

Hong Kong Masters Athletics Club

The 10th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Women's W50 - 100m



Record	Perf	Athlete	Event	Place	Date
WMA RECORD	11.67	MERLENE OTTEY		NOVO MESTO, GE	2010/07/13
Masters ACR	14.15	Lung Wai Lan 龍惠蘭	Hong Kong Masters Athletics	Wanchai SG	2016/10/29
HKMAC RECORD	14.15	Lung Wai Lan 龍惠蘭	Hong Kong Masters Athletics	Wanchai SG	2016/10/29



22 2025/11/22



Start: 10:00



15°C



62%

Final 1 ¹/₂

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	W/S	Remarks
1	1-5	YAU TSUI FUN	丘翠芬	500957 DART	13.61	+2.1	
2	1-3	CHUNG MAN YI	鍾敏儀	500883 BAC	14.89	+2.1	
3	1-1	KWONG MEI YEE	鄺美儀	500885 BAC	16.32	+2.1	
4	1-2	LEUNG CHING HAN	梁靜嫻	501135 PoliceAC	17.74	+2.1	
5	1-8	KRIEL NGA WAN PHOEBE	林雅雲	500884 BAC	18.08	+2.1	
6	1-6	LEUNG HIU MING	梁曉明	500955 DART	19.41	+2.1	
	1-4	MA KA YIN NICKI	馬家賢	500991 DBSAC	DNS		
	1-7	CHAN NGA YI	陳雅儀	500953 DART	DNS		

Final 2 ¹/₂

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	W/S	Remarks
1	2-8	LI HUI	李慧	501193 SZGM	15.23	+0.6	
2	2-2	YEUNG CHUN CHUN JANE	楊珍珍	500887 BAC	15.70	+0.6	
3	2-7	LUNG SHUK MAN	龍淑敏	501095 PKMSAA	18.11	+0.6	
4	2-6	LONG JUAN	龍娟	500886 BAC	20.15	+0.6	
	2-4	CHEUNG WAI MAN CATHY	張慧雯	500990 DBSAC	DNS		

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主辦機構:



冠名贊助:



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支持媒體:



Hong Kong Masters Athletics Club

The 10th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Women's W50 - 100m



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WMA RECORD	11.67	MERLENE OTTEY		NOVO MESTO, GER	2010/07/13
Masters ACR	14.15	Lung Wai Lan 龍惠蘭	Hong Kong Masters Athletics	Wanchai SG	2016/10/29
HKMAC RECORD	14.15	Lung Wai Lan 龍惠蘭	Hong Kong Masters Athletics	Wanchai SG	2016/10/29



22 2025/11/22



Start: 10:00



15°C



62%

Final 2/2

Pos	Heat/ Name Lane	姓名	Bib#/ Team	Result	W/S	Remarks
2-5	TO YIN SHAN	杜燕珊	501083 LSCAC	DNS		



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WMA RECORD	11.67	MERLENE OTTEY		NOVO MESTO, GER	2010/07/13
Masters ACR	14.15	Lung Wai Lan 龍惠蘭	Hong Kong Masters Athletics	Wanchai SG	2016/10/29
HKMAC RECORD	14.15	Lung Wai Lan 龍惠蘭	Hong Kong Masters Athletics	Wanchai SG	2016/10/29



22 2025/11/22



Start: 10:00



15°C



62%

Summary

Pos	Heat/ Name Lane	姓名	Bib#/ Team	Result	W/S	Remarks
1	1-5 YAU TSUI FUN	丘翠芬	500957 DART	13.61	+2.1	
2	1-3 CHUNG MAN YI	鍾敏儀	500883 BAC	14.89	+2.1	
3	2-8 LI HUI	李慧	501193 SZGM	15.23	+0.6	
4	2-2 YEUNG CHUN CHUN JANE	楊珍珍	500887 BAC	15.70	+0.6	
5	1-1 KWONG MEI YEE	鄺美儀	500885 BAC	16.32	+2.1	
6	1-2 LEUNG CHING HAN	梁靜嫻	501135 PoliceAC	17.74	+2.1	
7	1-8 KRIEL NGA WAN PHOEBE	林雅雲	500884 BAC	18.08	+2.1	
8	2-7 LUNG SHUK MAN	龍淑敏	501095 PKMSAA	18.11	+0.6	
9	1-6 LEUNG HIU MING	梁曉明	500955 DART	19.41	+2.1	
10	2-6 LONG JUAN	龍娟	500886 BAC	20.15	+0.6	
	1-4 MA KA YIN NICKI	馬家賢	500991 DBSAC	DNS		
	1-7 CHAN NGA YI	陳雅儀	500953 DART	DNS		
	2-4 CHEUNG WAI MAN CATHY	張慧雯	500990 DBSAC	DNS		
	2-5 TO YIN SHAN	杜燕珊	501083 LSCAC	DNS		

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Hong Kong Masters Athletics Club
The 10th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Women's W50 - 200m



Record	Perf	Athlete	Event	Place	Date
WMA RECORD	24.33	MERLENE OTTEY		VALENJE, SLO	2010/07/18
Masters ACR	29.31	YAU TSUI FUN GLORY 丘翠芬	The 9th HONG KONG MASTERS	Tseung Kwan O	2024/11/23
HKMAC RECORD	29.31	YAU TSUI FUN GLORY 丘翠芬	The 9th HONG KONG MASTERS	Tseung Kwan O	2024/11/23



23 2025/11/23



Start: 10:15



21°C



79%

Final 1 **1/2**

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	W/S	Remarks
1	1-3	LI HUI	李慧	501193 SZGM	31.46	+1.4	
2	1-6	CHOI HIU NAM	蔡曉嵐	501082 LSCAC	33.36	+1.4	
3	1-7	YEUNG FELICIA	Felicia Yeun	501039 GHSAC	34.63	+1.4	
4	1-5	LUNG SHUK MAN	龍淑敏	501095 PKMSAA	38.44	+1.4	
	1-4	MA KA YIN NICKI	馬家賢	500991 DBSAC	DNS		

Final 2 **1/2**

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	W/S	Remarks
1	2-5	YAU TSUI FUN	丘翠芬	500957 DART	28.55	+1.1	HKMACR, R
2	2-3	KWONG MEI YEE	鄺美儀	500885 BAC	34.14	+1.1	
3	2-4	KRIEL NGA WAN PHOEBE	林雅雲	500884 BAC	39.98	+1.1	
4	2-7	CHEUNG WAI MAN CATHY	張慧雯	500990 DBSAC	47.64	+1.1	
	2-6	LONG JUAN	龍娟	500886 BAC	DNS		

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Women's W50 - 200m



Record	Perf	Athlete	Event	Place	Date
WMA RECORD	24.33	MERLENE OTTEY		VALENJE, SLO	2010/07/18
Masters ACR	29.31	YAU TSUI FUN GLORY 丘翠芬	The 9th HONG KONG MASTERS	Tseung Kwan O	2024/11/23
HKMAC RECORD	29.31	YAU TSUI FUN GLORY 丘翠芬	The 9th HONG KONG MASTERS	Tseung Kwan O	2024/11/23



23 2025/11/23



Start: 10:15



21°C



79%

Summary

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	W/S	Remarks
1	2-5	YAU TSUI FUN	丘翠芬	500957 DART	28.55	+1.1	HKMACR, R
2	1-3	LI HUI	李慧	501193 SZGM	31.46	+1.4	
3	1-6	CHOI HIU NAM	蔡曉嵐	501082 LSCAC	33.36	+1.4	
4	2-3	KWONG MEI YEE	鄺美儀	500885 BAC	34.14	+1.1	
5	1-7	YEUNG FELICIA	Felicia Yeun	501039 GHSAC	34.63	+1.4	
6	1-5	LUNG SHUK MAN	龍淑敏	501095 PKMSAA	38.44	+1.4	
7	2-4	KRIEL NGA WAN PHOEBE	林雅雲	500884 BAC	39.98	+1.1	
8	2-7	CHEUNG WAI MAN CATHY	張慧雯	500990 DBSAC	47.64	+1.1	
	1-4	MA KA YIN NICKI	馬家賢	500991 DBSAC	DNS		
	2-6	LONG JUAN	龍娟	500886 BAC	DNS		

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Hong Kong Masters Athletics Club
The 10th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Women's W50 - 400m



Record	Perf	Athlete	Event	Place	Date
WMA RECORD	57.55	Sally Cooke		Derby, GBR	2022/06/12
Masters ACR	1:09.04	YAU TSUI FUN GLORY 丘翠芬	The 9th HONG KONG MASTERS	Tseung Kwan O	2024/11/23
HKMAC RECORD	1:09.04	YAU TSUI FUN GLORY 丘翠芬	The 9th HONG KONG MASTERS	Tseung Kwan O	2024/11/23



22 2025/11/22



Start: 15:25



24°C



40%

Final 1 **1/2**

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	Remarks
1	1-5	LUNG SHUK MAN	龍淑敏	501095 PKMSAA	1:34.64	
2	1-4	LONG JUAN	龍娟	500886 BAC	1:45.19	
3	1-3	CHAN NGA YI	陳雅儀	500953 DART	1:49.55	
4	1-6	CHEUNG WAI MAN CATHY	張慧雯	500990 DBSAC	1:57.76	
	1-7	KRIEL NGA WAN PHOEBE	林雅雲	500884 BAC	DNS	

Final 2 **2/2**

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	Remarks
1	2-3	YAU TSUI FUN	丘翠芬	500957 DART	1:07.50	HKMACR, R
2	2-5	KWONG MEI YEE	鄺美儀	500885 BAC	1:20.07	
3	2-7	LEUNG CHING HAN	梁靜嫻	501135 PoliceAC	1:22.84	
4	2-4	WONG YU FUN	王裕歡	500956 DART	1:53.75	
	2-6	LEUNG HIU MING	梁曉明	500955 DART	DNS	

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Hong Kong Masters Athletics Club
The 10th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Women's W50 - 400m



Record	Perf	Athlete	Event	Place	Date
WMA RECORD	57.55	Sally Cooke		Derby, GBR	2022/06/12
Masters ACR	1:09.04	YAU TSUI FUN GLORY 丘翠芬	The 9th HONG KONG MASTERS	Tseung Kwan O	2024/11/23
HKMAC RECORD	1:09.04	YAU TSUI FUN GLORY 丘翠芬	The 9th HONG KONG MASTERS	Tseung Kwan O	2024/11/23



22 2025/11/22



Start: 15:25



24°C



40%

Summary

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	Remarks
1	2-3	YAU TSUI FUN	丘翠芬	500957 DART	1:07.50	HKMACR, R
2	2-5	KWONG MEI YEE	鄺美儀	500885 BAC	1:20.07	
3	2-7	LEUNG CHING HAN	梁靜嫻	501135 PoliceAC	1:22.84	
4	1-5	LUNG SHUK MAN	龍淑敏	501095 PKMSAA	1:34.64	
5	1-4	LONG JUAN	龍娟	500886 BAC	1:45.19	
6	1-3	CHAN NGA YI	陳雅儀	500953 DART	1:49.55	
7	2-4	WONG YU FUN	王裕歡	500956 DART	1:53.75	
8	1-6	CHEUNG WAI MAN CATHY	張慧雯	500990 DBSAC	1:57.76	
	1-7	KRIEL NGA WAN PHOEBE	林雅雲	500884 BAC	DNS	
	2-6	LEUNG HIU MING	梁曉明	500955 DART	DNS	

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Hong Kong Masters Athletics Club
The 10th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Women's W50 - 800m



Record	Perf	Athlete	Event	Place	Date
WMA RECORD 2:12.50	EVA TROST			NEUSTADT, GER	2018/08/03
Masters ACR 2:50.45	YIP LAI CHONG 葉麗莊		The 9th HONG KONG MASTERS	Tseung Kwan O	2024/11/23
HKMAC RECORD 2:50.45	YIP LAI CHONG 葉麗莊		The 9th HONG KONG MASTERS	Tseung Kwan O	2024/11/23



23 2025/11/23



Start: 15:40



27°C



49%

Final

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	Remarks
1	1-8	YIP LAI CHONG	葉麗莊	501155 SCAA	2:55.47	
2	1-7	CHEUNG PUI LING PAULINE	張佩玲	500954 DART	3:24.45	
3	1-7	WONG YU FUN	王裕歡	500956 DART	4:38.63	
4	1-6	MA KA YIN NICKI	馬家賢	500991 DBSAC	5:03.81	
5	1-2	CHEUNG WAI MAN CATHY	張慧雯	500990 DBSAC	5:23.98	

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Hong Kong Masters Athletics Club
The 10th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Women's W50 - 1500m



Record	Perf	Athlete	Event	Place	Date
WMA RECORD 4:35.40	NICOLE WEIJLING-DISSEL			UTRECHT, NED	2017/08/11
Masters ACR 5:44.23	WONG YUET CHI 黃月枝		The 9th HONG KONG MASTERS	Tseung Kwan O	2024/11/23
HKMAC RECORD 5:44.23	WONG YUET CHI 黃月枝		The 9th HONG KONG MASTERS	Tseung Kwan O	2024/11/23



22 2025/11/22



Start: 08:30



15°C



62%

Final

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	Remarks
1	1-4	YIP LAI CHONG	葉麗莊	501155 SCAA	5:50.82	
2	1-2	LEUNG CHING HAN	梁靜嫻	501135 PoliceAC	6:10.50	
3	1-1	CHEUNG PUI LING PAULINE	張佩玲	500954 DART	6:46.82	
4	1-5	KOON FUNG YEE	官鳳儀	501173 SDH	6:59.49	
5	1-3	CHAN SZE NGA	陳詩雅	501034 GHSAC	7:23.22	

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Hong Kong Masters Athletics Club

The 10th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Women's W50 - 5000m



Record	Perf	Athlete	Event	Place	Date
WMA RECORD 16:51.17	GITTE KARLSHØJ			ARHUS, DEN	2009/06/23
Masters ACR 20:35.25	WONG YUET CHI 黃月枝		The 9th HONG KONG MASTERS	Tseung Kwan O	2024/11/23
HKMAC RECORD 20:35.25	WONG YUET CHI 黃月枝		The 9th HONG KONG MASTERS	Tseung Kwan O	2024/11/23



23 2025/11/23



Start: 11:35



21°C



79%

Final

Pos	Heat/ Name Lane	姓名	Bib#/ Team	Result	Remarks
1	1-23 YIP LAI CHONG	葉麗莊	501155 SCAA	21:28.53	
	<i>Split: 04:13.63 (4:13.63) 08:26.11 (4:12.48) 12:47.99 (4:21.88) 17:12.63 (4:24.64) 21'28.525" (4:15.37)</i>				
2	1-27 LAM SIU FONG	林少芳	501151 SCAA	23:32.97	
	<i>Split: 04:29.01 (4:29.01) 09:06.24 (4:37.24) 13:58.59 (4:52.34) 18:55.17 (4:56.59) 23'32.968" (4:36.82)</i>				
3	1-24 CHEUNG PUI LING PAULINE	張佩玲	500954 DART	26:40.04	
	<i>Split: 04:45.62 (4:45.62) 09:51.88 (5:06.26) 15:31.97 (5:40.09) 21:14.88 (5:42.91) 26'40.031" (5:25.12)</i>				
	1-25 NG WING TUNG	吳詠彤	501153 SCAA	DNF	
	1-26 LEUNG SAU WAI SOPHIA	梁秀慧	500854 AVOHK	DNS	

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Hong Kong Masters Athletics Club

The 10th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Women's W50 - 5000mRW

	Record Perf Athlete		Event	Place	Date
	Masters ACR 33:27.28	WONG ALISON 黃瀟琮	The 9th HONG KONG MASTERS	Tseung Kwan O	2024/11/23
	HKMAC RECORD 33:27.28	WONG ALISON 黃瀟琮	The 9th HONG KONG MASTERS	Tseung Kwan O	2024/11/23



22

2025/11/22

Start: 11:30

24°C

40%

Final

Pos	Heat/ Name Lane	姓名	Bib#/ Team	Result	Remarks
1	1-12 CHUNG YAN TUNG ANNIE	鍾欣彤	501178 SHTB	35:47.89	
	<i>Split: 06:39.73 (6:39.73) 13:47.53 (7:07.80) 21:10.27 (7:22.74) 28:34.11 (7:23.85) 35'47.890" (7:12.88)</i>				
2	1-13 CHEUNG WAI MAN CATHY	張慧雯	500990 DBSAC	40:42.96	
	<i>Split: 07:42.05 (7:42.05) 15:56.27 (8:14.22) 24:08.45 (8:12.18) 32:27.59 (8:19.15) 40'42.953" (8:14.40)</i>				
3	1-14 MA KA YIN NICKI	馬家賢	500991 DBSAC	40:59.08	
	<i>Split: 08:14.85 (8:14.85) 16:24.10 (8:09.26) 24:36.17 (8:12.06) 32:52.24 (8:16.08) 40'59.071" (8:06.75)</i>				

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Hong Kong Masters Athletics Club

The 10th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Women's W50 - 80mH



Record	Perf	Athlete	Event	Place	Date
WMA RECORD	12.08	CHRISTINE MÜLLER		VATERSTETTEN, 2009/07/10	
Masters ACR	14.39	CHUNG MAN YI 鍾敏儀	The 8th Hong Kong Masters	Wanchai SG	2023/10/29
HKMAC RECORD	14.39	CHUNG MAN YI 鍾敏儀	The 8th Hong Kong Masters	Wanchai SG	2023/10/29



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Start: 14:50



24°C



40%

Final

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	W/S	Remarks
1	1-4	YAU TSUI FUN	丘翠芬	500957 DART	14.93	+0.3	



DQ=Disqualified 取消比賽資格 DNS=Did not Start 未有出賽 DNF=Did not Finish 未能完成比賽 NM=No Mark 無有效跳/擲成績
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冠名贊助:



協辦機構:



支持媒體:



Hong Kong Masters Athletics Club
The 10th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Women's W50 - 300mH



Record	Perf	Athlete	Event	Place	Date
WMA RECORD	44.90	BARBARA GÄHLING		LYON, FRA	2015/08/11
Masters ACR	53.44	YAU TSUI FUN GLORY 丘翠芬	The 9th HONG KONG MASTERS	Tseung Kwan O	2024/11/23
HKMAC RECORD	53.44	YAU TSUI FUN GLORY 丘翠芬	The 9th HONG KONG MASTERS	Tseung Kwan O	2024/11/23



2025/11/23



Start: 14:20



27°C



49%

Final

Pos	Heat/ Name Lane	姓名	Bib#/ Team	Result	Remarks
1	1-6 YAU TSUI FUN	丘翠芬	500957 DART	52.45	HKMACR, R
2	1-5 LI HUI	李慧	501193 SZGM	1:11.14	



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Hong Kong Masters Athletics Club

The 10th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Women's W50 - Long Jump



Record	Perf	Athlete	Event	Place	Date
WMA RECORD	5.48	Maria Costanza Moroni		9b316ecc-8343-2021/09/04	
Masters ACR	3.93	Chang Corina 張彩珍	Hong Kong Masters Athletics	9d3c-	2018/10/27
HKMAC RECORD	3.93	Chang Corina 張彩珍	Hong Kong Masters Athletics	TKO SG	2018/10/27
				TKO SG	



23 2025/11/23



Start: 16:40



28°C



53%

Final

Pos	Heat/Name Order	Bib#/Team	Result	Remarks	1	2	3
1	1-5 CHUNG MAN YI 鍾敏儀	500883 BAC	3.86m.		3.86 +0.9	x	x
2	1-3 YEUNG CHUN CHUN JANE 楊珍珍	500887 BAC	3.50m.		3.50 +1.3	x	x
3	1-2 LI HUI 李慧	501193 SZGM	3.38m.		3.32 +1.0	3.38 +1.8	3.32 +1.3
4	1-4 WU SHUN FONG SAVON 胡信芳	501154 SCAA	2.71m.		2.48 +1.6	2.71 +1.4	2.37 +0.9
	1-6 MA KA YIN NICKI 馬家賢	500991 DBSAC	DNS				

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Hong Kong Masters Athletics Club

The 10th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Women's W50 - Triple Jump

Record	Perf	Athlete	Event	Place	Date
WMA RECORD	11.66	AKIKO OHINATA		SKIKISHIMA, JP	2004/08/08



2025/11/22



Start: 13:05



24 °C



40%

Final

Pos	Heat/ Name Order	Bib#/ Team	Result	Remarks	1	2	3
1	1-2 MA KA YIN NICKI 馬家賢	500991 DBSAC	4.37m.		4.09 +0.8	x	4.37 +0.3
2	1-1 CHEUNG WAI MAN CATHY 張慧雯	500990 DBSAC	4.14m.		3.86 +0.2	3.76 +0.8	4.14 +0.6

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Hong Kong Masters Athletics Club

The 10th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Women's W50 - Shot Put



Record	Perf	Athlete	Event	Place	Date
WMA RECORD	15.15	ALEXANDRA MARGHIEVA		LAHTI, FIN	2009/08/04
Masters ACR	9.75	CHEUNG May Hung Monita	Hong Kong Masters Athletics	TKO SG	2017/11/11
HKMAC RECORD	9.75	CHEUNG May Hung Monita	Hong Kong Masters Athletics	TKO SG	2017/11/11



2025/11/22



Start: 13:40



24°C



40%

Final

Pos	Heat/Order	Name	Bib#/Team	Result	Remarks	1	2	3
1	1-8	ALINAWATI HJ ALIAKBAR	500935 BRU	8.87m.		8.57	8.27	8.87
2	1-9	HUI VICKY 許穎琪	501035 GHSAC	8.21m.		7.17	8.21	7.93
3	1-3	WONG VILLIAN 王詠茵	501038 GHSAC	6.93m.		6.81	6.66	6.93
4	1-2	LI HUI 李慧	501193 SZGM	6.68m.		6.04	x	6.68
5	1-6	WONG YU FUN 王裕歡	500956 DART	6.60m.		6.58	6.52	6.60
6	1-4	CHEUNG WAI MAN CATHY 張慧雯	500990 DBSAC	5.75m.		5.75	5.75	4.15
7	1-1	CHOI HIU NAM 蔡曉嵐	501082 LSCAC	5.58m.		5.42	5.48	5.58
8	1-10	KWONG MEI YEE 鄺美儀	500885 BAC	5.51m.		4.83	5.51	5.26
9	1-5	NGAN WING SHAN VIVIAN 顏穎珊	501037 GHSAC	5.18m.		4.04	4.52	5.18
10	1-11	LO PUI LING 盧佩玲	501152 SCAA	4.82m.		4.82	4.63	4.68
	1-7	KWOK CHUI YI ANNIE 郭翠儀	501150 SCAA	DNS				

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Hong Kong Masters Athletics Club

The 10th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Women's W50 - Discus Throw



Record	Perf	Athlete	Event	Place	Date
WMA RECORD	46.11	OLGA CHERNIAVSKAIA		LYON, FRA	2015/08/11
Masters ACR	25.41	CHAN LING KUEN 陳玲娟	The 8th Hong Kong Masters	Wanchai SG	2023/10/29
HKMAC RECORD	25.41	CHAN LING KUEN 陳玲娟	The 8th Hong Kong Masters	Wanchai SG	2023/10/29



2025/11/23



Start: 18:10



23°C



62%

Final

Pos	Heat/Order	Name	Bib#/Team	Result	Remarks	1	2	3
1	1-1	YAU TSUI FUN 丘翠芬	500957 DART	19.60m.		19.59	19.22	19.60
2	1-2	HUI VICKY 許穎琪	501035 GHSAC	19.02m.		X	16.45	19.02
3	1-5	YEUNG CHUN CHUN JANE 楊珍珍	500887 BAC	16.67m.		X	16.67	15.46
4	1-3	CHOI HIU NAM 蔡曉嵐	501082 LSCAC	14.57m.		13.50	13.46	14.57
5	1-4	WONG YU FUN 王裕歡	500956 DART	12.74m.		12.74	X	11.98
6	1-6	CHEUNG WAI MAN CATHY 張慧雯	500990 DBSAC	12.49m.		X	10.93	12.49

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Hong Kong Masters Athletics Club

The 10th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Women's W50 - Javelin Throw

Record	Perf	Athlete	Event	Place	Date
WMA RECORD	47.53	FELICEA TILEA URECHE		MADRID, ESP	2018/03/24
Masters ACR	26.90	HUI VICKY 許穎琪	The 9th HONG KONG MASTERS	Tseung Kwan O	2024/11/23
HKMAC RECORD	26.90	HUI VICKY 許穎琪	The 9th HONG KONG MASTERS	Tseung Kwan O	2024/11/23



23 2025/11/23



Start: 11:50



21°C



79%

Final

Pos	Heat/Order	Name	Bib#/Team	Result	Remarks	1	2	3
1	1-11	HUI VICKY 許穎琪	501035 GHSAC	24.86m.		23.24	24.86	19.53
2	1-1	ALINAWATI HJ ALIAKBAR	500935 BRU	23.56m.		23.56	22.43	19.18
3	1-7	YEUNG CHUN CHUN JANE 楊珍珍	500887 BAC	23.45m.		17.80	19.69	23.45
4	1-12	YAU TSUI FUN 丘翠芬	500957 DART	19.84m.		15.42	19.84	19.75
5	1-5	WU SHUN FONG SAVON 胡信芳	501154 SCAA	15.66m.		15.66	14.80	14.15
6	1-2	LI HUI 李慧	501193 SZGM	11.97m.		11.05	11.17	11.97
7	1-8	CHEUNG WAI MAN CATHY 張慧雯	500990 DBSAC	11.21m.		11.21	7.21	9.79
8	1-9	NGAN WING SHAN VIVIAN 顏穎珊	501037 GHSAC	11.13m.		9.43	11.13	x
9	1-10	WONG YU FUN 王裕歡	500956 DART	10.96m.		8.88	10.79	10.96
10	1-4	CHOI HIU NAM 蔡曉嵐	501082 LSCAC	9.68m.		x	x	9.68
11	1-6	LEUNG HIU MING 梁曉明	500955 DART	8.36m.		8.36	x	x
	1-3	YEUNG FELICIA Felicia Yeun	501039 GHSAC	NM		x	x	x

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Hong Kong Masters Athletics Club

The 10th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Women's W50 - 4X100m



Record	Perf	Athlete	Event	Place	Date
WMA RECORD 51.50	POWELL, HORDER, MCCLELLAND, GO			L?UBL?ANA, SLO2008/08/03	
Masters ACR 1:00.56	SCAA W50 4X100M (A)		The 6th Hong Kong Masters	TKO SG	2021/09/11
HKMAC RECORD 1:00.56	SCAA W50 4X100M (A)		The 6th Hong Kong Masters	TKO SG	2021/09/11



2025/11/22



Start: 17:05



24°C



40%

Final

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	Remarks
1	1-7	赤道體育會 鍾敏儀, 楊珍珍, 鄭美儀, 林雅雲		BAC	1:03.67	
2	1-4	德望田徑會 黎淑雯, 黃秀清, 王詠茵, Felicia Yeun		GHSAC	1:08.97	
3	1-3	南華體育會 葉麗莊, 吳詠彤, 胡信芳, 馬淑嫻		SCAA	1:09.89	
4	1-5	達強田徑會 梁曉明, 陳雅儀, 王裕歡, 丘翠芬		DART	1:14.02	
5	1-6	拔萃男書院田徑會 馬家賢, 梁碧君, 張慧雯, 梁惠瑜		DBSAC	1:28.97	

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Hong Kong Masters Athletics Club

The 10th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Women's W50 - 4X400m



Record	Perf	Athlete	Event	Place	Date
WMA RECORD 4:10.80	MAHADY, HORDER, SAUNDERS-			LAHTI, FIN	2009/08/08
Masters ACR 5:11.38	南華 W50 4X400M (A)				2022/11/27
HKMAC RECORD 5:11.38	南華 W50 4X400M (A)				2022/11/27



23 2025/11/23



Start: 16:55



28°C



53%

Final

Pos	Heat/ Lane	Name	姓名	Bib#/ Team	Result	Remarks
1	1-6	南區康樂體育促進會有限公司暨南區長	黃雪微, 李麗雲, 官鳳儀, 何綺英	SDH	5:37.90	
2	1-7	德望田徑會	Felicia Yeun, 黎淑雯, 陳詩雅, 黃秀清	GHSAC	5:43.39	
3	1-5	赤道體育會	鍾敏儀, 鍾敏儀, 楊珍珍, 楊珍珍	BAC	5:45.70	
4	1-3	香港女子健跑會	周詠詩, 鄧素娟, 杜美如, 鄭燕玲	HKLRRRC	6:06.21	
5	1-4	拔萃男書院田徑會	馬天惠, 馬家賢, 張慧雯, 周淑筠	DBSAC	8:04.82	

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