

Hong Kong Masters Athletics Club

The 10th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS

Men's M40 - 100m (F1)

2025-11-22 -> 11:05 (10:45-10:55)

Lan Name	姓名	Cat	Bib #	Team
2 BU YUN HAN	卜允涵	M40	400401	DGD
3 LEUNG CHI HONG	梁志匡	M40	400821	WYK
4 LEUNG CHI HANG	梁志鏗	M40	400820	WYK
5 CHENG CHUN YEUNG	鄭振揚	M40	400213	DBSAC
6 YAN HO CHUN	殷浩俊	M40	400247	DBSAC
7 YEUNG WING HONG	楊永康	M40	400047	BAC
8 LEUNG CHI CHEONG	梁志鏘	M40	400819	WYK

Men's M40 - 100m (F2)

2025-11-22 -> 11:05 (10:45-10:55)

Lan Name	姓名	Cat	Bib #	Team
2 LU JIAN TING	陆剑亭	M40	400402	DGD
3 CHEN XI	陳曦	M40	400692	SCAA
4 WONG ROBERT		M40	400804	WAC
5 MEKWIAN JIRAPONG		M40	400784	THA
6 CHU WING YAT	朱永日	M40	400121	CGHCAC
7 CHEUNG HIN	張軒	M40	400652	PoliceAC

Men's M40 - 100m (F3)

2025-11-22 -> 11:05 (10:45-10:55)

Lan Name	姓名	Cat	Bib #	Team
2 LIU HANG CHIU	廖恆照	M40	400123	CGHCAC
3 LEE KAI YIU	李啟堯	M40	400043	BAC
4 KHUNKAEW SONSAK		M40	400783	THA
5 LAU HING	劉鑫	M40	400042	BAC
6 SUWANNARANGSRI RATCHAKRIT		M40	400787	THA
7 HO HUI HIN	何栩軒	M40	400693	SCAA

Men's M40 - 100m (F4)

2025-11-22 -> 11:05 (10:45-10:55)

Lan Name	姓名	Cat	Bib #	Team
2 TAM WING PAN	譚榮斌	M40	400046	BAC
3 CHAN YU LOK	陳宇樂	M40	400650	PoliceAC
4 SUKAPHAI APINAN		M40	400786	THA
5 LI WAI LAM	李慧霖	M40	400233	DBSAC
6 JOHN NIGEL		M40	400041	BAC
7 CHEUNG KA LAI	張嘉禮	M40	400039	BAC

Men's M40 - 200m (F1)

2025-11-23 -> 11:15 (10:55-11:05)

Lan Name	姓名	Cat	Bib #	Team
1 BARWICKI PAWEL		M40	400636	POL
2 LAU HING	劉鑫	M40	400042	BAC
3 WONG DANIEL	黃祈恩	M40	400492	LSCAC
4 YEUNG WING HONG	楊永康	M40	400047	BAC
5 WONG ROBERT		M40	400804	WAC
6 LU JIAN TING	陆剑亭	M40	400402	DGD
7 LEUNG CHI CHEONG	梁志鏘	M40	400819	WYK
8 MUKDASANIT RATTAPOL		M40	400785	THA

Men's M40 - 200m (F2)

2025-11-23 -> 11:15 (10:55-11:05)

Lan Name	姓名	Cat	Bib #	Team
2 CHEUNG TAI YIP	張泰業	M40	400215	DBSAC
3 PARRY MICHAEL	彭懿葭	M40	400044	BAC
4 CHEUNG WING FAI	張榮輝	M40	400653	PoliceAC
5 HO HUI HIN	何栩軒	M40	400693	SCAA
6 BU YUN HAN	卜允涵	M40	400401	DGD
7 YAN HO CHUN	殷浩俊	M40	400247	DBSAC
8 LEE KAI YIU	李啟堯	M40	400043	BAC

Men's M40 - 200m (F3)

2025-11-23 -> 11:15 (10:55-11:05)

Lan Name	姓名	Cat	Bib #	Team
2 KHUNKAEW SONSAK		M40	400783	THA
3 CHEUNG KA LAI	張嘉禮	M40	400039	BAC
4 JOHN NIGEL		M40	400041	BAC
5 SUKAPHAI APINAN		M40	400786	THA
6 CHEUNG HIN	張軒	M40	400652	PoliceAC
7 CHEN XI	陳曦	M40	400692	SCAA
8 TAM WING PAN	譚榮斌	M40	400046	BAC

Men's M40 - 400m (F1)

2025-11-22 -> 16:35 (16:15-16:25)

Lan Name	姓名	Cat	Bib #	Team
3 MUKDASANIT RATTAPOL		M40	400785	THA
4 YIM WING CHUNG	嚴詠竣	M40	400657	PoliceAC
5 LEUNG CHI CHEONG	梁志鏘	M40	400819	WYK
6 MANOHARAN KARTHIK		M40	400444	NAAA
7 CHEUNG WING FAI	張榮輝	M40	400653	PoliceAC
8 YIU PAK TO	姚柏濤	M40	400250	DBSAC

Men's M40 - 400m (F2)

2025-11-22 -> 16:35 (16:15-16:25)

Lan Name	姓名	Cat	Bib #	Team
3 BARWICKI PAWEL		M40	400636	POL
4 SHE WONG HOI	石黃海	M40	400240	DBSAC
5 YEUNG WING HONG	楊永康	M40	400047	BAC
6 WONG KWOK LEUNG	王國良	M40	400694	SCAA
7 TANG CHUN YIP	鄧駿業	M40	400655	PoliceAC
8 CHEUNG KA YI	張家怡	M40	400817	WYK

Men's M40 - 400m (F3)

2025-11-22 -> 16:35 (16:15-16:25)

Lan Name	姓名	Cat	Bib #	Team
3 KONG CHAK LEUNG	江澤樑	M40	400228	DBSAC
4 PARRY MICHAEL	彭懿葭	M40	400044	BAC
5 HO HUI HIN	何栩軒	M40	400693	SCAA
6 NG WAI KEI KEVIN	吳偉基	M40	400238	DBSAC
7 CHEUNG HIN	張軒	M40	400652	PoliceAC
8 LAU HING	劉鑫	M40	400042	BAC

Hong Kong Masters Athletics Club

The 10th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS

Men's M40 - 800m (F1)

2025-11-23 -> 16:25 (16:05-16:15)

Lan Name	姓名	Cat	Bib #	Team
1 LAU HING	劉鑫	M40	400042	BAC
1 ROBBIE RYAN		M40	400003	AVOHK
2 CHENG FU ON	鄭富安	M40	400214	DBSAC
3 CHENG HOK SUM	鄭學森	M40	400651	PoliceAC
4 CHAN SIK NING	陳錫寧	M40	400691	SCAA
5 POON KAM FAI	潘錦暉	M40	400045	BAC
6 WOO DAVID		M40	400004	AVOHK
7 HUI CHEUK YIN	許焯彥	M40	400486	LSCAC
8 KO HON KWAN ALEX		M40	400226	DBSAC

Men's M40 - 800m (F2)

2025-11-23 -> 16:25 (16:05-16:15)

Lan Name	姓名	Cat	Bib #	Team
1 HO LOK CHI	何樂智	M40	400485	LSCAC
2 HUI SIU TUNG	許兆東	M40	400221	DBSAC
3 LI CHUNG LUN	李宗倫	M40	400232	DBSAC
4 MANOHARAN KARTHIK		M40	400444	NAAA
5 YIM WING CHUNG	嚴詠竣	M40	400657	PoliceAC
6 CHAN YU LOK	陳宇樂	M40	400650	PoliceAC
7 WONG WAI SHIN	王威善	M40	400246	DBSAC
8 CHAN CHEUK MAN	陳焯文	M40	400674	RMAC

Men's M40 - 1500m (F)

2025-11-22 -> 09:30 (09:10-09:20)

Ord Name	姓名	Cat	Bib #	Team
1 KO HON KWAN ALEX		M40	400226	DBSAC
2 CHAN SAI LIM	陳世廉	M40	400483	LSCAC
3 YUEN WAN HO	袁允灝	M40	400005	AVOHK
4 WONG SHUN TAK	黃信德	M40	400677	RMAC
5 MA SIU HANG	馬兆鏗	M40	400489	LSCAC
6 TSANG FAN CHUN		M40	400491	LSCAC
7 HO LOK CHI	何樂智	M40	400485	LSCAC
8 HUI CHEUK YIN	許焯彥	M40	400486	LSCAC
9 CHENG HOK SUM	鄭學森	M40	400651	PoliceAC
10 WONG WAI SHIN	王威善	M40	400246	DBSAC
11 CHAN CHEUK MAN	陳焯文	M40	400674	RMAC
12 LAI YIN CHUNG	賴彥宗	M40	400593	PKMSAA
13 CHENG FU ON	鄭富安	M40	400214	DBSAC
14 MANOHARAN KARTHIK		M40	400444	NAAA
15 WOO DAVID		M40	400004	AVOHK
16 HUI SIU TUNG	許兆東	M40	400221	DBSAC
17 CHAN SIK NING	陳錫寧	M40	400691	SCAA

Men's M40~M45 - 5000m (F)

2025-11-23 -> 13:00 (12:40-12:50)

Ord Name	姓名	Cat	Bib #	Team
1 HUI SIU TUNG	許兆東	M40	400221	DBSAC
2 WONG KAI YIN	黃啟然	M40	400595	PKMSAA

3 PUN TAK KIU	潘德翹	M40	400803	WAC
4 YEUNG HON WAI	楊漢威	M40	400108	CASRC
5 HO LOK CHI	何樂智	M40	400485	LSCAC
6 WONG KA LUN	王嘉倫	M40	400822	WYK
7 HUI CHEUK YIN	許焯彥	M40	400486	LSCAC
8 CHAN KWUN KIU	陳冠喬	M40	400482	LSCAC
9 MANOHARAN KARTHIK		M40	400444	NAAA
10 WONG KWOK LEUNG	王國良	M40	400694	SCAA
11 WONG SHUN TAK	黃信德	M40	400677	RMAC
12 WOO DAVID		M40	400004	AVOHK
13 CHENG FU ON	鄭富安	M40	400214	DBSAC
14 CHAN LAI CHIU	陳禮朝	M40	400675	RMAC

Men's M30~M50 - 5000m RW (F)

2025-11-22 -> 13:10 (12:50-13:00)

Ord Name	姓名	Cat	Bib #	Team
7 HONG KWAN YU	康鈞宇	M40	400739	SHTB
8 IP KWAN MING	葉坤明	M40	400223	DBSAC
9 PUN TAK KIU	潘德翹	M40	400803	WAC
10 YEUNG TAI WAI	楊大慧	M40	400249	DBSAC
11 CHEUNG TAI YIP	張泰業	M40	400215	DBSAC
12 DURAISAMY VIJINTH		M40	400767	MGA
13 TSE CHUN HUNG	謝振雄	M40	400740	SHTB
14 WAI MAN CHIK	韋文植	M40	400243	DBSAC
15 KONG CHAK LEUNG	江澤樑	M40	400228	DBSAC

Men's M40 - 110mH (F1)

2025-11-22 -> 14:05 (13:45-13:55)

Lan Name	姓名	Cat	Bib #	Team
2 LEUNG CHI HANG	梁志鏗	M40	400820	WYK
3 LI FU CHUEN KAMIL	李富全	M40	400654	PoliceAC
4 LEUNG TSZ KI	梁子琦	M40	400230	DBSAC
5 CHEUNG KA LAI	張嘉禮	M40	400039	BAC
6 LUNG DONALD	龍振國	M40	400236	DBSAC
7 CHAU ON KIT	周安傑	M40	400778	TCAA

Men's M40 - 110mH (F2)

2025-11-22 -> 14:05 (13:45-13:55)

Lan Name	姓名	Cat	Bib #	Team
2 LUI KA LOK	呂家樂	M40	400235	DBSAC
3 CHENG CHUN YEUNG	鄭振揚	M40	400213	DBSAC
4 CHEUNG KA YI	張家怡	M40	400817	WYK
5 KAN YAT KIT	簡溢傑	M40	400225	DBSAC
6 LEUNG CHI CHEONG	梁志鏘	M40	400819	WYK
7 TAM PING KWAN	譚秉鈞	M40	400116	CEDSRC

Men's M40 - 400mH (F1)

2025-11-23 -> 15:05 (14:45-14:55)

Lan Name	姓名	Cat	Bib #	Team
3 CHEUNG KA YI	張家怡	M40	400817	WYK
4 LEUNG CHI CHEONG	梁志鏘	M40	400819	WYK
5 CHAU ON KIT	周安傑	M40	400778	TCAA

Hong Kong Masters Athletics Club

The 10th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS

Men's M40 - 400mH (F1)

2025-11-23 -> 15:05 (14:45-14:55)

Lan Name	姓名	Cat	Bib #	Team
6 LEUNG TSZ KI	梁子琦	M40	400230	DBSAC
7 YIU PAK TO	姚柏濤	M40	400250	DBSAC
8 CHAN KA HO KALVIN	陳家豪	M40	400481	LSCAC

Men's M40 - 400mH (F2)

2025-11-23 -> 15:05 (14:45-14:55)

Lan Name	姓名	Cat	Bib #	Team
3 KAN YAT KIT	簡溢傑	M40	400225	DBSAC
4 LAM TING PANG	林定邦	M40	400564	Masters
5 CHEUNG KA LAI	張嘉禮	M40	400039	BAC
6 LUNG DONALD	龍振國	M40	400236	DBSAC
7 SHE WONG HOI	石黃海	M40	400240	DBSAC
8 WONG CHING YIN	王靖賢	M40	400244	DBSAC

Men's - 3000mSC (F)

2025-11-23 -> 09:25 (09:05-09:15)

Ord Name	姓名	Cat	Bib #	Team
10 LEUNG WAI HUNG	梁偉雄	M40	400231	DBSAC
11 CHENG FU ON	鄭富安	M40	400214	DBSAC
12 HUI SIU TUNG	許兆東	M40	400221	DBSAC
13 LI CHUNG LUN	李宗倫	M40	400232	DBSAC

Men's M40 - 4X100m (F1)

2025-11-22 -> 17:45 (17:25-17:35)

Lan Name	姓名	Cat	Bib #	Team
3 培僑中學校友會		M40		PKMSAA
4 赤道體育會 B		M40		BAC
5 南華體育會		M40		SCAA
6 THAILAND		M40		THA
7 拔萃男書院田徑會 B		M40		DBSAC
8 張振興書院田徑會		M40		CGHCAC

Men's M40 - 4X100m (F2)

2025-11-22 -> 17:45 (17:25-17:35)

Lan Name	姓名	Cat	Bib #	Team
3 警察田徑會		M40		PoliceAC
4 拔萃男書院田徑會 A		M40		DBSAC
5 香港元老田徑		M40		AVOHK
6 九龍華仁書		M40		WYK
7 赤道體育會 A		M40		BAC
8 喇沙書院田徑會		M40		LSCAC

Men's M40 - 4X400m (F1)

2025-11-23 -> 18:10 (17:50-18:00)

Ord Name	姓名	Cat	Bib #	Team
3 警察田徑會		M40		PoliceAC
4 喇沙書院田徑會 B		M40		LSCAC
5 拔萃男書院田徑會 A		M40		DBSAC
6 赤道體育會 B		M40		BAC

7 香港女子健跑會	M40	HKLRRRC
8 培僑中學校友會	M40	PKMSAA

Men's M40 - 4X400m (F2)

2025-11-23 -> 18:10 (17:50-18:00)

Ord Name	姓名	Cat	Bib #	Team
3 拔萃男書院田徑會 B		M40		DBSAC
4 THAILAND		M40		THA
5 喇沙書院田徑會 A		M40		LSCAC
6 赤道體育會 A		M40		BAC
7 香港元老田徑		M40		AVOHK
8 九龍華仁書		M40		WYK

Hong Kong Masters Athletics Club

The 10th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS

Men's M40 - High Jump (F)

2025-11-23 -> 08:20 (08:00-08:10)

Ord Name	姓名	Cat	Bib #	Team
1 LEUNG TSZ KI	梁子琦	M40	400230	DBSAC
2 LUNG DONALD	龍振國	M40	400236	DBSAC
3 WAI MAN CHIK	韋文植	M40	400243	DBSAC
4 CHANG MAN KIT	張文傑	M40	400816	WYK
5 HUI KIN SHING	許建成	M40	400220	DBSAC
6 DURAISAMY VIJINTH		M40	400767	MGA
7 IP YUI SUN	葉銳新	M40	400224	DBSAC
8 LI FU CHUEN KAMIL	李富全	M40	400654	PoliceAC
9 CHAU ON KIT	周安傑	M40	400778	TCAA
10 LO KIN NGOK	勞健岳	M40	400234	DBSAC
11 LEE MING CHUNG	李銘冲	M40	400122	CGHCAC

Men's M40 - Long Jump (F)

2025-11-23 -> 10:20 (10:00-10:10)

Ord Name	姓名	Cat	Bib #	Team
1 SHUEN TSI SHING	孫子承	M40	400241	DBSAC
2 IP YUI SUN	葉銳新	M40	400224	DBSAC
3 YEUNG WING HONG	楊永康	M40	400047	BAC
4 PUN TAK KIU	潘德翹	M40	400803	WAC
5 TSANG FAN CHUN		M40	400491	LSCAC
6 CHIO KAI MING	招啟明	M40	400216	DBSAC
7 WONG MAN YUI	黃文銳	M40	400779	TCAA
8 CHIU NGOK HEI	晁岳熙	M40	400217	DBSAC
9 SHE WONG HOI	石黃海	M40	400240	DBSAC
10 KAN YAT KIT	簡溢傑	M40	400225	DBSAC
11 KONG CHAK LEUNG	江澤樑	M40	400228	DBSAC
12 CHEUNG KA YI	張家怡	M40	400817	WYK
13 CHENG CHUN YEUNG	鄭振揚	M40	400213	DBSAC
14 CHAN KA HING	陳家興	M40	400649	PoliceAC

Men's M40 - Triple Jump (F)

2025-11-22 -> 13:50 (13:30-13:40)

Ord Name	姓名	Cat	Bib #	Team
1 LAU HING	劉鑫	M40	400042	BAC
2 CHENG CHUN YEUNG	鄭振揚	M40	400213	DBSAC
3 LEUNG TSZ KI	梁子琦	M40	400230	DBSAC
4 CHEUNG KA YI	張家怡	M40	400817	WYK
5 IP YUI SUN	葉銳新	M40	400224	DBSAC
6 CHEUNG TAI YIP	張泰業	M40	400215	DBSAC
7 WONG CHING YIN	王靖賢	M40	400244	DBSAC
8 NG WAI KEI KEVIN	吳偉基	M40	400238	DBSAC
9 WONG MAN YUI	黃文銳	M40	400779	TCAA

Men's M40 - Shot Put (F)

2025-11-22 -> 10:05 (09:45-09:55)

Ord Name	姓名	Cat	Bib #	Team
1 CHAN SAMUEL	陳子進	M40	400212	DBSAC
2 NG WAI KEI KEVIN	吳偉基	M40	400238	DBSAC

3 SHE WONG HOI	石黃海	M40	400240	DBSAC
4 TANG TIN CHI	鄧天智	M40	400242	DBSAC
5 YEUNG EDWIN CHUN	楊鎮宇	M40	400248	DBSAC
6 MOK LAI HONG	莫禮康	M40	400237	DBSAC
7 HOWIE PERCIVAL NAVEEN		M40	400443	NAAA
8 DASAN LOURDHU JUDE		M40	400484	LSCAC
9 WONG CHUN HUNG	王俊雄	M40	400245	DBSAC
10 PANG KING KIN	彭景鍵	M40	400744	SJC
11 CHEUNG TAI YIP	張泰業	M40	400215	DBSAC
12 HUNG CHEUNG KIT	孔祥傑	M40	400222	DBSAC
13 CHAN JASON	陳澤榮	M40	400211	DBSAC
14 HO KOON LAM	何冠霖	M40	400218	DBSAC
15 LUI KA LOK	呂家樂	M40	400235	DBSAC
16 NGAN SAU YAT	顏首一	M40	400239	DBSAC
17 LI KA KI	李家其	M40	400488	LSCAC
18 CHAN CHEUK MAN	陳焯文	M40	400674	RMAC
19 LAM YAU SUN	林友榮	M40	400229	DBSAC
20 HON LEUNG	韓亮	M40	400219	DBSAC

Men's M40 - Discus Throw (F)

2025-11-22 -> 10:25 (10:05-10:15)

Ord Name	姓名	Cat	Bib #	Team
1 SHE WONG HOI	石黃海	M40	400240	DBSAC
2 CHAN JASON	陳澤榮	M40	400211	DBSAC
3 IP YUI SUN	葉銳新	M40	400224	DBSAC
4 HO KOON LAM	何冠霖	M40	400218	DBSAC
5 YEUNG EDWIN CHUN	楊鎮宇	M40	400248	DBSAC
6 HUNG CHEUNG KIT	孔祥傑	M40	400222	DBSAC
7 HON LEUNG	韓亮	M40	400219	DBSAC
8 YEUNG TAI WAI	楊大慧	M40	400249	DBSAC
9 LUI KA LOK	呂家樂	M40	400235	DBSAC
10 HOWIE PERCIVAL NAVEEN		M40	400443	NAAA
11 MOK LAI HONG	莫禮康	M40	400237	DBSAC
12 LEUNG CHI CHEONG	梁志鏘	M40	400819	WYK
13 DURAISAMY VIJINTH		M40	400767	MGA
14 LAM TING PANG	林定邦	M40	400564	Masters
15 CHEUNG TAI YIP	張泰業	M40	400215	DBSAC
16 KOLJONEN PAUL	高日藍	M40	400227	DBSAC

Men's M40 - Javelin Throw (F)

2025-11-23 -> 16:25 (16:05-16:15)

Ord Name	姓名	Cat	Bib #	Team
1 KOLJONEN PAUL	高日藍	M40	400227	DBSAC
2 CHAUDHARY RAJAT		M40	400584	NMSAA
3 HOWIE PERCIVAL NAVEEN		M40	400443	NAAA
4 YEUNG HON MO	楊翰武	M40	400124	CGHCAC
5 CONSTANTINO CHRISTOPHER		M40	400585	NMSAA
6 CHAN CHUN TING	陳俊廷	M40	400815	WYK
7 IP YUI SUN	葉銳新	M40	400224	DBSAC
8 CHEUNG TAI YIP	張泰業	M40	400215	DBSAC
9 TANG TIN CHI	鄧天智	M40	400242	DBSAC

Hong Kong Masters Athletics Club

The 10th HONG KONG MASTERS ATHLETICS CHAMPIONSHIPS

Men's M40 - Javelin Throw (F)

2025-11-23 -> 16:25 (16:05-16:15)

Ord	Name	姓名	Cat	Bib #	Team
10	LI FU CHUEN KAMIL	李富全	M40	400654	PoliceAC
11	MOK LAI HONG	莫禮康	M40	400237	DBSAC
12	HUNG CHEUNG KIT	孔祥傑	M40	400222	DBSAC
13	LUI KA LOK	呂家樂	M40	400235	DBSAC
14	LEE MING CHUNG	李銘冲	M40	400122	CGHCAC
15	WONG KWOK LEUNG	王國良	M40	400694	SCAA
16	NG HON MING	吳翰鳴	M40	400802	WAC
17	DURAIAMY VIJINTH		M40	400767	MGA
18	CHOW WAI KIN	周偉健	M40	400120	CGHCAC
19	CHIO KAI MING	招啟明	M40	400216	DBSAC
20	CHAN YU LOK	陳宇樂	M40	400650	PoliceAC
21	YEUNG TAI WAI	楊大慧	M40	400249	DBSAC
22	CHAN JASON	陳澤榮	M40	400211	DBSAC
23	HON LEUNG	韓亮	M40	400219	DBSAC
24	LAU CHUN KI	劉焯棋	M40	400676	RMAC

主辦機構:



冠名贊助:



協辦機構:



支持媒體:

