

# Hong Kong Masters Athletics Club

## The 10th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



### Men's M85 - 100m



| Record       | Perf  | Athlete        | Event                       | Place      | Date       |
|--------------|-------|----------------|-----------------------------|------------|------------|
| WMA RECORD   | 15.08 | HIROO TANAKA   |                             | AKITA, JPN | 2017/06/25 |
| Masters ACR  | 17.80 | Lajawa Alfred  | Hong Kong Masters Athletics | TKO SG     | 2018/10/27 |
| HKMAC RECORD | 21.76 | HO SHUI ON 何瑞安 | The 8th Hong Kong Masters   | Wanchai SG | 2023/10/29 |



22 2025/11/22



Start: 10:20



15°C



62%

### Final

| Pos | Heat/ Lane | Name                      | 姓名  | Bib#/ Team   | Result | W/S  | Remarks |
|-----|------------|---------------------------|-----|--------------|--------|------|---------|
| 1   | 1-6        | HO SHUI ON                | 何瑞安 | 850723 SCAA  | 22.51  | +2.7 |         |
| 2   | 1-3        | WHITTLE REX WILLIAM JAMES |     | 850027 AVOHK | 25.60  | +2.7 |         |
| 3   | 1-8        | FOWLER JOHN GARTH         |     | 850026 AVOHK | 26.16  | +2.7 |         |
| 4   | 1-4        | YEUNG CHI KIN             | 楊智堅 | 850100 BAC   | 26.37  | +2.7 |         |
| 5   | 1-7        | YUAN WEIMIN GEORGE        | 袁偉民 | 850396 DBSAC | 29.19  | +2.7 |         |
| 6   | 1-5        | TSUI KAM FAI              | 徐錦輝 | 850395 DBSAC | 32.36  | +2.7 |         |
| 7   | 1-2        | HUI CYRUS K               | 許任棠 | 850394 DBSAC | 46.49  | +2.7 |         |

DQ=Disqualified 取消比賽資格 DNS=Did not Start 未有出賽 DNF=Did not Finish 未能完成比賽 NM=No Mark 無有效跳/擲成績  
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主辦機構:



冠名贊助:



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支持媒體:



# Hong Kong Masters Athletics Club

## The 10th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



### Men's M85 - 200m



| Record       | Perf  | Athlete          | Event                     | Place       | Date       |
|--------------|-------|------------------|---------------------------|-------------|------------|
| WMA RECORD   | 31.69 | HIJIYA HISAMITSU |                           | NIGATA, JPN | 2016/09/17 |
| Masters ACR  | 39.46 | HO SHUI ON 何瑞安   | The 6th Hong Kong Masters | TKO SG      | 2021/09/11 |
| HKMAC RECORD | 39.46 | HO SHUI ON 何瑞安   | The 6th Hong Kong Masters | TKO SG      | 2021/09/11 |



23 2025/11/23



Start: 10:35



21°C



79%

### Final

| Pos | Heat/ Name<br>Lane            | 姓名  | Bib#/ Team      | Result  | W/S  | Remarks |
|-----|-------------------------------|-----|-----------------|---------|------|---------|
| 1   | 1-6 QIN BO KUI                | 秦伯葵 | 850416<br>DGD   | 41.87   | +1.8 |         |
| 2   | 1-4 WHITTLE REX WILLIAM JAMES |     | 850027<br>AVOHK | 50.42   | +1.8 |         |
| 3   | 1-8 HO SHUI ON                | 何瑞安 | 850723<br>SCAA  | 50.67   | +1.8 |         |
| 4   | 1-3 FOWLER JOHN GARTH         |     | 850026<br>AVOHK | 56.47   | +1.8 |         |
| 5   | 1-7 TSUI KAM FAI              | 徐錦輝 | 850395<br>DBSAC | 1:20.67 | +1.8 |         |
| 6   | 1-5 HUI CYRUS K               | 许任棠 | 850394<br>DBSAC | 1:44.33 | +1.8 |         |

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Hong Kong Masters Athletics Club  
The 10th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Men's M85 - 400m



| Record       | Perf    | Athlete     | Event                     | Place         | Date       |
|--------------|---------|-------------|---------------------------|---------------|------------|
| WMA RECORD   | 1:17.12 | EARL FEE    |                           | TORONTO, CAN  | 2014/07/12 |
| Masters ACR  | 2:18.19 | FOWLER JOHN | The 9th HONG KONG MASTERS | Tseung Kwan O | 2024/11/23 |
| HKMAC RECORD | 2:18.19 | FOWLER JOHN | The 9th HONG KONG MASTERS | Tseung Kwan O | 2024/11/23 |



2025/11/22



Start: 15:50



24°C



40%

Final

| Pos | Heat/ Name<br>Lane            | 姓名  | Bib#/<br>Team   | Result  | Remarks   |
|-----|-------------------------------|-----|-----------------|---------|-----------|
| 1   | 1-7 QIN BO KUI                | 秦伯葵 | 850416<br>DGD   | 1:39.60 | HKMACR    |
| 2   | 1-8 WHITTLE REX WILLIAM JAMES |     | 850027<br>AVOHK | 1:58.20 | HKMACR, R |
| 3   | 1-3 FOWLER JOHN GARTH         |     | 850026<br>AVOHK | 2:19.94 |           |

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# Hong Kong Masters Athletics Club

## The 10th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



### Men's M85 - 800m



| Record               | Perf              | Athlete | Event                       | Place      | Date       |
|----------------------|-------------------|---------|-----------------------------|------------|------------|
| WMA RECORD 3:06.69   | DAVID CARR        |         |                             | PERTH, AUS | 2017/06/28 |
| Masters ACR 4:48.09  | CHAN Kim Hung 陳劍雄 |         | Hong Kong Masters Athletics | Wanchai SG | 2016/10/29 |
| HKMAC RECORD 4:48.09 | CHAN Kim Hung 陳劍雄 |         | Hong Kong Masters Athletics | Wanchai SG | 2016/10/29 |



2025/11/23



Start: 15:55



28°C



53%

### Final

| Pos | Heat/ Name<br>Lane            | 姓名  | Bib#/<br>Team   | Result  | Remarks   |
|-----|-------------------------------|-----|-----------------|---------|-----------|
| 1   | 1-6 QIN BO KUI                | 秦伯葵 | 850416<br>DGD   | 4:12.73 | HKMACR    |
| 2   | 1-7 WHITTLE REX WILLIAM JAMES |     | 850027<br>AVOHK | 4:24.51 | HKMACR, R |
| 3   | 1-3 FOWLER JOHN GARTH         |     | 850026<br>AVOHK | 5:21.45 |           |

DQ=Disqualified 取消比賽資格 DNS=Did not Start 未有出賽 DNF=Did not Finish 未能完成比賽 NM=No Mark 無有效跳/擲成績  
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# Hong Kong Masters Athletics Club

## The 10th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



### Men's M85 - 1500m



| Record                | Perf                  | Athlete | Event                     | Place          | Date       |
|-----------------------|-----------------------|---------|---------------------------|----------------|------------|
| WMA RECORD 6:18.66    | MANUEL ALONSO DOMINGO |         |                           | ARGANDA, ESP   | 2021/05/01 |
| Masters ACR 10:08.51  | FOWLER JOHN           |         | The 8th HONG KONG MASTERS | Wanchai Sports | 2023/10/27 |
| HKMAC RECORD 10:08.51 | FOWLER JOHN           |         | The 8th HONG KONG MASTERS | Wanchai Sports | 2023/10/27 |



2025/11/22



Start: 08:50



15°C



62%

### Final

| Pos | Heat/ Name<br>Lane             | 姓名 | Bib#/<br>Team   | Result  | Remarks   |
|-----|--------------------------------|----|-----------------|---------|-----------|
| 1   | 1-14 WHITTLE REX WILLIAM JAMES |    | 850027<br>AVOHK | 9:21.15 | HKMACR, R |
| 2   | 1-13 FOWLER JOHN GARTH         |    | 850026<br>AVOHK | 9:25.78 | HKMACR, R |

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Hong Kong Masters Athletics Club  
The 10th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



Men's M85 - 5000m



| Record                | Perf | Athlete         | Event                     | Place         | Date       |
|-----------------------|------|-----------------|---------------------------|---------------|------------|
| WMA RECORD 24:03.99   |      | EDWARD WHITLOCK |                           | TORONTO, CAN  | 2016/07/31 |
| Masters ACR 37:29.16  |      | FWLER JOHN      | The 9th HONG KONG MASTERS | Tseung Kwan O | 2024/11/23 |
| HKMAC RECORD 37:29.16 |      | FWLER JOHN      | The 9th HONG KONG MASTERS | Tseung Kwan O | 2024/11/23 |



2025/11/23



Start: 18:30



23°C



62%

Final

| Pos                                                                                                     | Heat/ Lane | Name                      | 姓名 | Bib#/ Team      | Result   | Remarks |
|---------------------------------------------------------------------------------------------------------|------------|---------------------------|----|-----------------|----------|---------|
| 1                                                                                                       | 1-32       | FWLER JOHN GARTH          |    | 850026<br>AVOHK | 38:27.27 |         |
| Split: 07:34.20 (7:34.20) 15:22.06 (7:47.86) 23:13.51 (7:51.45) 31:04.74 (7:51.24) 38'27.263" (7:22.25) |            |                           |    |                 |          |         |
| 2                                                                                                       | 1-33       | WHITTLE REX WILLIAM JAMES |    | 850027<br>AVOHK | 38:34.98 |         |
| Split: 07:35.45 (7:35.45) 15:23.02 (7:47.57) 23:14.72 (7:51.70) 31:06.60 (7:51.88) 38'34.978" (7:27.40) |            |                           |    |                 |          |         |

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# Hong Kong Masters Athletics Club

## The 10th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



### Men's M85 - Long Jump

| Record     | Perf | Athlete      | Event | Place | Date                     |
|------------|------|--------------|-------|-------|--------------------------|
| WMA RECORD | 3.83 | Mamoru Saito |       |       | Maebashi, JPN 2022/09/11 |



2025/11/23



Start: 15:00



27°C



49%

### Final

| Pos | Heat/ Name<br>Order    | Bib#/ Team      | Result | Remarks | 1    | 2 | 3 |
|-----|------------------------|-----------------|--------|---------|------|---|---|
| 1   | 1-2 HO SHUI ON<br>何瑞安  | 850723<br>SCAA  | 2.02m. |         | 2.02 | r |   |
|     |                        |                 |        |         | +0.6 |   |   |
|     | 1-1 HUI CYRUS K<br>许任棠 | 850394<br>DBSAC | DNS    |         |      |   |   |



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# Hong Kong Masters Athletics Club

## The 10th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



### Men's M85 - Shot Put



| Record       | Perf  | Athlete           | Event                       | Place     | Date       |
|--------------|-------|-------------------|-----------------------------|-----------|------------|
| WMA RECORD   | 11.94 | BERNHARD KARLSSON |                             | VOLO, SWE | 2019/09/21 |
| Masters ACR  | 7.72  | Kwok Kam Hung 郭錦洪 | Hong Kong Masters Athletics | TKO SG    | 2018/10/27 |
| HKMAC RECORD | 7.72  | Kwok Kam Hung 郭錦洪 | Hong Kong Masters Athletics | TKO SG    | 2018/10/27 |



2025/11/22



Start: 14:50



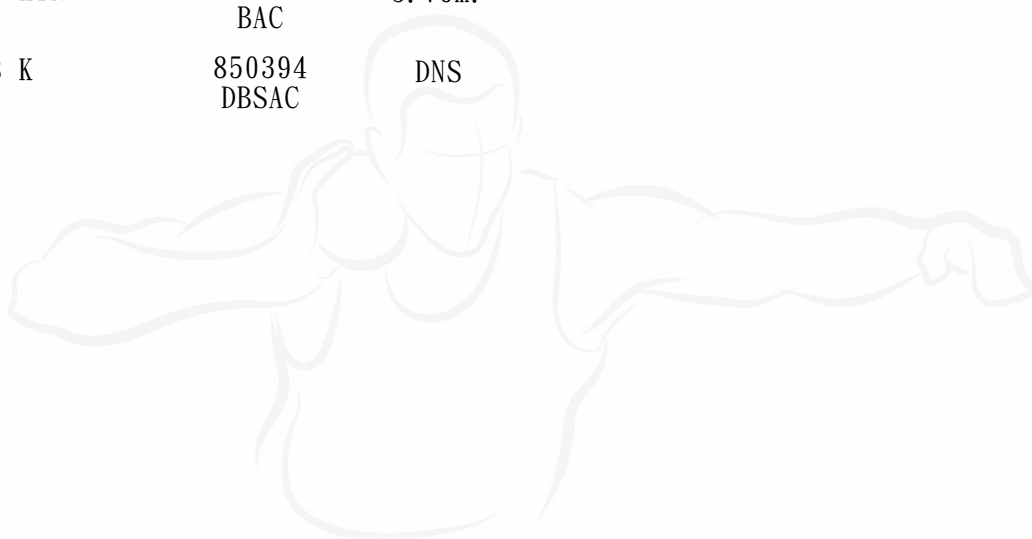
24°C



40%

### Final

| Pos | Heat/Order | Name                      | Bib#/Team       | Result | Remarks | 1    | 2    | 3    |
|-----|------------|---------------------------|-----------------|--------|---------|------|------|------|
| 1   | 1-2        | HO SHUI ON<br>何瑞安         | 850723<br>SCAA  | 6.76m. |         | 6.44 | 5.56 | 6.76 |
| 2   | 1-4        | YUAN WEIMIN GEORGE<br>袁偉民 | 850396<br>DBSAC | 6.48m. |         | 6.48 | 6.14 | 6.45 |
| 3   | 1-1        | YEUNG CHI KIN<br>楊智堅      | 850100<br>BAC   | 3.76m. |         | 3.76 | 3.52 | 3.67 |
|     | 1-3        | HUI CYRUS K<br>許任棠        | 850394<br>DBSAC | DNS    |         |      |      |      |



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# Hong Kong Masters Athletics Club

## The 10th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



### Men's M85 - Discus Throw

| Record     | Perf  | Athlete      | Event | Place       | Date       |
|------------|-------|--------------|-------|-------------|------------|
| WMA RECORD | 35.92 | CARMELO RADO |       | VENICE, ITA | 2019/09/13 |



2025/11/22



Start: 17:20



24°C



40%

### Final

| Pos | Heat/ Name<br>Order       | Bib#/ Team      | Result  | Remarks | 1     | 2     | 3     |
|-----|---------------------------|-----------------|---------|---------|-------|-------|-------|
| 1   | 1-2 FOWLER JOHN GARTH     | 850026<br>AVOHK | 11.85m. |         | 11.85 | 11.39 | 11.18 |
| 2   | 1-4 HO SHUI ON<br>何瑞安     | 850723<br>SCAA  | 11.82m. |         | 10.91 | 11.79 | 11.82 |
| 3   | 1-3 LAM CHUN CHEUN<br>林振全 | 850724<br>SCAA  | 11.15m. |         | x     | 10.18 | 11.15 |
| 4   | 1-5 YEUNG CHI KIN<br>楊智堅  | 850100<br>BAC   | 8.94m.  |         | 8.94  | 8.47  | x     |
|     | 1-1 HUI CYRUS K<br>许任棠    | 850394<br>DBSAC | DNS     |         |       |       |       |

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# Hong Kong Masters Athletics Club

## The 10th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS



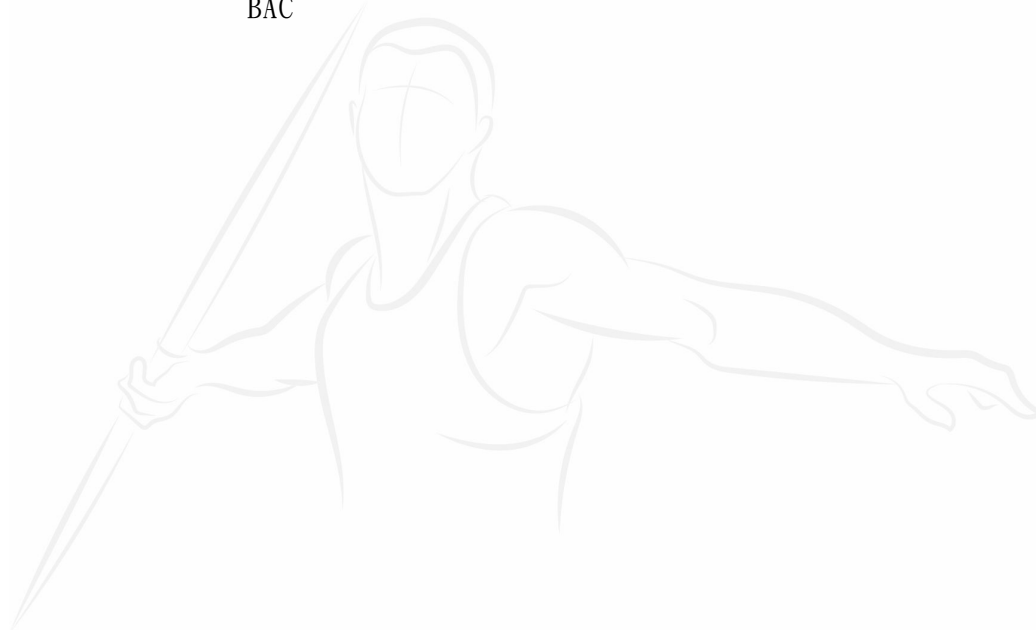
### Men's M85 - Javelin Throw

| Record     | Perf  | Athlete        | Event | Place          | Date       |
|------------|-------|----------------|-------|----------------|------------|
| WMA RECORD | 35.64 | WILLIAM PLATTS |       | ST. GEORGE, US | 2013/10/07 |

23 2025/11/23 Start: 11:15 21°C 79%

### Final

| Pos | Heat/ Name<br>Order           | Bib#/ Team      | Result  | Remarks | 1     | 2    | 3     |
|-----|-------------------------------|-----------------|---------|---------|-------|------|-------|
| 1   | 1-3 FOWLER JOHN GARTH         | 850026<br>AVOHK | 11.61m. |         | 11.61 | x    | 11.05 |
| 2   | 1-2 LAM CHUN CHEUN<br>林振全     | 850724<br>SCAA  | 8.33m.  |         | 6.57  | x    | 8.33  |
| 3   | 1-4 YUAN WEIMIN GEORGE<br>袁偉民 | 850396<br>DBSAC | 8.16m.  |         | x     | x    | 8.16  |
| 4   | 1-1 YEUNG CHI KIN<br>楊智堅      | 850100<br>BAC   | 7.81m.  |         | 6.10  | 7.81 | x     |



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