Hong Kong Junior Age Group Athletics Meet 2023-1 Time Table

Start Time	Gender	Age Group	Event	Start of Call	End of Ca
9:00	Women	U14	800m Final	8:40	8:50
9:00	Women	U16	800m Final	8:40	8:50
9:00	Men-Pentathlon	U18	Pentathlon -LJ	*8:25	8:40
9:00	Men-Pentathlon	U20	Pentathlon -LJ	*8:25	8:40
9:00	Men	U14	Javelin Throw	*8:25	8:40
9:10	Women	U18	800m Final	8:50	9:00
9:15	Men	U14	800m Final	8:55	9:05
9:15	Men	U16	800m Final	8:55	9:05
9:25	Men	U18	800m Final	9:05	9:15
9:25	Men	U20	800m Final	9:05	9:15
9:35	Women	U14	100m Hurdles Heat	9:15	9:25
9:40	Women	U16	100m Hurdles Heat	9:20	9:30
9:45	Women	U18	100m Hurdles Heat	9:25	9:35
	Women	U16	Triple Jump	人數不	足取消
9:50	Men	U14	100m Hurdles Heat	9:30	9:40
9:50	Men	U16	Javelin Throw	*9:15	9:30
10:00	Men	U16	110m Hurdles Heat	9:40	9:50
10:15	Men	U18	110m Hurdles Heat	9:55	10:05
10:30	Women	U14	200m Heat	10:10	10:20
10:30	Men	U16	Triple Jump	*9:55	10:10
10:40	Women	U16	200m Heat	10:20	10:30
10:50	Women	U18	200m Heat	10:30	10:40
11:00	Men	U14	200m Heat	10:40	10:50
11:10	Men	U16	200m Heat	10:50	11:00
11:10	Men-Pentathlon	U18	Pentathlon -Javelin Throw		
11:10	Men-Pentathlon	U20	Pentathlon -Javelin Throw		
11:30	Men	U18	200m Heat	11:10	11:20
11:45	Men	U20	200m Heat	11:25	11:35
11:50	Men	U20	Triple Jump	* 11:15	11:30
11:55	Women	U18	Javelin Throw	* 11:20	1135
12:20	Men-Pentathlon	U18	Pentathlon -200m	12:00	12:10
12:20	Men-Pentathlon	U20	Pentathlon -200m	12:00	12:10
lunch		020			
14:00	Women	U14	100m Hurdles Final	13:40	13:50
14:00	Women	U16	100m Hurdles Final	13:40	13:50
14:00	Women	U18	100m Hurdles Final	13:40	13:50
14:10	Men	U14	100m Hurdles Final	13:50	14:00
14:10	Men	U16	110m Hurdles Final	13:50	14:00
14:10	Men	U18	110m Hurdles Final	13:50	14:00
14:10	Men	U20	110m Hurdles Final	13:50	14:00
14:10	Men-Pentathlon	U18	Pentathlon -Discus Throw		11.00
14:10	Men-Pentathlon	U20	Pentathlon -Discus Throw		
14:20	Men	U18	Triple Jump	* 13:45	14:00
14:30	Women	U18 U14	200m Final	14:10	14:20

14:30	Women	U16	200m Final	14:10	14:20
14:30	Women	U18	200m Final	14:10	14:20
14:30	Women	U20	200m Final	14:10	14:20
14:40	Men	U14	200m Final	14:20	14:30
14:40	Men	U16	200m Final	14:20	14:30
14:40	Men	U18	200m Final	14:20	14:30
14:40	Men	U20	200m Final	14:20	14:30
14:40	Men	U18	Javelin Throw	*14:05	1420
14:50	Women	U16	4X400米	14:30	14:40
15:00	Men	U16	4X400米	14:40	14:50
15:00	Men	U18	4X400米	14:40	14:50
15:40	Men-Pentathlon	U18	Pentathlon -1500m	15:20	15:30
16:20	Men	U20	Javelin Throw	* 15:45	1600
17:25	Women	U16	Javelin Throw	* 16:50	1705

Event Cancelled

Women	
U14	Javelin Throw, Swedish Relay, 4X100m Relay, 4X400m Relay
U16	Swedish Relay, Triple Jump
U18	400m Hurdles, Triple Jump, Swedish Relay, 4X100m Relay, 4X400m Relay
U20	800m, 1500m,100m Hurdles, 400m Hurdles, Triple Jump, Shot Put, Javelin Throw, High Jump
	Swedish Relay, 4X100m Relay, 4X400m Relay
Men	
U14	Swedish Relay, 4X100m Relay,4X400m Relay
U16	Swedish Relay, 4X100m Relay
U18	Swedish Relay
U20	1500m, High Jump,Swedish Relay,4X100m Relay, 4X400m Relay

Event straight to Final

 Women

 U20
 100m, 200m, 400m

Men U20 110m Hurdles

Wan Chai Sports Ground 16:00 13/4/2023 update