



Realife Autumn Run 2020

Organized by Pacers Athletics Club

<Competition Information>

Distance & Race Time:	08:00 Half Marathon Individual 08:05 10KM Individual 09:50 Youth 4KM Individual 09:55 Kid 1 Mile Individual (1609m) 10:00 Family Fun Run 800 Meters
Date:	11 October 2020 (Sunday)
Route:	Main Dam of Plover Cove Reservoir Shuttle bus service between "Tai Po Market MTR Station" and "Tai Mei Tuk Venue" provided (HK \$10 single journey)
Quota:	Enrollment is on first come first served basis
Route Closure:	11:00am
Individual Awards:	1) Overall Champion of Half Marathon Individual will be presented a package of 'Perfect-it Paint Refinish' and 'Interior Wet & Steam Treatment' (\$3460 in total) sponsored by Autobeauty 2) Half Marathon / 10KM Individual – (Trophies sponsored by Shun Hing Group will be awarded for the Overall Champion of Male/Female) 3) Half Marathon Individual / 10KM Individual / 4KM Individual (Youth) / 1Mile Individual (Kids) and 800M Family Fun Run - Trophies and prizes sponsored by Shun Hing Group will be awarded for the top three winners
Team Awards:	1) Team awards for 10KM Individual –10 participants (including at least 2 female and 2 male) can form a team. In each team, time of the nine fastest teammates will be counted. Trophies and prizes sponsored by Shun Hing Group will be awarded for the top three teams. There will be 4 minutes and 45 seconds deduction for each female teammate. (Application form of participants for team competition should be posted together. You are reminded to write down the team name at the top right hand corner of each application form)
Souvenir:	Each participant can get a souvenir T-shirt sponsored by Shun Hing Group and a finisher medal
Enrollment Fee:	Half Marathon HK \$290 / Individual 10KM HK \$250 4KM Individual / 1Mile Individual HK \$190 800M Family Fun Run HK \$280/team
Certificate Fee:	HK \$35/event (HK \$50/event if apply on or after competition day)

Family Fun Run 800 Meters (Grouped by children's gender)		
Category	Male (YOB)	Female (YOB)
Family I	2015	2015
Family II	2014	2014
Family III	2013	2013
Kid 1 Mile Individual (1609m)		
Kid I	2012	2012
Kid II	2011	2011
Kid III	2010	2010
Youth 4KM Individual		
Youth I	2008-2009	2008-2009
Youth II	2006-2007	2006-2007
Youth III	2004-2005	2004-2005
10KM Individual and Half Marathon Individual		
Open I (16-19 years old)	2001-2004	2001-2004
Open II (20-24 years old)	1996-2000	1996-2000
Open III (25-29 years old)	1991-1995	1991-1995
Adult (30-34 years old)	1986-1990	1986-1990
Adult (35-39 years old)	1981-1985	1981-1985
Adult (40-44 years old)	1976-1980	1976-1980
Senior (45-49 years old)	1971-1975	1971-1975
Senior (50-54 years old)	1966-1970	1970 or before
Master (55-59 years old)	1961-1965	
Aged (60+)	1960 or before	

Enrollment Method: Please mail the completed enrollment form together with a crossed cheque (payable to "Pacers Athletics Club Limited") to G/F, 74 FO TAN VILLAGE, SHATIN, HK or please go to www.sportsoho.com and click "Enroll" to fill in the participant information

Remarks:

- As environmental friendly, notification letter will be sent to each participant via email 2 weeks before the race day. Please be reminded to provide an email address.
- Participant should collect their runner's pack in Early October 2020. Location and other details will be announced via website www.sportsoho.com and email.
- If your friend is taking the race pack for you, no letter of authorization is required; all he/she needed is to show this printed confirmation email.
- Participants will receive the confirmation emails from Pacers within 10 working days. If you do not receive the email, please contact Pacers at 26901849 or via emails roadevent@pacers.org.hk
- Participants should thoroughly read the regulations. After submission of application, participants will have agreed to accept all regulations and arrangements from Pacers.
- Application fee is non-refundable and non-transferable once application is accepted.
- Participants are required to use the timing chip provided by the organizer.
- Bad Weather Arrangements: The race will be cancelled if Tropical Cyclone Warning Signal No. 8 or above is issued at 03:00pm one day before the event; The race will be cancelled if the Red/Black Rainstorm Warning Signal is issued after 05:00am on the event day. The Event Director is authorized to amend or cancel the schedule if the bad

weather or the above mentioned warning signal is issued during the race. If the race is cancelled due to bad weather (the typhoon signal No. 8 or above, thunderstorm or red / black rainstorm warning is hoisted) or other reasons, re-race and refund will not be made.

- Participants are responsible to arrange their own insurance cover.
- The organizer will provide baggage storage services. Please do not bring any valuable personal belongings. The organizer shall not be responsible for the loss or impairment of any personal item. Upon using this service, participants are assumed to accept the terms.
- Pacers Athletics Club reserves the right of using photos taken in this event for future promotion.
- Committee of Pacers Athletics Club reserves the right to interpret and change the above information without prior notification. Announcement of any amendment of event arrangement or event cancellation posted on the organizer's website shall prevail.

Supported by :



Prizes Sponsored by :





Realife Autumn Run 2020 Application Form

Team Name of 10KM (10 Participants in each team) : _____

Shuttle bus service between "Tai Po Market MTR Station" and "Tai Mei Tuk Venue" provided (HK \$10 single journey): _____ ticket(s)

Application Fee:

- Half Marathon Individual HK \$290** (HK \$35 for Certificate) **Youth 4KM Individual HK \$190** (HK \$35 for Certificate)
- 10KM Individual HK \$250** (HK \$35 for Certificate) **Kids 1 Mile Individual HK \$190** (HK \$35 for Certificate)
- Family Fun Run 800 Meters HK\$280 /team** (HK \$35 for Certificate)

Size Chart of souvenir T-shirt:

SIZE	5XS (120)	4XS (130)	3XS (140)	2XS (150)	XS	S	M	L	XL
Chest (cm)	36	38	40.5	43	44.5	47	50	53	56
Length (cm)	48	51	54	57	64	66	68	70	72

Chinese Name : _____ English Name : _____ Gender : M / F Year of Birth : _____

HKID card or Passport No. (First 4 digits) : _____ *Size of souvenir T-shirt : _____

Contact No. : _____

Email Address : _____

Cheque no. : _____ Emergency Contact (necessary) : _____ (Tel No.) : _____

Address : _____

Parents Information of Family Fun Run 800 Meters :

Chinese Name : _____ English Name : _____ Gender : M / F

Year of Birth : _____ HKID card or Passport No. (First 4 digits) : _____ *Size of souvenir T-shirt : _____

Waiver and Release Agreement :

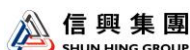
I/We understand that participating in this event can be dangerous. I/We declare that I/We am entering this Event voluntarily and in appropriate state, and agree to be responsible for all risks and responsibilities. I/We agree to abide by all rules, arrangements and decisions (including without limitation to anti doping policy) and applicable laws. I/We for myself/ourselves, our family members, probate administrator and beneficiaries, will executors and administrators, do hereby waive and release, any and all rights, claims and cause of action we/our have or may have against, the Co-Organizer – Pacers Athletics Club, Sportsoho and all sponsors, promoters, supporters, officers and all other related persons from any and all liability arising from illness, injury, death, loss and economic consequences that may be suffered from any cause whatsoever, including negligence, as a result of our entry in this event. I/We certify that I/We am physically fit and sufficiently trained to complete the event. I/We grant permission and assign all rights, title and interest to the organizer to use our appearance, name, voice, bio-data, likeness, and personal data in connection with the event in any and all media throughout the world in perpetuity and agree to waive any rights of inspection, approval or royalties associated.

Signature of Participant : _____

Date : _____

(Guardian / Parents signature if under 18)

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