

# Hong Kong Masters Athletics Club

## The 10th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS

### Women's W75 - 100m (F)

2025-11-22 -> 09:50 (09:30-09:40)

Lan Name	姓名	Cat	Bib #	Team
3	NGAI KAM YU	魏錦如	W75 750929	BAC
4	SIU FUNG HING	蕭鳳慶	W75 750930	BAC
5	CHAN TOUNG YEE	陳統頤	W75 750927	BAC
6	FUNG MARY LENA	馮瑪利	W75 751171	SCAA
7	LAU FUNG LING	劉鳳鈴	W75 751072	HKRWA

### Women's W75-W80 - 200m (F)

2025-11-23 -> 09:55 (09:35-09:45)

Lan Name	姓名	Cat	Bib #	Team
4	LAU FUNG LING	劉鳳鈴	W75 751072	HKRWA
5	NGAI KAM YU	魏錦如	W75 750929	BAC
6	KO SUSAN		W75 750857	AVOHK
7	SIU FUNG HING	蕭鳳慶	W75 750930	BAC

### Women's W70-W75 - 400m (F)

2025-11-22 -> 15:10 (14:50-15:00)

Lan Name	姓名	Cat	Bib #	Team
5	KO SUSAN		W75 750857	AVOHK
6	OGSIMER ROSALINDA		W75 751086	NMSAA

### Women's W55-W75 - 800m (F)

2025-11-23 -> 15:40 (15:20-15:30)

Lan Name	姓名	Cat	Bib #	Team
3	OGSIMER ROSALINDA		W75 751086	NMSAA
6	KO SUSAN		W75 750857	AVOHK

### Women's W50-W75 - 1500m (F)

2025-11-22 -> 08:30 (08:10-08:20)

Ord Name	姓名	Cat	Bib #	Team
17	KO SUSAN		W75 750857	AVOHK
18	OGSIMER ROSALINDA		W75 751086	NMSAA

### Women's 5000m (F)

2025-11-23 -> 11:35 (11:15-11:25)

Ord Name	姓名	Cat	Bib #	Team
36	KO SUSAN		W75 750857	AVOHK
37	OGSIMER ROSALINDA		W75 751086	NMSAA
38	LAU FUNG LING	劉鳳鈴	W75 751072	HKRWA

### Women's 5000mRW (F)

2025-11-22 -> 11:30 (11:10-11:20)

Ord Name	姓名	Cat	Bib #	Team
39	FUNG KWOK YUEN	馮國婉	W75 751071	HKRWA
40	LAU FUNG LING	劉鳳鈴	W75 751072	HKRWA

### Women's W70-W80 - 4X100m (F)

2025-11-22 -> 16:55 (16:35-16:45)

Lan Name	姓名	Cat	Bib #	Team
6	赤道體育會		W75	BAC

# Hong Kong Masters Athletics Club

## The 10th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS

### Women's W75 - Shot Put (F)

2025-11-22 -> 14:30 (14:10-14:20)

Ord Name	姓名	Cat	Bib #	Team
1 CHEUNG LAI KUEN	張勵娟	W75	751116	PKMSAA
2 FUNG MARY LENA	馮瑪利	W75	751171	SCAA
3 KO SUSAN		W75	750857	AVOHK

### Women's W75 - Discus Throw (F)

2025-11-23 -> 15:35 (15:15-15:25)

Ord Name	姓名	Cat	Bib #	Team
1 CHEUNG LAI KUEN	張勵娟	W75	751116	PKMSAA
2 FUNG MARY LENA	馮瑪利	W75	751171	SCAA
3 KO SUSAN		W75	750857	AVOHK
4 YEUNG YING YING	楊瑩瑩	W75	751117	PKMSAA

### Women's W75 - Javelin Throw (F)

2025-11-23 -> 10:15 (09:55-10:05)

Ord Name	姓名	Cat	Bib #	Team
1 KO SUSAN		W75	750857	AVOHK
2 FUNG MARY LENA	馮瑪利	W75	751171	SCAA
3 CHEUNG LAI KUEN	張勵娟	W75	751116	PKMSAA
4 YEUNG YING YING	楊瑩瑩	W75	751117	PKMSAA