

Hong Kong Masters Athletics Club

The 10th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Women's W70 - 100m



Record	Perf	Athlete	Event	Place	Date
WMA RECORD	14.73	INGRID MEIER		ZITTAU, GER	2017/06/30
Masters ACR	18.84	MA SEK WAI YEE STELLA	The 8th Hong Kong Masters	Wanchai SG	2023/10/29
HKMAC RECORD	18.84	MA SEK WAI YEE STELLA	The 8th Hong Kong Masters	Wanchai SG	2023/10/29



2025/11/22



Start: 09:50



15°C



62%

Final

Pos	Heat/ Name Lane	姓名	Bib#/ Team	Result	W/S	Remarks
1	1-2 MA SEK WAI YEE STELLA	馬石慧儀	700924 BAC	19.27	+2.0	
2	1-4 CHOI KAM HAR	蔡錦霞	701070 HKRWA	20.95	+2.0	
3	1-3 NG SUI HEUNG	吳瑞香	700925 BAC	22.46	+2.0	
4	1-7 FU CHONG NGAN YIM	傅莊顏艷	700922 BAC	22.81	+2.0	
5	1-5 KAN WAI MI	簡惠媚	700923 BAC	39.70	+2.0	
	1-6 TOU MEI LEN	杜美玲	700926 BAC	DNS		

DQ=Disqualified 取消比賽資格 DNS=Did not Start 未有出賽 DNF=Did not Finish 未能完成比賽 NM=No Mark 無有效跳/擲成績
Q=Qualified by Place/Standard 依名次/及格賽標準晉級 q=qualified by Time/Performance 依時間/成績排名晉級 R=Record 新紀錄

主辦機構:



冠名贊助:



協辦機構:



支持媒體:



Hong Kong Masters Athletics Club

The 10th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Women's W70 - 200m



Record	Perf	Athlete	Event	Place	Date
WMA RECORD	31.30	INGRID MEIER		ZITTAU, GER	2017/07/02
Masters ACR	39.29	MA SEK WAI YEE STELLA	The 8th Hong Kong Masters	Wanchai SG	2023/10/28
HKMAC RECORD	39.29	MA SEK WAI YEE STELLA	The 8th Hong Kong Masters	Wanchai SG	2023/10/28



2025/11/23



Start: 09:55



21°C



79%

Final

Pos	Heat/ Name Lane	姓名	Bib#/ Team	Result	W/S	Remarks
1	1-8 MA SEK WAI YEE STELLA	馬石慧儀	700924 BAC	43.17	-1.7	
2	1-5 CHOI KAM HAR	蔡錦霞	701070 HKRWA	47.90	-1.7	
3	1-3 FU CHONG NGAN YIM	傅莊顏艷	700922 BAC	50.28	-1.7	
4	1-7 NG SUI HEUNG	吳瑞香	700925 BAC	50.53	-1.7	
	1-4 KAN WAI MI	簡惠媚	700923 BAC	DNS		
	1-6 TOU MEI LEN	杜美玲	700926 BAC	DNS		

DQ=Disqualified 取消比賽資格 DNS=Did not Start 未有出賽 DNF=Did not Finish 未能完成比賽 NM=No Mark 無有效跳/擲成績
Q=Qualified by Place/Standard 依名次/及格賽標準晉級 q=qualified by Time/Performance 依時間/成績排名晉級 R=Record 新紀錄

主辦機構:



冠名贊助:



協辦機構:



支持媒體:



Hong Kong Masters Athletics Club

The 10th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Women's W70 - 400m



Record	Perf	Athlete	Event	Place	Date
WMA RECORD 1:11.78		BARBARA BLURTON		PERTH, AUS	2020/12/10
Masters ACR 1:37.38		MA SEK WAI YEE STELLA	The 8th Hong Kong Masters	Wanchai SG	2023/10/29
HKMAC RECORD 1:40.81		MA SEK WAI YEE, STELLA	The 6th Hong Kong Masters	TKO SG	2021/09/12



22 2025/11/22



Start: 15:10



24°C



40%

Final

Pos	Heat/ Name Lane	姓名	Bib#/ Team	Result	Remarks
1	1-4 MA SEK WAI YEE STELLA	馬石慧儀	700924 BAC	1:43.29	

DQ=Disqualified 取消比賽資格 DNS=Did not Start 未有出賽 DNF=Did not Finish 未能完成比賽 NM=No Mark 無有效跳/擲成績
Q=Qualified by Place/Standard 依名次/及格賽標準晉級 q=qualified by Time/Performance 依時間/成績排名晉級 R=Record 新紀錄

主辦機構:



冠名贊助:



協辦機構:



支持媒體:



Hong Kong Masters Athletics Club
The 10th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Women's W70 - 5000mRW



2025/11/22



Start: 11:30



24°C



40%

Final

Pos	Heat/ Name Lane	姓名	Bib#/ Team	Result	Remarks
1	1-38 CHENG IP MING	鄭葉明	701069 HKRWA	34:47.03	<i>Split: 06:50.90 (6:50.90) 13:49.63 (6:58.74) 20:49.34 (6:59.70) 27:52.69 (7:03.36) 34'47.022" (6:54.30)</i>
2	1-36 CHOI KAM HAR	蔡錦霞	701070 HKRWA	35:40.81	<i>Split: 06:49.35 (6:49.35) 13:53.72 (7:04.37) 21:07.71 (7:13.99) 28:24.02 (7:16.31) 35'40.803" (7:15.98)</i>
3	1-37 FONG FUNG YEE STELLA	方鳳儀	701190 SHTB	47:04.20	<i>Split: 09:14.21 (9:14.21) 18:37.39 (9:23.18) 28:02.92 (9:25.53) 37:38.24 (9:35.33) 47'04.191" (9:25.75)</i>

DQ=Disqualified 取消比賽資格 DNS=Did not Start 未有出賽 DNF=Did not Finish 未能完成比賽 NM=No Mark 無有效跳/擲成績
Q=Qualified by Place/Standard 依名次/及格賽標準晉級 q=qualified by Time/Performance 依時間/成績排名晉級 R=Record 新紀錄

主辦機構:



冠名贊助:



協辦機構:



支持媒體:



Hong Kong Masters Athletics Club

The 10th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Women's W70 - Long Jump



Record	Perf	Athlete	Event	Place	Date
WMA RECORD	4.26	CAROL LAFAYETTE-BOYD		SAINT JOHN, CA	2012/08/10
Masters ACR	2.07	HO FERNANDA ANTONIA	The 7th Hong Kong Masters	Tin Shui Wai	2022/11/27
HKMAC RECORD	2.07	HO FERNANDA ANTONIA	The 7th Hong Kong Masters	Tin Shui Wai	2022/11/27



2025/11/23



Start: 08:40



21°C



79%

Final

Pos	Heat/Order	Name	Bib#/Team	Result	Remarks	1	2	3
1	1-1	LAU SAU YIN 劉秀賢	701114 PKMSAA	1.29m.		-	1.24 +0.9	1.29 +1.4

DQ=Disqualified 取消比賽資格 DNS=Did not Start 未有出賽 DNF=Did not Finish 未能完成比賽 NM=No Mark 無有效跳/擲成績
Q=Qualified by Place/Standard 依名次/及格賽標準晉級 q=qualified by Time/Performance 依時間/成績排名晉級 R=Record 新紀錄

主辦機構:



冠名贊助:



協辦機構:



支持媒體:



Hong Kong Masters Athletics Club

The 10th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Women's W70 - Shot Put



Record	Perf	Athlete	Event	Place	Date
WMA RECORD	11.02	ROSEMARY CHRIMES		DERBY, GBR	2003/06/07
Masters ACR	6.81	WONG MIU TO 黃妙桃	The 8th Hong Kong Masters	Wanchai SG	2023/10/27
HKMAC RECORD	6.81	WONG MIU TO 黃妙桃	The 8th Hong Kong Masters	Wanchai SG	2023/10/27



2025/11/22



Start: 15:20



24°C



40%

Final

Pos	Heat/Order	Name	Bib#/Team	Result	Remarks	1	2	3
1	1-4	MA SEK WAI YEE STELLA 馬石慧儀	700924 BAC	5.82m.		5.64	5.82	x
2	1-2	WONG MIU TO 黃妙桃	701115 PKMSAA	5.20m.		5.20	4.84	4.75
3	1-5	PREMA VARADHARAJU	701077 IND-NAAA	4.95m.		4.95	4.92	4.62
4	1-1	FU CHONG NGAN YIM 傅莊顏艷	700922 BAC	4.16m.		4.16	3.86	4.03
5	1-3	LAU SAU YIN 劉秀賢	701114 PKMSAA	4.05m.		3.60	4.05	3.79

DQ=Disqualified 取消比賽資格 DNS=Did not Start 未有出賽 DNF=Did not Finish 未能完成比賽 NM=No Mark 無有效跳/擲成績
Q=Qualified by Place/Standard 依名次/及格賽標準晉級 q=qualified by Time/Performance 依時間/成績排名晉級 R=Record 新紀錄

主辦機構:



冠名贊助:



協辦機構:



支持媒體:



Hong Kong Masters Athletics Club

The 10th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Women's W70 - Discus Throw



Record	Perf	Athlete	Event	Place	Date
WMA RECORD	33.55	TAMARA DANILOVA		NYIREGYHAZA,	2010/07/23
Masters ACR	13.15	WONG MIU TO 黃妙桃	The 8th Hong Kong Masters	Wanchai SG	2023/10/29
HKMAC RECORD	13.15	WONG MIU TO 黃妙桃	The 8th Hong Kong Masters	Wanchai SG	2023/10/29



2025/11/23



Start: 15:35



27°C



49%

Final

Pos	Heat/Order	Name	Bib#/Team	Result	Remarks	1	2	3
1	1-3	WONG MIU TO 黃妙桃	701115 PKMSAA	11.91m.		10.97	10.49	11.91
2	1-4	PREMA VARADHARAJU	701077 IND-NAAA	11.04m.		10.94	x	11.04
3	1-2	FU CHONG NGAN YIM 傅莊顏艷	700922 BAC	10.55m.		x	x	10.55
4	1-5	MA SEK WAI YEE STELLA 馬石慧儀	700924 BAC	9.82m.		x	9.82	x
	1-1	LAU SAU YIN 劉秀賢	701114 PKMSAA	DNS				

DQ=Disqualified 取消比賽資格 DNS=Did not Start 未有出賽 DNF=Did not Finish 未能完成比賽 NM=No Mark 無有效跳/擲成績
Q=Qualified by Place/Standard 依名次/及格賽標準晉級 q=qualified by Time/Performance 依時間/成績排名晉級 R=Record 新紀錄

主辦機構:



冠名贊助:



協辦機構:



支持媒體:



Hong Kong Masters Athletics Club

The 10th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Women's W70 - Javelin Throw



Record	Perf	Athlete	Event	Place	Date
WMA RECORD	29.03	MASAKO SUZUKI		NARA, JPN	2018/10/28
Masters ACR	12.71	WONG MIU TO 黃妙桃	The 8th Hong Kong Masters	Wanchai SG	2023/10/28
HKMAC RECORD	12.71	WONG MIU TO 黃妙桃	The 8th Hong Kong Masters	Wanchai SG	2023/10/28



23 2025/11/23



Start: 08:30



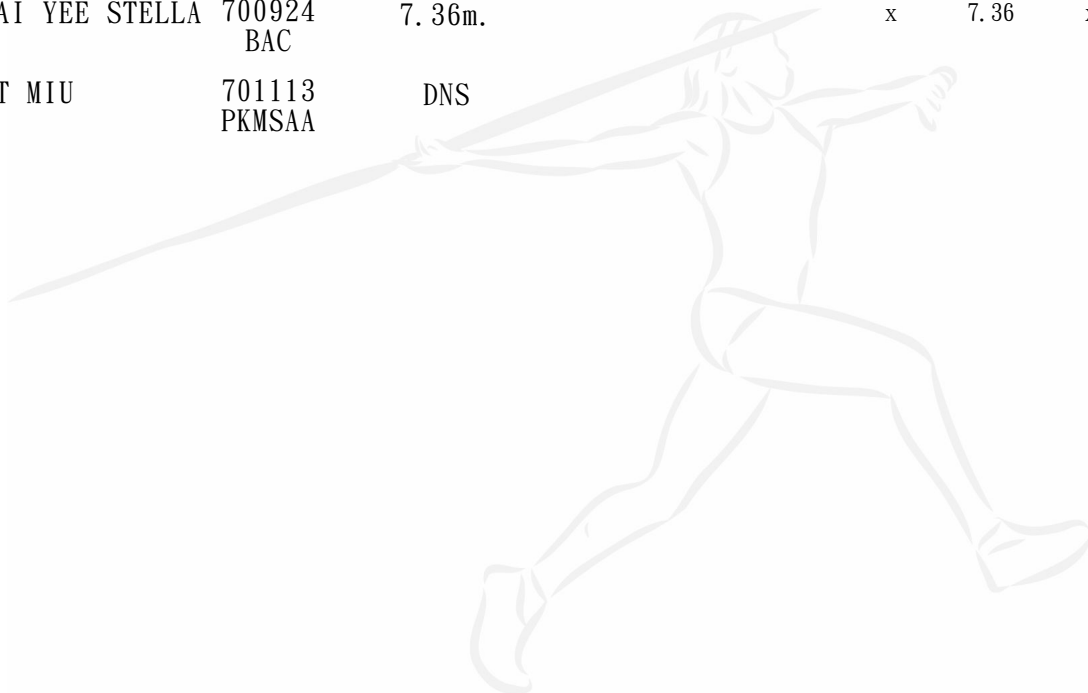
21°C



79%

Final

Pos	Heat/Order	Name	Bib#/Team	Result	Remarks	1	2	3
1	1-2	WONG MIU TO 黃妙桃	701115 PKMSAA	11.62m.		10.48	9.96	11.62
2	1-4	LAU SAU YIN 劉秀賢	701114 PKMSAA	10.91m.		9.34	7.99	10.91
3	1-3	MA SEK WAI YEE STELLA 馬石慧儀	700924 BAC	7.36m.		x	7.36	x
	1-1	CHIU SUET MIU 趙雪梅	701113 PKMSAA	DNS				



DQ=Disqualified 取消比賽資格 DNS=Did not Start 未有出賽 DNF=Did not Finish 未能完成比賽 NM=No Mark 無有效跳/擲成績
Q=Qualified by Place/Standard 依名次/及格賽標準晉級 q=qualified by Time/Performance 依時間/成績排名晉級 R=Record 新紀錄

主辦機構:



冠名贊助:



協辦機構:



支持媒體:



Hong Kong Masters Athletics Club

The 10th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Women's W70 - 4X100m



Record	Perf	Athlete	Event	Place	Date
WMA RECORD 1:04.28		FOERSTER, ZOERNER, STUMP, MEIE		ARHUS, DEN	2017/08/05
Masters ACR 1:49.61	SCAA W70 4X100M		The 6th Hong Kong Masters	TKO SG	2021/09/11
HKMAC RECORD 1:49.61	SCAA W70 4X100M		The 6th Hong Kong Masters	TKO SG	2021/09/11



2025/11/22



Start: 16:55



24°C



40%

Final

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	Remarks
1	1-4	香港競走社 馮國婉, 劉鳳鈴, 鄭葉明, 蔡錦霞		HKRWA	1:41.11	HKMACR, R
2	1-5	赤道體育會 傅莊顏艷, 簡惠媚, 吳瑞香, 馬石慧儀		BAC	1:50.17	

DQ=Disqualified 取消比賽資格 DNS=Did not Start 未有出賽 DNF=Did not Finish 未能完成比賽 NM=No Mark 無有效跳/擲成績
Q=Qualified by Place/Standard 依名次/及格賽標準晉級 q=qualified by Time/Performance 依時間/成績排名晉級 R=Record 新紀錄

主辦機構:



冠名贊助:



協辦機構:



支持媒體:



Hong Kong Masters Athletics Club
The 10th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Women's W70 - 4X400m



Record	Perf	Athlete	Event	Place	Date
WMA RECORD	5:32.95	MACLIVER, HAMPSON, LANG, ALLIS		LYON, FRA	2015/08/16



2025/11/23



Start: 16:45



28°C



53%

Final

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	Remarks
1	1-2	赤道體育會 傅莊顏艷, 馬石慧儀, 吳瑞香, 林翠玲		BAC	8:20.48	



DQ=Disqualified 取消比賽資格 DNS=Did not Start 未有出賽 DNF=Did not Finish 未能完成比賽 NM=No Mark 無有效跳/擲成績
Q=Qualified by Place/Standard 依名次/及格賽標準晉級 q=qualified by Time/Performance 依時間/成績排名晉級 R=Record 新紀錄

主辦機構:



冠名贊助:



協辦機構:



支持媒體:



LOMATTERS

