

## 恒傑保險夏日黃昏跑2017

17 Jun, 2017 Saturday; Temperature : 27 - 31C; Humidity : 75-95%

### Category Results - 進步獎女子公開III組 (8公里)

Category Position	BIB	Name	姓名	Official Time	Improvement
1	7036	LI HIU CHING	李曉晴	00:57:52	00:12:19.760
2	7035	LAM HIU WAI	林曉蔚	00:48:03	00:04:12.610
3	0			0	0

### Category Results - 進步獎女子公開II組 (8公里)

Category Position	BIB	Name	姓名	Official Time	Improvement
1	7030	YU YAN YUNG	余欣蓉	00:44:17	00:02:42.010
2	0			0	0
3	0			0	0

### Category Results - 進步獎女子公開I組 (8公里)

Category Position	BIB	Name	姓名	Official Time	Improvement
1	7006	CHAN MAN YAN	陳鏗因	00:45:29	00:13:38.200
2	7012	YIU NAM	饒楠	00:36:08	00:04:00.720
3	7009	CHOI YAN KI PRAISE	蔡殷祈	01:03:39	00:00:11.560

### Category Results - 進步獎女子壯年III組 (8公里)

Category Position	BIB	Name	姓名	Official Time	Improvement
1	7173	LO WAI YEE	盧惠儀	00:39:16	00:16:45.370
2	7172	LEUNG YIM TING		00:45:17	00:12:20.180
3	7163	TSANG TING CHI	曾廷芝	00:40:33	00:07:19.810

### Category Results - 進步獎女子壯年II組 (8公里)

Category Position	BIB	Name	姓名	Official Time	Improvement
1	7133	WONG KWOK WAI	黃楓慧	00:52:00	00:21:16.960
2	7121	TANG YUET KING		00:34:57	00:10:31.620
3	6191	WONG HO YAN	黃昊恩	00:45:41	00:10:11.050

### Category Results - 進步獎女子壯年I組 (8公里)

Category Position	BIB	Name	姓名	Official Time	Improvement
1	7073	CHAN WING YAM EUGENIA	陳泳欽	00:39:06	00:13:36.480
2	7067	CHAN KAR YING	陳珈瑩	00:39:35	00:10:06.030
3	7063	CHENG KIT YEE	鄭潔兒	00:44:01	00:08:41.970

### Category Results - 進步獎女子高級II組 (8公里)

Category Position	BIB	Name	姓名	Official Time	Improvement
1	7276	HO SARAH	何少如	00:41:38	00:09:44.170
2	7325	CHENG SAU HAN	鄭秀嫻	00:51:26	00:08:22.960
3	7272	CHU CHAI HO		00:55:14	00:05:20.110

### Category Results - 進步獎女子高級I組 (8公里)

Category Position	BIB	Name	姓名	Official Time	Improvement
1	7227	MOK SAU LIN WINNIE	莫秀蓮	00:43:50	00:04:33.190
2	7242	NG LISA		00:41:06	00:04:13.600
3	7226	CHANG WAI CHUN	張偉珍	00:58:26	00:00:47.590

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### Category Results - 進步獎男子元老組 (8公里)

Category Position	BIB	Name	姓名	Official Time	Improvement
1	6603	LI SIU WAI	李少衛	00:49:54	00:08:31.040
2	6590	AU-YEUNG WAI KEUNG OLIVER	歐陽偉強	00:41:40	00:00:45.580
3	6594	MAK WAI KEUNG	麥偉強	00:38:17	00:00:00.900

### Category Results - 進步獎男子公開III組 (8公里)

Category Position	BIB	Name	姓名	Official Time	Improvement
1	6060	CHUNG CHUN KIT	鍾俊傑	00:50:47	00:11:16.310
2	6625	AU YEUNG TSZ CHUN	歐陽梓雋	00:30:34	00:03:17.840
3	0			0	0

### Category Results - 進步獎男子公開II組 (8公里)

Category Position	BIB	Name	姓名	Official Time	Improvement
1	6028	LAI SHENGWEN	賴勝文	00:32:35	00:05:54.500
2	6026	WONG CHUN WAI	黃雋韡	00:36:56	00:05:08.610
3	0			0	0

### Category Results - 進步獎男子公開I組 (8公里)

Category Position	BIB	Name	姓名	Official Time	Improvement
1	6023	LAM TSZ LOK	林子樂	00:44:11	00:11:44.300
2	6007	HSU WING SHING	徐泳誠	00:38:56	00:08:02.890
3	6010	SZE KIN NAM	施健楠	00:33:20	00:04:27.650

### Category Results - 進步獎男子先進組 (8公里)

Category Position	BIB	Name	姓名	Official Time	Improvement
1	6552	YU LEUNG SUM	余亮森	00:43:38	00:05:28.550
2	6565	PAO LAP KWAN		00:53:29	00:03:53.560
3	6550	CHIU PUI WAH	趙沛華	00:41:38	00:02:50.580

### Category Results - 進步獎男子壯年III組 (8公里)

Category Position	BIB	Name	姓名	Official Time	Improvement
1	6351	LAM WAI HUNG	林偉鴻	00:50:18	00:13:01.320
2	6314	SO WAI NAM		00:48:28	00:07:43.620
3	6321	SO KI YUEN		00:46:21	00:07:38.420

### Category Results - 進步獎男子壯年II組 (8公里)

Category Position	BIB	Name	姓名	Official Time	Improvement
1	6200	CHEUNG HOI YIP KENNY	張凱業	00:47:09	00:14:10.390
2	6198	AU BING WING	區炳榮	00:38:04	00:08:23.310
3	6230	CHOI CHUN FAT ANDERSON	蔡俊發	01:03:15	00:06:52.260

### Category Results - 進步獎男子壯年I組 (8公里)

Category Position	BIB	Name	姓名	Official Time	Improvement
1	6165	LEUNG SON KENG	梁順敬	00:29:14	00:27:05.220
2	6176	LOK KIN PING	樂建平	00:51:26	00:18:17.000
3	6092	LEUNG PAK PING	梁柏平	00:35:55	00:13:11.580

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### Category Results - 進步獎男子高級II組 (8公里)

Category Position	BIB	Name	姓名	Official Time	Improvement
1	6500	L U K WAI HUNG	陸偉雄	00:33:36	00:19:08.630
2	6515	NG SHU HUNG	伍樹洪	00:46:18	00:06:59.520
3	6519	YIP LAP SUN	葉立新	01:00:49	00:06:40.010

### Category Results - 進步獎男子高級I組 (8公里)

Category Position	BIB	Name	姓名	Official Time	Improvement
1	6445	NG CHI PING	吳志平	00:49:10	00:14:24.620
2	6379	FUNG KAR TIM	馮家添	00:55:49	00:12:08.050
3	6380	LI KWOK NANG	李國能	00:47:25	00:08:07.530