JOHN HO CHUEN   | 李浩銓 | 500063<br>BAC   | DNS    |      |         |

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## The 10th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



### Men's M50 - 100m



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|--------------|-------|-----------------|---------------------------|--------------|------------|
| WMA RECORD   | 10.88 | WILLIE GAULT    |                           | LOS ANGELES, | 2011/05/07 |
| Masters ACR  | 11.82 | WONG KIN ON 黃健安 | The 8th Hong Kong Masters | Wanchai SG   | 2023/10/29 |
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2025/11/22



Start: 10:55



15°C



62%

### Summary

| Pos | Heat/ Name<br>Lane    | 姓名  | Bib#/ Team         | Result | W/S | Remarks |
|-----|-----------------------|-----|--------------------|--------|-----|---------|
| 3-3 | IP YIU TONG           | 葉耀堂 | 500060<br>BAC      | DNS    |     |         |
| 3-4 | NG TAI WAI            | 吳大偉 | 500665<br>PoliceAC | DNS    |     |         |
| 3-7 | NG KWOK LEUNG TERENCE | 伍國樑 | 500664<br>PoliceAC | DNS    |     |         |

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# Hong Kong Masters Athletics Club

## The 10th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



### Men's M50 - 200m



| Record       | Perf  | Athlete         | Event                     | Place        | Date       |
|--------------|-------|-----------------|---------------------------|--------------|------------|
| WMA RECORD   | 22.44 | WILLIE GAULT    |                           | LOS ANGELES, | 2011/05/07 |
| Masters ACR  | 23.88 | WONG KIN ON 黃健安 | The 8th Hong Kong Masters | Wanchai SG   | 2023/10/28 |
| HKMAC RECORD | 23.88 | WONG KIN ON 黃健安 | The 8th Hong Kong Masters | Wanchai SG   | 2023/10/28 |



23 2025/11/23



Start: 11:05



21°C



79%

### Final 1 /2

| Pos | Heat/ Lane | Name          | 姓名  | Bib#/ Team    | Result | W/S  | Remarks |
|-----|------------|---------------|-----|---------------|--------|------|---------|
| 1   | 1-3        | LIU CHI YUNG  | 廖智勇 | 500064 BAC    | 24.50  | +1.5 |         |
| 2   | 1-7        | CHAN LAP CHI  | 陳立致 | 500059 BAC    | 24.91  | +1.5 |         |
| 3   | 1-5        | SIU HUBERT    |     | 500530 LSCAC  | 27.50  | +1.5 |         |
| 4   | 1-8        | KWAN WING LOK | 關永樂 | 500061 BAC    | 27.58  | +1.5 |         |
| 5   | 1-6        | LAI WAI YEUNG | 賴維揚 | 500832 WYK    | 28.33  | +1.5 |         |
|     | 1-4        | OR YIN SIK    | 柯延適 | 500142 CSKOBA | DNS    |      |         |

### Final 2 /2

| Pos | Heat/ Lane | Name                  | 姓名  | Bib#/ Team      | Result | W/S  | Remarks |
|-----|------------|-----------------------|-----|-----------------|--------|------|---------|
| 1   | 2-7        | WONG KIN ON           | 黃健安 | 500838 WYK      | 24.79  | -0.1 |         |
| 2   | 2-5        | FUNGFUANG WIRASAK     |     | 500789 THA      | 26.52  | -0.1 |         |
|     | 2-3        | WAI YAT CHUNG PETER   | 衛逸聰 | 500750 SJACS    | DNS    |      |         |
|     | 2-4        | NG KWOK LEUNG TERENCE | 伍國樑 | 500664 PoliceAC | DNS    |      |         |
|     | 2-6        | NGAN HUNG PUN         | 顏鴻斌 | 500749 SJACS    | DNS    |      |         |

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# Hong Kong Masters Athletics Club

## The 10th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



### Men's M50 - 200m



| Record       | Perf  | Athlete         | Event                     | Place        | Date       |
|--------------|-------|-----------------|---------------------------|--------------|------------|
| WMA RECORD   | 22.44 | WILLIE GAULT    |                           | LOS ANGELES, | 2011/05/07 |
| Masters ACR  | 23.88 | WONG KIN ON 黃健安 | The 8th Hong Kong Masters | Wanchai SG   | 2023/10/28 |
| HKMAC RECORD | 23.88 | WONG KIN ON 黃健安 | The 8th Hong Kong Masters | Wanchai SG   | 2023/10/28 |



23 2025/11/23



Start: 11:05



21°C



79%

### Summary

| Pos | Heat/ Name<br>Lane        | 姓名  | Bib#/ Team         | Result | W/S  | Remarks |
|-----|---------------------------|-----|--------------------|--------|------|---------|
| 1   | 1-3 LIU CHI YUNG          | 廖智勇 | 500064<br>BAC      | 24.50  | +1.5 |         |
| 2   | 2-7 WONG KIN ON           | 黃健安 | 500838<br>WYK      | 24.79  | -0.1 |         |
| 3   | 1-7 CHAN LAP CHI          | 陳立致 | 500059<br>BAC      | 24.91  | +1.5 |         |
| 4   | 2-5 FUNGFUANG WIRASAK     |     | 500789<br>THA      | 26.52  | -0.1 |         |
| 5   | 1-5 SIU HUBERT            |     | 500530<br>LSCAC    | 27.50  | +1.5 |         |
| 6   | 1-8 KWAN WING LOK         | 關永樂 | 500061<br>BAC      | 27.58  | +1.5 |         |
| 7   | 1-6 LAI WAI YEUNG         | 賴維揚 | 500832<br>WYK      | 28.33  | +1.5 |         |
|     | 1-4 OR YIN SIK            | 柯延適 | 500142<br>CSKOB    | DNS    |      |         |
|     | 2-3 WAI YAT CHUNG PETER   | 衛逸聰 | 500750<br>SJACS    | DNS    |      |         |
|     | 2-4 NG KWOK LEUNG TERENCE | 伍國樑 | 500664<br>PoliceAC | DNS    |      |         |
|     | 2-6 NGAN HUNG PUN         | 顏鴻斌 | 500749<br>SJACS    | DNS    |      |         |

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支持媒體:



# Hong Kong Masters Athletics Club

## The 10th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



### Men's M50 - 400m



| Record       | Perf  | Athlete               | Event                     | Place        | Date       |
|--------------|-------|-----------------------|---------------------------|--------------|------------|
| WMA RECORD   | 50.51 | JUAN LUIS LOPEZ ANAYA |                           | GRANADA, ESP | 2021/07/16 |
| Masters ACR  | 54.04 | WONG KIN ON 黃健安       | The 8th Hong Kong Masters | Wanchai SG   | 2023/10/29 |
| HKMAC RECORD | 54.04 | WONG KIN ON 黃健安       | The 8th Hong Kong Masters | Wanchai SG   | 2023/10/29 |



22 2025/11/22



Start: 16:15



24°C



40%

### Final 1 <sup>2</sup>/<sub>2</sub>

| Pos | Heat/ Lane | Name                  | 姓名  | Bib#/ Team      | Result  | Remarks |
|-----|------------|-----------------------|-----|-----------------|---------|---------|
| 1   | 1-3        | CHEUNG ALAN           |     | 500519<br>LSCAC | 57.19   |         |
| 2   | 1-5        | WONG KIN ON           | 黃健安 | 500838<br>WYK   | 59.32   |         |
| 3   | 1-6        | WONG KAI TUNG DOMINIC | 黃啟東 | 500837<br>WYK   | 1:00.29 |         |
| 4   | 1-7        | SIU HUBERT            |     | 500530<br>LSCAC | 1:03.72 |         |
| 5   | 1-4        | LAI WAI YEUNG         | 賴維揚 | 500832<br>WYK   | 1:07.66 |         |

### Final 2 <sup>2</sup>/<sub>2</sub>

| Pos | Heat/ Lane | Name                 | 姓名  | Bib#/ Team      | Result  | Remarks |
|-----|------------|----------------------|-----|-----------------|---------|---------|
| 1   | 2-7        | CHAN LAP CHI         | 陳立致 | 500059<br>BAC   | 55.45   |         |
| 2   | 2-4        | FU YIN HO            | 符彥豪 | 500831<br>WYK   | 1:04.01 |         |
| 3   | 2-5        | THANARAJAN VERASALAM |     | 500759<br>SMTFA | 1:05.17 |         |
| 4   | 2-6        | TAM ON TOK ARTHUR    | 談安鐸 | 500836<br>WYK   | 1:18.70 |         |

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# Hong Kong Masters Athletics Club

## The 10th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



### Men's M50 - 400m



| Record       | Perf  | Athlete               | Event                     | Place        | Date       |
|--------------|-------|-----------------------|---------------------------|--------------|------------|
| WMA RECORD   | 50.51 | JUAN LUIS LOPEZ ANAYA |                           | GRANADA, ESP | 2021/07/16 |
| Masters ACR  | 54.04 | WONG KIN ON 黃健安       | The 8th Hong Kong Masters | Wanchai SG   | 2023/10/29 |
| HKMAC RECORD | 54.04 | WONG KIN ON 黃健安       | The 8th Hong Kong Masters | Wanchai SG   | 2023/10/29 |



22 2025/11/22



Start: 16:15



24°C



40%

### Summary

| Pos | Heat/ Lane | Name                  | 姓名  | Bib#/ Team      | Result  | Remarks |
|-----|------------|-----------------------|-----|-----------------|---------|---------|
| 1   | 2-7        | CHAN LAP CHI          | 陳立致 | 500059<br>BAC   | 55.45   |         |
| 2   | 1-3        | CHEUNG ALAN           |     | 500519<br>LSCAC | 57.19   |         |
| 3   | 1-5        | WONG KIN ON           | 黃健安 | 500838<br>WYK   | 59.32   |         |
| 4   | 1-6        | WONG KAI TUNG DOMINIC | 黃啟東 | 500837<br>WYK   | 1:00.29 |         |
| 5   | 1-7        | SIU HUBERT            |     | 500530<br>LSCAC | 1:03.72 |         |
| 6   | 2-4        | FU YIN HO             | 符彥豪 | 500831<br>WYK   | 1:04.01 |         |
| 7   | 2-5        | THANARAJAN VERASALAM  |     | 500759<br>SMTFA | 1:05.17 |         |
| 8   | 1-4        | LAI WAI YEUNG         | 賴維揚 | 500832<br>WYK   | 1:07.66 |         |
| 9   | 2-6        | TAM ON TOK ARTHUR     | 談安鐸 | 500836<br>WYK   | 1:18.70 |         |

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# Hong Kong Masters Athletics Club

## The 10th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



### Men's M50 - 800m



| Record               | Perf                   | Athlete | Event                       | Place           | Date       |
|----------------------|------------------------|---------|-----------------------------|-----------------|------------|
| WMA RECORD 1:58.65   | NOLAN SHAHEED          |         |                             | EAGLE ROCK, USA | 2000/05/13 |
| Masters ACR 2:20.94  | Lam Tsun Fat Peter 林俊發 |         | Hong Kong Masters Athletics | TKO SG          | 2018/10/27 |
| HKMAC RECORD 2:20.94 | Lam Tsun Fat Peter 林俊發 |         | Hong Kong Masters Athletics | TKO SG          | 2018/10/27 |



23 2025/11/23



Start: 16:10



28°C



53%

### Final

| Pos | Heat/ Name<br>Lane        | 姓名  | Bib#/<br>Team      | Result  | Remarks   |
|-----|---------------------------|-----|--------------------|---------|-----------|
| 1   | 1-4 CHAN MAN FOR          | 陳文科 | 500663<br>PoliceAC | 2:17.60 | HKMACR, R |
| 2   | 1-2 SHUTE NATHAN ROBERT   |     | 500013<br>AVOHK    | 2:25.90 |           |
| 3   | 1-1 CHAN DANIEL           | 陳恒  | 500294<br>DBSAC    | 2:28.42 |           |
| 4   | 1-3 THANARAJAN VERASALAM  |     | 500759<br>SMTFA    | 2:40.32 |           |
| 5   | 1-5 WAN CHI WAH           | 尹志華 | 500666<br>PoliceAC | 2:52.93 |           |
| 6   | 1-8 LAM JOSEPH            |     | 500300<br>DBSAC    | 3:02.11 |           |
| 7   | 1-1 LAU SIU WAH HERRICK   | 劉紹華 | 500526<br>LSCAC    | 3:19.09 |           |
| 8   | 1-3 LEE CHAK MAN EDWARD   | 李澤民 | 500833<br>WYK      | 3:44.48 |           |
|     | 1-2 FORDE NICHOLAS JULIAN |     | 500010<br>AVOHK    | DNS     |           |
|     | 1-6 LAI WAI YEUNG         | 賴維揚 | 500832<br>WYK      | DNS     |           |
|     | 1-7 WONG KIN ON           | 黃健安 | 500838<br>WYK      | DNS     |           |
|     | 1-8 YEUNG STEVE           | 楊時飛 | 500313<br>DBSAC    | DNS     |           |

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主辦機構:



冠名贊助:



協辦機構:



支持媒體:



Hong Kong Masters Athletics Club  
The 10th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Men's M50 - 1500m



| Record               | Perf        | Athlete | Event                     | Place         | Date       |
|----------------------|-------------|---------|---------------------------|---------------|------------|
| WMA RECORD 3:58.26   | DAVID HEATH |         |                           | CASTRES, FRA  | 2015/06/21 |
| Masters ACR 4:55.47  | SUE ROBERT  |         | The 9th HONG KONG MASTERS | Tseung Kwan O | 2024/11/23 |
| HKMAC RECORD 4:55.47 | SUE ROBERT  |         | The 9th HONG KONG MASTERS | Tseung Kwan O | 2024/11/23 |



22 2025/11/22



Start: 09:10



15°C



62%

Final

| Pos | Heat/ Lane | Name                       | 姓名  | Bib#/ Team         | Result  | Remarks   |
|-----|------------|----------------------------|-----|--------------------|---------|-----------|
| 1   | 1-11       | CHAN MAN FOR               | 陳文科 | 500663<br>PoliceAC | 4:45.03 | HKMACR, R |
| 2   | 1-10       | HEIJBOER GODEFRIEDUS JELTE |     | 500011<br>AVOHK    | 4:53.15 | HKMACR, R |
| 3   | 1-8        | FORDE NICHOLAS JULIAN      |     | 500010<br>AVOHK    | 4:57.24 |           |
| 4   | 1-2        | RIEHM FRANK                |     | 500012<br>AVOHK    | 5:07.87 |           |
| 5   | 1-14       | CHAN DANIEL                | 陳恒  | 500294<br>DBSAC    | 5:15.27 |           |
| 6   | 1-9        | CHOW CHI KEUNG             | 周自強 | 500574<br>PAC      | 5:16.70 |           |
| 7   | 1-12       | LO MAN KA NORMAN           | 羅文嘉 | 500306<br>DBSAC    | 5:28.39 |           |
| 8   | 1-3        | HUI PETER                  | 許彼得 | 500298<br>DBSAC    | 5:45.98 |           |
| 9   | 1-6        | THANARAJAN VERASALAM       |     | 500759<br>SMTFA    | 5:59.80 |           |
| 10  | 1-4        | LAI HONG MAN ALOYSIUS      |     | 500525<br>LSCAC    | 6:01.50 |           |
| 11  | 1-13       | LAM JOSEPH                 |     | 500300<br>DBSAC    | 6:13.67 |           |
|     | 1-1        | HO RICHARD CHRISTOPHER     |     | 500522<br>LSCAC    | DNS     |           |
|     | 1-5        | LEE JOHN HO CHUEN          | 李浩銓 | 500063<br>BAC      | DNS     |           |
|     | 1-7        | WONG KIN ON                | 黃健安 | 500838<br>WYK      | DNS     |           |
|     | 1-15       | SHUTE NATHAN ROBERT        |     | 500013<br>AVOHK    | DNS     |           |

DQ=Disqualified 取消比賽資格 DNS=Did not Start 未有出賽 DNF=Did not Finish 未能完成比賽 NM=No Mark 無有效跳/擲成績  
Q=Qualified by Place/Standard 依名次/及格賽標準晉級 q=qualified by Time/Performance 依時間/成績排名晉級 R=Record 新紀錄

主辦機構:



冠名贊助:



協辦機構:



支持媒體:



# Hong Kong Masters Athletics Club

## The 10th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



### Men's M50 - 5000m



| Record                | Perf           | Athlete | Event                       | Place        | Date       |
|-----------------------|----------------|---------|-----------------------------|--------------|------------|
| WMA RECORD 14:52.92   | SEAN WADE      |         |                             | HOUSTON, USA | 2016/03/25 |
| Masters ACR 16:52.16  | CAPPER Michael |         | Hong Kong Masters Athletics | Wanchai SG   | 2015/10/03 |
| HKMAC RECORD 16:52.16 | CAPPER Michael |         | Hong Kong Masters Athletics | Wanchai SG   | 2015/10/03 |



23 2025/11/23



Start: 12:15



21 °C



79%

### Final

| Pos | Heat/ Lane | Name                       | 姓名  | Bib#/ Team       | Result   | Remarks                                                                                                        |
|-----|------------|----------------------------|-----|------------------|----------|----------------------------------------------------------------------------------------------------------------|
| 1   | 1-4        | HEIJBOER GODEFRIEDUS JELTE |     | 500011<br>AVOHK  | 17:15.26 |                                                                                                                |
|     |            |                            |     |                  |          | <i>Split: 03:23.48 (3:23.48) 06:43.30 (3:19.82) 10:10.29 (3:26.99) 13:42.01 (3:31.72) 17'15.257" (3:32.99)</i> |
| 2   | 1-10       | FORDE NICHOLAS JULIAN      |     | 500010<br>AVOHK  | 17:16.96 |                                                                                                                |
|     |            |                            |     |                  |          | <i>Split: 03:24.03 (3:24.03) 06:46.83 (3:22.81) 10:13.47 (3:26.63) 13:44.96 (3:31.50) 17'16.957" (3:31.03)</i> |
| 3   | 1-11       | CHOW CHI KEUNG             | 周自強 | 500574<br>PAC    | 19:01.74 |                                                                                                                |
|     |            |                            |     |                  |          | <i>Split: 03:40.75 (3:40.75) 07:27.69 (3:46.94) 11:16.66 (3:48.97) 15:13.51 (3:56.86) 19'01.737" (3:47.48)</i> |
| 4   | 1-18       | ZHU LIANGTAO               | 朱良濤 | 500700<br>SCAA   | 19:07.71 |                                                                                                                |
|     |            |                            |     |                  |          | <i>Split: 03:47.57 (3:47.57) 07:30.42 (3:42.86) 11:18.49 (3:48.06) 15:12.62 (3:54.13) 19'07.705" (3:54.38)</i> |
| 5   | 1-17       | RIEHM FRANK                |     | 500012<br>AVOHK  | 19:09.00 |                                                                                                                |
|     |            |                            |     |                  |          | <i>Split: 03:39.73 (3:39.73) 07:26.66 (3:46.93) 11:18.97 (3:52.31) 15:17.29 (3:58.33) 19'08.999" (3:50.70)</i> |
| 6   | 1-14       | NG WAI KEUNG               | 吳偉強 | 500155<br>DART   | 19:09.57 |                                                                                                                |
|     |            |                            |     |                  |          | <i>Split: 03:38.77 (3:38.77) 07:25.38 (3:46.61) 11:16.02 (3:50.64) 15:20.48 (4:04.47) 19'09.566" (3:48.51)</i> |
| 7   | 1-34       | LEUNG SHAU LUN             | 梁守綸 | 500846<br>SPCCAA | 19:50.68 |                                                                                                                |
|     |            |                            |     |                  |          | <i>Split: 03:53.48 (3:53.48) 07:51.73 (3:58.25) 11:51.26 (3:59.53) 15:51.43 (4:00.18) 19'50.678" (3:58.56)</i> |
| 8   | 1-16       | LO MAN KA NORMAN           | 羅文嘉 | 500306<br>DBSAC  | 19:54.35 |                                                                                                                |
|     |            |                            |     |                  |          | <i>Split: 03:43.96 (3:43.96) 07:35.81 (3:51.86) 11:40.01 (4:04.19) 15:53.55 (4:13.54) 19'54.349" (4:00.45)</i> |
| 9   | 1-5        | CHEUNG PING WONG           | 張炳煌 | 500598<br>PKMSAA | 20:58.72 |                                                                                                                |
|     |            |                            |     |                  |          | <i>Split: 04:16.88 (4:16.88) 08:29.14 (4:12.27) 12:40.63 (4:11.48) 16:52.52 (4:11.90) 20'58.719" (4:05.47)</i> |

DQ=Disqualified 取消比賽資格 DNS=Did not Start 未有出賽 DNF=Did not Finish 未能完成比賽 NM=No Mark 無有效跳/擲成績  
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主辦機構:



冠名贊助:



協辦機構:



支持媒體:



# Hong Kong Masters Athletics Club

## The 10th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



### Men's M50 - 5000m



| Record                | Perf           | Athlete | Event                       | Place        | Date       |
|-----------------------|----------------|---------|-----------------------------|--------------|------------|
| WMA RECORD 14:52.92   | SEAN WADE      |         |                             | HOUSTON, USA | 2016/03/25 |
| Masters ACR 16:52.16  | CAPPER Michael |         | Hong Kong Masters Athletics | Wanchai SG   | 2015/10/03 |
| HKMAC RECORD 16:52.16 | CAPPER Michael |         | Hong Kong Masters Athletics | Wanchai SG   | 2015/10/03 |



23 2025/11/23



Start: 12:15



21 °C



79%

### Final

| Pos                                                                                                            | Heat/ Lane | Name                  | 姓名  | Bib#/ Team         | Result   | Remarks |
|----------------------------------------------------------------------------------------------------------------|------------|-----------------------|-----|--------------------|----------|---------|
| 10                                                                                                             | 1-19       | SZE YING KIT          |     | 500531<br>LSCAC    | 21:22.53 |         |
| <i>Split: 04:06.65 (4:06.65) 08:19.63 (4:12.99) 12:37.59 (4:17.95) 16:59.15 (4:21.57) 21'22.524" (4:22.84)</i> |            |                       |     |                    |          |         |
| 11                                                                                                             | 1-15       | TAM KA CHUN GEORGE    | 譚家俊 | 500699<br>SCAA     | 21:42.76 |         |
| <i>Split: 03:51.33 (3:51.33) 08:06.51 (4:15.19) 12:34.46 (4:27.94) 17:04.57 (4:30.12) 21'42.759" (4:37.42)</i> |            |                       |     |                    |          |         |
| 12                                                                                                             | 1-7        | WAN CHI WAH           | 尹志華 | 500666<br>PoliceAC | 23:00.38 |         |
| <i>Split: 04:08.47 (4:08.47) 08:39.82 (4:31.35) 13:23.49 (4:43.67) 18:14.84 (4:51.36) 23'00.371" (4:45.15)</i> |            |                       |     |                    |          |         |
| 13                                                                                                             | 1-12       | LAI HONG MAN ALOYSIUS |     | 500525<br>LSCAC    | 23:08.09 |         |
| <i>Split: 04:27.15 (4:27.15) 08:57.68 (4:30.53) 13:38.70 (4:41.02) 18:21.77 (4:43.07) 23'08.088" (4:46.23)</i> |            |                       |     |                    |          |         |
| 14                                                                                                             | 1-21       | CHAN LEO LI           | 陳利  | 500517<br>LSCAC    | 23:21.28 |         |
| <i>Split: 04:26.59 (4:26.59) 09:07.07 (4:40.48) 13:55.29 (4:48.22) 18:46.05 (4:50.77) 23'21.278" (4:34.94)</i> |            |                       |     |                    |          |         |
| 15                                                                                                             | 1-1        | LAM JOSEPH            |     | 500300<br>DBSAC    | 23:35.30 |         |
| <i>Split: 04:28.73 (4:28.73) 09:12.27 (4:43.54) 14:01.38 (4:49.11) 18:53.57 (4:52.20) 23'35.291" (4:41.42)</i> |            |                       |     |                    |          |         |
| 16                                                                                                             | 1-6        | FUNG YUT CHIU GILDAS  | 馮佚樵 | 500520<br>LSCAC    | 26:01.16 |         |
| <i>Split: 04:29.56 (4:29.56) 09:20.43 (4:50.88) 14:37.66 (5:17.22) 20:14.60 (5:36.94) 26'01.156" (5:46.40)</i> |            |                       |     |                    |          |         |
| 17                                                                                                             | 1-13       | LEUNG HO YIN          | 梁浩然 | 500528<br>LSCAC    | 26:17.29 |         |
| <i>Split: 04:40.77 (4:40.77) 09:36.61 (4:55.84) 14:57.51 (5:20.90) 20:42.20 (5:44.69) 26'17.285" (5:34.80)</i> |            |                       |     |                    |          |         |
| 18                                                                                                             | 1-20       | KUNG WAI PAN CHARIS   | 孔維濱 | 500299<br>DBSAC    | 27:37.99 |         |
| <i>Split: 04:46.41 (4:46.41) 10:26.12 (5:39.71) 16:11.07 (5:44.95) 21:58.35 (5:47.29) 27'37.988" (5:38.64)</i> |            |                       |     |                    |          |         |

DQ=Disqualified 取消比賽資格 DNS=Did not Start 未有出賽 DNF=Did not Finish 未能完成比賽 NM=No Mark 無有效跳/擲成績  
Q=Qualified by Place/Standard 依名次/及格賽標準晉級 q=qualified by Time/Performance 依時間/成績排名晉級 R=Record 新紀錄

主辦機構:



冠名贊助:



協辦機構:



支持媒體:



# Hong Kong Masters Athletics Club

## The 10th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



### Men's M50 - 5000m



| Record                | Perf           | Athlete | Event                       | Place        | Date       |
|-----------------------|----------------|---------|-----------------------------|--------------|------------|
| WMA RECORD 14:52.92   | SEAN WADE      |         |                             | HOUSTON, USA | 2016/03/25 |
| Masters ACR 16:52.16  | CAPPER Michael |         | Hong Kong Masters Athletics | Wanchai SG   | 2015/10/03 |
| HKMAC RECORD 16:52.16 | CAPPER Michael |         | Hong Kong Masters Athletics | Wanchai SG   | 2015/10/03 |



23 2025/11/23



Start: 12:15



21°C



79%

### Final

| Pos | Heat/ Name<br>Lane     | 姓名  | Bib#/<br>Team   | Result | Remarks |
|-----|------------------------|-----|-----------------|--------|---------|
| 1-2 | LEE PUI HANG JULIAN    | 李沛鏗 | 500527<br>LSCAC | DNS    |         |
| 1-3 | HUI PETER              | 許彼得 | 500298<br>DBSAC | DNS    |         |
| 1-8 | LEUNG KWAN HANG IVAN   | 梁君恒 | 500304<br>DBSAC | DNS    |         |
| 1-9 | HO RICHARD CHRISTOPHER |     | 500522<br>LSCAC | DNS    |         |

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Q=Qualified by Place/Standard 依名次/及格賽標準晉級 q=qualified by Time/Performance 依時間/成績排名晉級 R=Record 新紀錄

主辦機構:



冠名贊助:



協辦機構:



支持媒體:



# Hong Kong Masters Athletics Club

## The 10th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



### Men's M50 - 5000mRW

| Record                | Perf                   | Athlete                   | Event                     | Place | Date |
|-----------------------|------------------------|---------------------------|---------------------------|-------|------|
| Masters ACR 25:41.61  | VIACHESLAV DEGTIARENKO | The 9th HONG KONG MASTERS | Tseung Kwan O 2024/11/23  |       |      |
| HKMAC RECORD 29:35.92 | GREGOIRE PETER JOHN    | The 8th HONG KONG MASTERS | Wanchai Sports 2023/10/27 |       |      |

 2025/11/22
  Start: 13:10
  24°C
  40%

### Final

| Pos | Heat/ Name<br>Lane                                                                                             | 姓名  | Bib#/ Team   | Result   | Remarks |
|-----|----------------------------------------------------------------------------------------------------------------|-----|--------------|----------|---------|
| 1   | 1-25 LAU WAI KIN KELVIN                                                                                        | 劉偉健 | 500302 DBSAC | 28:35.51 | R       |
|     | <i>Split: 05:35.82 (5:35.82) 11:18.26 (5:42.44) 17:00.17 (5:41.91) 22:45.83 (5:45.67) 28'35.501" (5:49.16)</i> |     |              |          |         |
| 2   | 1-29 LEE SHI WANG                                                                                              | 李仕宏 | 500303 DBSAC | 35:57.85 |         |
|     | <i>Split: 06:44.10 (6:44.10) 13:54.65 (7:10.55) 21:10.79 (7:16.14) 28:39.00 (7:28.21) 35'57.846" (7:18.00)</i> |     |              |          |         |
| 3   | 1-28 SHIU TAK CHI BYRON                                                                                        | 邵得志 | 500310 DBSAC | 41:52.93 |         |
|     | <i>Split: 08:23.49 (8:23.49) 16:56.76 (8:33.27) 25:06.20 (8:09.44) 33:32.21 (8:26.01) 41'52.923" (8:19.79)</i> |     |              |          |         |
|     | 1-26 MOK KWAN TING MARTIN                                                                                      | 莫昆庭 | 500307 DBSAC | DQ       |         |
|     | 1-27 HO CHUN WAI                                                                                               | 何俊威 | 500521 LSCAC | DNS      |         |

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Hong Kong Masters Athletics Club  
The 10th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Men's M50 - 100mH



| Record       | Perf  | Athlete       | Event                     | Place           | Date       |
|--------------|-------|---------------|---------------------------|-----------------|------------|
| WMA RECORD   | 13.57 | WALTER BUTLER |                           | NAPERVILLE, USA | 991/07/05  |
| Masters ACR  | 15.13 | CHEUNG ALAN   | The 9th HONG KONG MASTERS | Tseung Kwan O   | 2024/11/23 |
| HKMAC RECORD | 15.13 | CHEUNG ALAN   | The 9th HONG KONG MASTERS | Tseung Kwan O   | 2024/11/23 |



2025/11/22



Start: 14:15



24°C



40%

Final

| Pos | Heat/ Name<br>Lane        | 姓名  | Bib#/ Team         | Result | W/S  | Remarks   |
|-----|---------------------------|-----|--------------------|--------|------|-----------|
| 1   | 1-3 CHEUNG ALAN           |     | 500519<br>LSCAC    | 14.53  | +0.2 | HKMACR, R |
| 2   | 1-6 YU YUEN FAI           | 余遠輝 | 500065<br>BAC      | 14.86  | +0.2 | HKMACR, R |
| 3   | 1-7 WONG KAI TUNG DOMINIC | 黃啟東 | 500837<br>WYK      | 17.52  | +0.2 |           |
| 4   | 1-4 LEUNG KA HONG         | 梁家康 | 500154<br>DART     | 20.26  | +0.2 |           |
|     | 1-2 TONG ALBERT           | 唐建衡 | 500532<br>LSCAC    | DNS    |      |           |
|     | 1-5 NG TAI WAI            | 吳大偉 | 500665<br>PoliceAC | DNS    |      |           |

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Q=Qualified by Place/Standard 依名次/及格賽標準晉級 q=qualified by Time/Performance 依時間/成績排名晉級 R=Record 新紀錄

主辦機構:



冠名贊助:



協辦機構:



支持媒體:



# Hong Kong Masters Athletics Club

## The 10th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



### Men's M50 - 400mH



| Record               | Perf               | Athlete | Event                     | Place          | Date       |
|----------------------|--------------------|---------|---------------------------|----------------|------------|
| WMA RECORD 56.35     | MATTHIAS SUNNEBORN |         |                           | SOLLENTUNA, SW | 2021/06/13 |
| Masters ACR 1:04.83  | CHEUNG ALAN        |         | The 9th HONG KONG MASTERS | Tseung Kwan O  | 2024/11/23 |
| HKMAC RECORD 1:04.83 | CHEUNG ALAN        |         | The 9th HONG KONG MASTERS | Tseung Kwan O  | 2024/11/23 |



2025/11/23



Start: 14:55



27°C



49%

### Final

| Pos | Heat/ Name<br>Lane        | 姓名  | Bib#/ Team      | Result  | Remarks   |
|-----|---------------------------|-----|-----------------|---------|-----------|
| 1   | 1-1 CHEUNG ALAN           |     | 500519<br>LSCAC | 1:03.15 | HKMACR, R |
| 2   | 1-8 WONG KAI TUNG DOMINIC | 黃啟東 | 500837<br>WYK   | 1:06.64 |           |
| 3   | 1-4 LEUNG KA HONG         | 梁家康 | 500154<br>DART  | 1:25.66 |           |
|     | 1-2 WONG KIN ON           | 黃健安 | 500838<br>WYK   | DNS     |           |
|     | 1-3 SIU HUBERT            |     | 500530<br>LSCAC | DNS     |           |
|     | 1-5 LEE SHI WANG          | 李仕宏 | 500303<br>DBSAC | DNS     |           |
|     | 1-6 NGAI JOSEPH           | 倪以理 | 500308<br>DBSAC | DNS     |           |
|     | 1-7 YU YUEN FAI           | 余遠輝 | 500065<br>BAC   | DNS     |           |

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主辦機構:



冠名贊助:



協辦機構:



支持媒體:



# Hong Kong Masters Athletics Club

## The 10th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



### Men's M50 - 3000mSC



| Record                | Perf               | Athlete                   | Event         | Place      | Date |
|-----------------------|--------------------|---------------------------|---------------|------------|------|
| Masters ACR 13:41.14  | ZARGAR AMINI BABAK | The 9th HONG KONG MASTERS | Tseung Kwan O | 2024/11/23 |      |
| HKMAC RECORD 13:50.73 | YIP KA LUN 葉家麟     | The 9th HONG KONG MASTERS | Tseung Kwan O | 2024/11/23 |      |

 2025/11/23

 Start: 09:25

 21 °C

 79%

### Final

| Pos | Heat/ Name<br>Lane                                                       | 姓名  | Bib#/ Team       | Result   | Remarks |
|-----|--------------------------------------------------------------------------|-----|------------------|----------|---------|
| 1   | 1-28 CHU WING LEONG                                                      | 朱永亮 | 500566<br>Move   | 15:42.95 |         |
|     | <i>Split: 04:59.89 (4:59.89) 10:22.58 (5:22.70) 15'42.948" (5:19.41)</i> |     |                  |          |         |
| 2   | 1-27 LAM JOSEPH                                                          |     | 500300<br>DBSAC  | 15:45.60 |         |
|     | <i>Split: 05:06.49 (5:06.49) 10:29.89 (5:23.41) 15'45.595" (5:15.10)</i> |     |                  |          |         |
| 3   | 1-26 SZE WAI HUNG                                                        | 施偉雄 | 500599<br>PKMSAA | 17:25.10 |         |
|     | <i>Split: 04:55.12 (4:55.12) 11:10.72 (6:15.60) 17'25.094" (6:14.28)</i> |     |                  |          |         |

DQ=Disqualified 取消比賽資格 DNS=Did not Start 未有出賽 DNF=Did not Finish 未能完成比賽 NM=No Mark 無有效跳/擲成績  
Q=Qualified by Place/Standard 依名次/及格賽標準晉級 q=qualified by Time/Performance 依時間/成績排名晉級 R=Record 新紀錄

# Hong Kong Masters Athletics Club

## The 10th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



### Men's M50 - Long Jump



| Record       | Perf | Athlete                  | Event | Place       | Date       |
|--------------|------|--------------------------|-------|-------------|------------|
| WMA RECORD   | 6.84 | TAPANI TAAVITSAINEN      |       | GENEVE, SWI | 1994/06/18 |
| Masters ACR  | 5.92 | TAM CHUNG YING ERNIE 譚仲英 |       |             | 2022/11/27 |
| HKMAC RECORD | 5.92 | TAM CHUNG YING ERNIE 譚仲英 |       |             | 2022/11/27 |



2025/11/23



Start: 15:50



28°C



53%

### Final

| Pos | Heat/Order | Name                         | Bib#/Team       | Result | Remarks | 1            | 2            | 3            |
|-----|------------|------------------------------|-----------------|--------|---------|--------------|--------------|--------------|
| 1   | 1-2        | LIU CHI YUNG<br>廖智勇          | 500064<br>BAC   | 5.68m. |         | 5.47<br>+1.5 | 5.68<br>+1.1 | 5.55<br>+1.3 |
| 2   | 1-9        | IP YIU TONG<br>葉耀堂           | 500060<br>BAC   | 5.43m. |         | 5.18<br>+1.6 | 5.16<br>+1.9 | 5.43<br>+1.3 |
| 3   | 1-8        | KUANG TIEK DANG ADAM<br>上官哲談 | 500404<br>DGD   | 5.19m. |         | 4.95<br>+1.2 | 5.19<br>+1.8 | 4.85<br>+1.2 |
| 4   | 1-10       | CHU WING LEONG<br>朱永亮        | 500566<br>Move  | 4.41m. |         | 4.30<br>+1.4 | 4.40<br>+1.3 | 4.41<br>+1.0 |
| 5   | 1-3        | CHAN ON LAP FELIX<br>陳安立     | 500518<br>LSCAC | 2.95m. |         | 2.67<br>+1.7 | x            | 2.95<br>+0.9 |
|     | 1-1        | LEE SHI WANG<br>李仕宏          | 500303<br>DBSAC | DNS    |         |              |              |              |
|     | 1-4        | ROBERTO WONG<br>王偉國          | 500309<br>DBSAC | DNS    |         |              |              |              |
|     | 1-5        | WONG WAI KUEN ANTHONY<br>王偉權 | 500312<br>DBSAC | DNS    |         |              |              |              |
|     | 1-6        | SIU HUBERT                   | 500530<br>LSCAC | DNS    |         |              |              |              |
|     | 1-7        | KWOK SIU KAY KEVIN<br>郭兆基    | 500524<br>LSCAC | DNS    |         |              |              |              |

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主辦機構:



冠名贊助:



協辦機構:



支持媒體:



# Hong Kong Masters Athletics Club

## The 10th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



### Men's M50 - Triple Jump

| Record     | Perf  | Athlete        | Event | Place       | Date       |
|------------|-------|----------------|-------|-------------|------------|
| WMA RECORD | 14.44 | WOLFGANG KNABE |       | LuBECK, GER | 2009/07/18 |



2025/11/22



Start: 15:35



24 °C



40%

### Final

| Pos | Heat/ Name<br>Order              | Bib#/ Team      | Result | Remarks | 1            | 2            | 3            |
|-----|----------------------------------|-----------------|--------|---------|--------------|--------------|--------------|
| 1   | 1-1 KUANG TIEK DANG ADAM<br>上官哲談 | 500404<br>DGD   | 9.91m. |         | X            | 9.91<br>+1.0 | 9.89<br>-0.3 |
| 2   | 1-2 IP YIU TONG<br>葉耀堂           | 500060<br>BAC   | 9.91m. |         | 9.70<br>+0.7 | X            | 9.91<br>-0.2 |
| 3   | 1-8 ROBERTO WONG<br>王偉國          | 500309<br>DBSAC | 9.11m. |         | 9.11<br>+1.3 | -            | X            |
| 4   | 1-6 TANG SAI KONG SIMON<br>鄧世剛   | 500311<br>DBSAC | 7.57m. |         | 7.52<br>-0.2 | 7.57<br>-1.2 | 7.26<br>0.0  |
| 5   | 1-7 CHEUNG PRINCETON<br>張嘉恆      | 500296<br>DBSAC | 7.45m. |         | 7.45<br>+0.4 | 7.19<br>-1.1 | r            |
| 6   | 1-9 CHAU WAI HUNG ANTONIO<br>周偉雄 | 500295<br>DBSAC | 7.31m. |         | 6.77<br>+1.0 | 7.31<br>+0.9 | 6.49<br>-0.7 |
| 7   | 1-3 LEE SHI WANG<br>李仕宏          | 500303<br>DBSAC | 7.07m. |         | 7.07<br>-1.3 | 6.89<br>-0.2 | 7.03<br>-1.0 |
| 8   | 1-4 LAM JOSEPH                   | 500300<br>DBSAC | 5.10m. |         | X            | X            | 5.10<br>-0.2 |
|     | 1-5 NGAI JOSEPH<br>倪以理           | 500308<br>DBSAC | DNS    |         |              |              |              |

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# Hong Kong Masters Athletics Club

## The 10th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



### Men's M50 - Shot Put



| Record       | Perf  | Athlete                 | Event                       | Place          | Date       |
|--------------|-------|-------------------------|-----------------------------|----------------|------------|
| WMA RECORD   | 18.63 | STUART GYNGELL          |                             | WOLLONGONG, AU | 2014/01/25 |
| Masters ACR  | 11.29 | Kwok Tak Jim, Wicky 郭德露 | Hong Kong Masters Athletics | TKO SG         | 2018/10/27 |
| HKMAC RECORD | 11.29 | Kwok Tak Jim, Wicky 郭德露 | Hong Kong Masters Athletics | TKO SG         | 2018/10/27 |



2025/11/23



Start: 09:30



21°C



79%

### Final

| Pos | Heat/Order | Name                         | Bib#/Team       | Result  | Remarks | 1    | 2     | 3     |
|-----|------------|------------------------------|-----------------|---------|---------|------|-------|-------|
| 1   | 1-16       | KWOK NINE WAH<br>郭念華         | 500523<br>LSCAC | 10.29m. |         | 9.62 | 10.29 | 10.10 |
| 2   | 1-11       | ROBERTO WONG<br>王偉國          | 500309<br>DBSAC | 9.75m.  |         | 9.43 | 9.27  | 9.75  |
| 3   | 1-7        | FONG RYAN<br>方仁宏             | 500297<br>DBSAC | 7.74m.  |         | 7.00 | 5.75  | 7.74  |
| 4   | 1-5        | COLLTON TOM                  | 500009<br>AVOHK | 7.63m.  |         | 7.14 | 7.39  | 7.63  |
| 5   | 1-14       | WONG WAI KUEN ANTHONY<br>王偉權 | 500312<br>DBSAC | 7.60m.  |         | 7.21 | 7.37  | 7.60  |
| 6   | 1-17       | YEUNG HO YIN<br>楊浩賢          | 500156<br>DART  | 7.15m.  |         | 6.24 | 7.11  | 7.15  |
| 7   | 1-10       | YUEN HSI CARL<br>源曦          | 500314<br>DBSAC | 6.99m.  |         | 6.92 | 6.99  | 6.83  |
| 8   | 1-1        | AU ARTHUR<br>區天旂             | 500293<br>DBSAC | 6.54m.  |         | 6.54 | 6.39  | 6.47  |
| 9   | 1-4        | CHAN ON LAP FELIX<br>陳安立     | 500518<br>LSCAC | 6.14m.  |         | 6.14 | 5.89  | 5.84  |
| 10  | 1-2        | CHEUNG KAI PONG<br>張啟邦       | 500153<br>DART  | 5.75m.  |         | 5.75 | 5.28  | 5.11  |
| 11  | 1-3        | LEUNG CHUN SING<br>梁振聲       | 500834<br>WYK   | 5.71m.  |         | 5.71 | 4.05  | 5.35  |
| 12  | 1-13       | LIE LEONARD                  | 500529<br>LSCAC | 5.62m.  |         | 5.62 | 5.06  | 5.62  |
| 13  | 1-9        | LEUNG WING HONG ALVIN<br>梁永康 | 500305<br>DBSAC | 5.46m.  |         | 5.14 | x     | 5.46  |
|     | 1-15       | TANG SAI KONG SIMON<br>鄧世剛   | 500311<br>DBSAC | NM      |         | DNS  | DNS   | DNS   |
|     | 1-6        | SHIU TAK CHI BYRON<br>邵得志    | 500310<br>DBSAC | DNS     |         |      |       |       |

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主辦機構:



冠名贊助:



協辦機構:



支持媒體:



# Hong Kong Masters Athletics Club

## The 10th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



### Men's M50 - Shot Put



| Record       | Perf  | Athlete                 | Event                       | Place          | Date       |
|--------------|-------|-------------------------|-----------------------------|----------------|------------|
| WMA RECORD   | 18.63 | STUART GYNGELL          |                             | WOLLONGONG, AU | 2014/01/25 |
| Masters ACR  | 11.29 | Kwok Tak Jim, Wicky 郭德露 | Hong Kong Masters Athletics | TKO SG         | 2018/10/27 |
| HKMAC RECORD | 11.29 | Kwok Tak Jim, Wicky 郭德露 | Hong Kong Masters Athletics | TKO SG         | 2018/10/27 |



2025/11/23



Start: 09:30



21°C



79%

### Final

| Pos  | Heat/ Name<br>Order      | Bib#/ Team      | Result | Remarks | 1 | 2 | 3 |
|------|--------------------------|-----------------|--------|---------|---|---|---|
| 1-8  | CHEUNG PRINCETON<br>張嘉恆  | 500296<br>DBSAC | DNS    |         |   |   |   |
| 1-12 | LEE JOHN HO CHUEN<br>李浩銓 | 500063<br>BAC   | DNS    |         |   |   |   |



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主辦機構:



冠名贊助:



協辦機構:



支持媒體:



# Hong Kong Masters Athletics Club

## The 10th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



### Men's M50 - Discus Throw



| Record       | Perf  | Athlete            | Event                     | Place        | Date       |
|--------------|-------|--------------------|---------------------------|--------------|------------|
| WMA RECORD   | 68.40 | KLAUS WEIFFENBACH  |                           | MEDELBY, GER | 1997/05/10 |
| Masters ACR  | 33.19 | TSANG KWUN KAU 曾冠球 |                           |              | 2022/12/04 |
| HKMAC RECORD | 33.03 | TSANG KWUN KAU 曾冠球 | The 8th Hong Kong Masters | Wanchai SG   | 2023/10/29 |



2025/11/22



Start: 08:30



15°C



62%

### Final

| Pos | Heat/Order | Name                         | Bib#/Team       | Result  | Remarks | 1     | 2     | 3     |
|-----|------------|------------------------------|-----------------|---------|---------|-------|-------|-------|
| 1   | 1-5        | WONG YU HIN IAN<br>黃宇軒       | 500533<br>LSCAC | 29.93m. |         | 28.70 | 29.93 | x     |
| 2   | 1-10       | ROBERTO WONG<br>王偉國          | 500309<br>DBSAC | 28.11m. |         | 27.17 | 27.65 | 28.11 |
| 3   | 1-7        | COLLTON TOM                  | 500009<br>AVOHK | 26.03m. |         | 25.14 | 25.19 | 26.03 |
| 4   | 1-11       | KWOK NINE WAH<br>郭念華         | 500523<br>LSCAC | 23.84m. |         | 23.84 | x     | 23.44 |
| 5   | 1-9        | IP YIU TONG<br>葉耀堂           | 500060<br>BAC   | 23.76m. |         | 22.17 | 23.76 | 21.94 |
| 6   | 1-2        | CHAU WAI HUNG ANTONIO<br>周偉雄 | 500295<br>DBSAC | 22.64m. |         | 18.99 | 22.64 | x     |
| 7   | 1-8        | KUNG KIN CHUG DANIEL<br>龔建忠  | 500748<br>SJACS | 21.22m. |         | 20.07 | 21.22 | 17.51 |
| 8   | 1-12       | AU ARTHUR<br>區天旂             | 500293<br>DBSAC | 20.43m. |         | 18.83 | 20.43 | x     |
| 9   | 1-6        | YEUNG MAN YUNG DAVID<br>楊文勇  | 500534<br>LSCAC | 19.14m. |         | 19.14 | x     | 19.06 |
| 10  | 1-1        | YEUNG HO YIN<br>楊浩賢          | 500156<br>DART  | 18.46m. |         | x     | x     | 18.46 |
| 11  | 1-4        | WONG WAI KUEN ANTHONY<br>王偉權 | 500312<br>DBSAC | 15.71m. |         | 13.68 | x     | 15.71 |
| 12  | 1-3        | LIE LEONARD                  | 500529<br>LSCAC | 13.49m. |         | x     | x     | 13.49 |

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主辦機構:



冠名贊助:



協辦機構:



支持媒體:



# Hong Kong Masters Athletics Club

## The 10th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



### Men's M50 - Javelin Throw



| Record       | Perf  | Athlete         | Event                       | Place         | Date       |
|--------------|-------|-----------------|-----------------------------|---------------|------------|
| WMA RECORD   | 76.16 | ROALD BRADSTOCK |                             | CLERMONT, USA | 2012/06/02 |
| Masters ACR  | 44.84 | Ellison Steve   | Hong Kong Masters Athletics | TKO SG        | 2018/10/27 |
| HKMAC RECORD | 44.84 | Ellison Steve   | Hong Kong Masters Athletics | TKO SG        | 2018/10/27 |



23 2025/11/23



Start: 08:30



21°C



79%

### Final

| Pos | Heat/Order | Name                         | Bib#/Team        | Result  | Remarks | 1     | 2     | 3     |
|-----|------------|------------------------------|------------------|---------|---------|-------|-------|-------|
| 1   | 1-8        | ROBERTO WONG<br>王偉國          | 500309<br>DBSAC  | 33.64m. |         | 29.71 | 33.64 | 32.76 |
| 2   | 1-11       | KWOK NINE WAH<br>郭念華         | 500523<br>LSCAC  | 31.39m. |         | 28.27 | 31.39 | 28.80 |
| 3   | 1-1        | KUANG TIEK DANG ADAM<br>上官哲談 | 500404<br>DGD    | 29.96m. |         | 29.96 | 27.20 | 29.21 |
| 4   | 1-6        | YEUNG MAN YUNG DAVID<br>楊文勇  | 500534<br>LSCAC  | 27.88m. |         | 23.42 | 24.72 | 27.88 |
| 5   | 1-5        | CHAU WAI HUNG ANTONIO<br>周偉雄 | 500295<br>DBSAC  | 26.26m. |         | 26.01 | 26.26 | 26.22 |
| 6   | 1-9        | LEE SHI WANG<br>李仕宏          | 500303<br>DBSAC  | 25.49m. |         | 25.07 | 21.79 | 25.49 |
| 7   | 1-7        | OR YIN SIK<br>柯延適            | 500142<br>CSKOBA | 24.58m. |         | 22.76 | 23.72 | 24.58 |
| 8   | 1-3        | COLLTON TOM<br>AVOHK         | 500009<br>AVOHK  | 22.36m. |         | x     | 20.35 | 22.36 |
| 9   | 1-4        | YEUNG HO YIN<br>楊浩賢          | 500156<br>DART   | 21.26m. |         | x     | 21.26 | x     |
| 10  | 1-2        | AU ARTHUR<br>區天旂             | 500293<br>DBSAC  | 16.60m. |         | x     | 13.76 | 16.60 |
| 11  | 1-10       | LIE LEONARD<br>LSCAC         | 500529<br>LSCAC  | 13.33m. |         | x     | 13.33 | x     |

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主辦機構:



冠名贊助:



協辦機構:



支持媒體:



# Hong Kong Masters Athletics Club

## The 10th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



### Men's M50 - 4X100m



| Record       | Perf  | Athlete                       | Event                     | Place         | Date       |
|--------------|-------|-------------------------------|---------------------------|---------------|------------|
| WMA RECORD   | 44.47 | FREY, JAMES, FULTON, BARNWELL |                           | PHILADELPHIA, | 2009/04/24 |
| Masters ACR  | 48.17 | SCAA M50 4X100M (A)           | The 6th Hong Kong Masters | TKO SG        | 2021/09/11 |
| HKMAC RECORD | 48.17 | SCAA M50 4X100M (A)           | The 6th Hong Kong Masters | TKO SG        | 2021/09/11 |



2025/11/22



Start: 17:35



24°C



40%

### Final

| Pos | Heat/<br>Lane | Name                                            | 姓名 | Bib#/<br>Team | Result | Remarks |
|-----|---------------|-------------------------------------------------|----|---------------|--------|---------|
| 1   | 1-4           | 赤道體育會<br>陳立致, 余遠輝, 關永樂, 廖智勇                     |    | BAC           | 48.97  |         |
| 2   | 1-8           | 九龍華仁書<br>賴維揚, 馬敬將, 黃啟東, 黃健安                     |    | WYK           | 50.72  |         |
| 3   | 1-7           | 喇沙書院田徑會<br>唐建衡, 余致力, SIU HUBERT,<br>CHEUNG ALAN |    | LSCAC         | 51.93  |         |
| 4   | 1-5           | 聖若瑟舊生田徑會<br>黃昌泰, 衛逸聰, 何志遠, 顏鴻斌                  |    | SJACS         | 52.34  |         |
| 5   | 1-6           | 上海田徑大師隊<br>上官哲談, 卜庆益, 張新安, 李絕奇                  |    | DGD           | 54.21  |         |
| 6   | 1-3           | 拔萃男書院田徑會<br>關文輝, 張嘉恆, 楊時飛, 倪以理                  |    | DBSAC         | 55.79  |         |
|     | 1-2           | 香港元老田徑                                          |    | AVOHK         | DNS    |         |

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主辦機構:



冠名贊助:



協辦機構:



支持媒體:



# Hong Kong Masters Athletics Club

## The 10th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



### Men's M50 - 4X400m



| Record               | Perf | Athlete                        | Event                     | Place          | Date       |
|----------------------|------|--------------------------------|---------------------------|----------------|------------|
| WMA RECORD 3:31.76   |      | SULLIVAN, MOODY, GATLING, BLAC |                           | SACRAMENTO, US | 2011/07/17 |
| Masters ACR 4:00.15  |      | 九龍華仁書院舊生會                      | The 9th HONG KONG MASTERS | Tseung Kwan O  | 2024/11/23 |
| HKMAC RECORD 4:00.15 |      | 九龍華仁書院舊生會                      | The 9th HONG KONG MASTERS | Tseung Kwan O  | 2024/11/23 |



2025/11/23



Start: 17:55



25°C



61%

### Final

| Pos | Heat/<br>Lane | Name                                            | 姓名 | Bib#/<br>Team | Result  | Remarks   |
|-----|---------------|-------------------------------------------------|----|---------------|---------|-----------|
| 1   | 1-4           | 赤道體育會<br>關永樂, 余遠輝, 廖智勇, 陳立致                     |    | BAC           | 3:57.42 | HKMACR, R |
| 2   | 1-3           | 九龍華仁書<br>朱偉德, 符彥豪, 馬敬將, 黃啟東                     |    | WYK           | 4:06.06 |           |
| 3   | 1-7           | 喇沙書院田徑會<br>李明瀚, 劉紹華, SIU HUBERT,<br>CHEUNG ALAN |    | LSCAC         | 4:20.70 |           |
| 4   | 1-5           | 拔萃男書院田徑會<br>羅文嘉, 楊時飛, 陳恒, 倪以理                   |    | DBSAC         | 4:32.72 |           |
|     | 1-8           | 南區康樂體育促進會有限公司暨南區長<br>郭沛然, 鍾達志, 鮑曉峰, 曾憲能         |    | SDH           | DQ      | TR24.15#  |
|     | 1-2           | 香港元老田徑                                          |    | AVOHK         | DNS     |           |
|     | 1-6           | 聖若瑟舊生田徑會                                        |    | SJACS         | DNS     |           |

Note: #TR24.15 Leaving the assigned lane before the breakline

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冠名贊助:



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