

第七屆飛達新春長跑 2012

15th Jan, 2012 Sunday, Temperature: 15-17°C, Humidity : 85-95%)

10km Category Results

Category	Category Position	Overall Position	Gender position	BIB	Name	姓名	Gender	Official Time	Chip Time
Female Advanced	1	50	3	581	LEE, PUI KAM	李佩琴	F	00:44:15	00:44:13
Female Advanced	2	92	8	600	HUI, CHOI LIN	許彩蓮	F	00:48:22	00:48:21
Female Advanced	3	124	12	587	FUNG, WAI KWUN CINDY	馮惠群	F	00:50:25	00:50:22
Female Advanced	4	125	13	593	LAU, FUNG LING	劉鳳玲	F	00:50:30	00:50:29
Female Advanced	5	126	14	589	CHAN, MAN LING	陳敏玲	F	00:50:35	00:50:35
Female Advanced	6	182	21	576	CHAN, MO YIN	陳慕賢	F	00:54:04	00:54:02
Female Advanced	7	227	23	574	MAK, KA PO HELEN	麥嘉寶	F	00:57:00	00:57:02
Female Advanced	8	238	25	588	LAU, KINNY		F	00:57:47	00:57:40
Female Advanced	9	250	28	594	WONG, SHUN YING	王順英	F	00:58:57	00:58:36
Female Advanced	10	262	33	592	TAI, CHOI BING JANICE	戴彩冰	F	00:59:43	00:59:11
Female Advanced	11	263	34	591	KUI, FUNG YAN JENNIFER		F	00:59:54	00:59:43
Female Advanced	12	285	40	579	KWOK, WAI YI BRENDA	郭慧儀	F	01:00:51	01:00:45
Female Advanced	13	305	47	578	TSE, SHIU FAN	謝少芬	F	01:02:20	01:02:16
Female Advanced	14	330	54	595	KWAN, HOI KIT	關海潔	F	01:04:06	01:03:35
Female Advanced	15	331	55	596	FONG, WAI KAM	方惠錦	F	01:04:07	01:04:00
Female Advanced	16	342	59	583	LEE, MAN YEE ANITA		F	01:05:11	01:05:03
Female Advanced	17	364	66	582	CHEUNG, CHING PING	張正屏	F	01:06:53	01:06:38
Female Advanced	18	372	70	575	LAU, MAY KEE	劉美琪	F	01:08:14	01:08:02
Female Advanced	19	386	73	577	HO, SIN CHING	何倩清	F	01:11:18	01:10:55
Female Advanced	20	391	75	585	PANG, YUEN YEE, WINNIE	彭婉儀	F	01:11:53	01:11:18
Female Elite group 1	1	40	2	544	HO, SO HAN	何素嫻	F	00:43:05	00:43:02
Female Elite group 1	2	53	4	568	MAK, LIM LUEN	麥念聯	F	00:44:36	00:44:35
Female Elite group 1	3	91	7	539	CHAN, MEI FUNG OLIVIA	陳美鳳	F	00:48:10	00:48:07
Female Elite group 1	4	97	9	542	YIP, PUI CHI	葉佩芝	F	00:48:42	00:48:39
Female Elite group 1	5	102	10	571	KONG, YING WAN	江映云	F	00:48:51	00:48:50

Female Elite group 1	6	127	15	526	LO, EVA	盧敏玲	F	00:50:39	00:50:37
Female Elite group 1	7	137	16	524	NG, NGAR SHEUNG		F	00:51:42	00:51:40
Female Elite group 1	8	160	17	551	SZE, MAN YIN GLORY	施敏妍	F	00:53:00	00:52:28
Female Elite group 1	9	202	22	556	YUEN, LAI MEI	袁麗嫩	F	00:55:19	00:55:02
Female Elite group 1	10	230	24	550	LAU, LING MAN	劉玲雯	F	00:57:09	00:57:00
Female Elite group 1	11	252	30	547	LEUNG, HING MAN, JENNY		F	00:59:06	00:58:56
Female Elite group 1	12	256	31	558	CHAN, KA WING	陳嘉穎	F	00:59:21	00:59:17
Female Elite group 1	13	267	35	566	CHEN, KIN	陳堅	F	01:00:11	00:59:32
Female Elite group 1	14	269	36	546	CHAN, SUK CHING JENNIS	陳淑清	F	01:00:14	01:00:10
Female Elite group 1	15	271	37	573	WONG, HOI YIN	黃海燕	F	01:00:17	00:59:59
Female Elite group 1	16	284	39	553	NAOKO, SUGIYAMA		F	01:00:50	01:00:38
Female Elite group 1	17	286	41	554	YIP, MEI WAN STEPHANIE	葉美雲	F	01:00:51	01:00:38
Female Elite group 1	18	300	42	532	YU, WAI MING DEBBY	余慧明	F	01:01:58	01:01:53
Female Elite group 1	19	301	43	545	KU, YUK LAN	顧玉蘭	F	01:02:03	01:01:53
Female Elite group 1	20	302	44	563	WAKAIKI, MINAKO	若生美奈子	F	01:02:07	01:02:04
Female Elite group 1	21	303	45	538	CHAN, YUET SIN	陳月仙	F	01:02:10	01:02:01
Female Elite group 1	22	304	46	527	WONG, FUNG YEE		F	01:02:17	01:02:05
Female Elite group 1	23	311	49	529	LIU, SAU FONG		F	01:02:44	01:02:40
Female Elite group 1	24	321	51	548	CHENG, MEI YEE, MAY	鄭美儀	F	01:03:32	01:03:24
Female Elite group 1	25	326	53	528	WONG, FUNG SUM		F	01:03:59	01:03:46
Female Elite group 1	26	332	56	549	LEUNG, PO LING	梁寶玲	F	01:04:13	01:04:04
Female Elite group 1	27	346	60	541	CHAN, WAI MAN		F	01:05:29	01:05:25
Female Elite group 1	28	361	64	543	WONG, REBECCA		F	01:06:19	01:05:53
Female Elite group 1	29	365	67	557	YUEN, YUK KUEN	阮玉娟	F	01:06:57	01:06:35
Female Elite group 1	30	380	71	569	LAI, KIAN	黎小玲	F	01:10:12	01:10:03
Female Elite group 1	31	393	76	552	CHU, KWAN YAU JANICE	朱群有	F	01:11:56	01:11:15
Female Elite group 1	32	400	78	522	WAI, KIT CHING	韋潔清	F	01:14:28	01:14:11
Female Elite group 1	33	402	80	531	CHEUNG, KAM SHAN	張金珊	F	01:14:49	01:14:24
Female Elite group 1	34	411	84	567	CHENG, SAU HA	鄭秀霞	F	01:17:10	01:17:01
Female Elite group 1	35	418	86	572	CHUI, WAI CHI	徐蕙芝	F	01:19:11	01:18:53
Female Open	1	20	1	611		姚潔貞	F	00:40:37	00:40:35

Female Open	2	60	5	473	LAI, FRANCES PUI YEE		F	00:45:21	00:45:19
Female Open	3	90	6	463	CHAN, HOI YEE	陳凱怡	F	00:48:07	00:48:02
Female Open	4	113	11	478	LEUNG, CHAU MEI		F	00:49:49	00:49:47
Female Open	5	162	18	460	LAW, KING CHI	羅敬芷	F	00:53:15	00:53:13
Female Open	6	167	19	508	WONG, SZE YU	王思宇	F	00:53:25	00:53:15
Female Open	7	169	20	474	LAI, FONG TING FLORA	黎芳婷	F	00:53:33	00:53:27
Female Open	8	241	26	521	CHOW, WAI MAN	周慧敏	F	00:58:11	00:57:53
Female Open	9	249	27	456	OR, WING YAN		F	00:58:54	00:58:52
Female Open	10	251	29	461	FUNG, PO YEE	馮寶意	F	00:59:00	00:58:46
Female Open	11	260	32	480	SIN, PUI YI	冼佩儀	F	00:59:34	00:59:23
Female Open	12	283	38	514	CHAN, YAT BO	陳逸寶	F	01:00:46	01:00:35
Female Open	13	309	48	482	WONG, NGA YEE COEY	王雅宜	F	01:02:34	01:02:32
Female Open	14	317	50	491	YIP, KIT YING CATHERINE	葉潔瑩	F	01:03:04	01:02:49
Female Open	15	324	52	486	WONG, TUNG LAI	王棟麗	F	01:03:42	01:03:10
Female Open	16	333	57	464	WONG, WAI NGA	黃惠雅	F	01:04:17	01:03:49
Female Open	17	337	58	455	CHEUK, MING WAI	卓明慧	F	01:04:42	01:04:28
Female Open	18	354	61	485	LO, PUI MAN	羅佩雯	F	01:05:53	01:05:25
Female Open	19	357	62	472	LIU, WING YIN	廖穎妍	F	01:06:01	01:05:51
Female Open	20	360	63	494	LAW, MAN	羅敏	F	01:06:18	01:05:45
Female Open	21	362	65	483	WONG, TING TING	黃婷婷	F	01:06:39	01:06:26
Female Open	22	367	68	458	CHOW, HOI YI	周凱兒	F	01:07:02	01:06:28
Female Open	23	370	69	481	LI, YUEN YAN RACHEL	李婉欣	F	01:07:45	01:07:30
Female Open	24	384	72	459	CHAN, SHUK YEE	陳淑儀	F	01:10:29	01:10:01
Female Open	25	387	74	516	WAN, MAGGIE	溫美琪	F	01:11:20	01:10:47
Female Open	26	395	77	475	LEE, SHUK HAN	李淑嫻	F	01:12:05	01:11:44
Female Open	27	401	79	488	LEE, TSZ YAN IRIS	李芷茵	F	01:14:31	01:14:01
Female Open	28	404	81	489	CHUNG, HO MING	鍾浩明	F	01:15:09	01:14:39
Female Open	29	405	82	507	KAN, TSUI LING	簡翠玲	F	01:15:11	01:15:02
Female Open	30	406	83	490	CHONG, KAR MAN	莊嘉雯	F	01:15:18	01:14:57
Female Open	31	415	85	506	LAM, MAN SZE	林文詩	F	01:18:52	01:18:22
Female Open	32	419	87	509	HUI, WING MAN	許穎敏	F	01:19:20	01:19:05

Female Open	33	424	88	502	CHAN, SHIU PING	陳少冰	F	01:24:05	01:23:50
Female Open	34	425	89	503	CHAN, SHIU CHUNG	陳少冲	F	01:24:05	01:23:49
Female Open	35	426	90	505	MAK, PIK YEE	麥碧儀	F	01:24:24	01:24:00
Female Open	36	427	91	504	SUNG, OI MAN, RACHEL	宋藹文	F	01:24:24	01:23:57
Female Open	37	428	92	466	LIU, SAU LAI	廖秀麗	F	01:24:45	01:24:40
Female Open	38	430	93	512	TANG, MICHELLE	鄧芝華	F	01:25:44	01:25:18
Female Open	39	431	94	511	WANG, XUEHONG	王雪紅	F	01:26:40	01:26:25
Female Open	40	433	95	513	LIU, PO LING	廖寶玲	F	01:27:07	01:26:38
Male Advanced	1	10	10	320	CHENG, JENSEN	鄭後煒	M	00:39:11	00:39:10
Male Advanced	2	13	13	313	CHAN, LAP YAN	陳立人	M	00:39:41	00:39:41
Male Advanced	3	17	17	295	NAM, TIN SANG	藍天生	M	00:40:17	00:40:17
Male Advanced	4	21	20	329	POON, WAI CHUEN	潘偉全	M	00:40:38	00:40:35
Male Advanced	5	26	25	322	WONG, WAH FOOK	黃華福	M	00:41:21	00:41:18
Male Advanced	6	34	33	332	CHIU, CHI MING TOMMY	趙志明	M	00:42:15	00:42:13
Male Advanced	7	44	42	330	LAU, SIU WAI		M	00:43:36	00:43:31
Male Advanced	8	49	47	354	CHAN, CHI MAN	陳志民	M	00:44:13	00:44:06
Male Advanced	9	55	51	606	Mong Tak Yeung David	蒙德揚	M	00:44:42	00:44:35
Male Advanced	10	58	54	363	NING, SIU PING ANDY	甯兆年	M	00:45:09	00:45:06
Male Advanced	11	61	56	327	TSANG, KOWKSUN	曾國新	M	00:45:27	00:45:11
Male Advanced	12	64	59	334	TSE, KIM WA JIMES	謝劍華	M	00:45:38	00:45:36
Male Advanced	13	65	60	338	WONG, CHING HON	黃政瀚	M	00:45:44	00:45:43
Male Advanced	14	68	63	311	LEE, CHI HUNG	李志洪	M	00:46:13	00:46:13
Male Advanced	15	71	66	351	CHEUNG, KA KUEN	張家權	M	00:46:46	00:46:40
Male Advanced	16	75	70	307	WONG, KAR CHIU		M	00:47:04	00:46:55
Male Advanced	17	86	81	328	LAI, MORRIS	黎國昌	M	00:47:40	00:47:36
Male Advanced	18	87	82	316	CHANG, SAI KIT	張世傑	M	00:47:47	00:47:22
Male Advanced	19	99	90	294	LAI, CHI MUN	黎志滿	M	00:48:46	00:48:42
Male Advanced	20	100	91	357	LO, LAM POR	勞林波	M	00:48:47	00:48:14
Male Advanced	21	115	104	361	KO, CHEUK WAI	高卓威	M	00:49:58	00:49:52
Male Advanced	22	116	105	344	LEE, CHUN NIN PETER	李俊年	M	00:50:07	00:49:34
Male Advanced	23	117	106	310	CHOY, WAI KWUN	蔡偉昆	M	00:50:10	00:49:55

Male Advanced	24	129	114	291	YU, KING TIM	余敬添	M	00:51:06	00:50:52
Male Advanced	25	134	119	341	CHEUNG, KWOK YIU	張國耀	M	00:51:35	00:51:04
Male Advanced	26	144	128	319	YU, KAI WA	余啟華	M	00:52:03	00:52:02
Male Advanced	27	151	135	325	CHUNG, SHUN	鍾順	M	00:52:24	00:52:10
Male Advanced	28	159	143	296	KWOK, KA HO	郭家豪	M	00:52:59	00:52:57
Male Advanced	29	179	159	308	CHAN, SUEN TO		M	00:54:00	00:53:48
Male Advanced	30	181	161	297	CHAU, CHI MAN	周志文	M	00:54:03	00:53:56
Male Advanced	31	185	164	364	LEE, WAI SHING		M	00:54:15	00:53:56
Male Advanced	32	191	170	301	CHAN, SIU HO	陳少豪	M	00:54:26	00:54:09
Male Advanced	33	203	181	355	YAMAGUCHI, MASUO	山口益夫	M	00:55:19	00:55:02
Male Advanced	34	207	185	324	LEE, MING WAI	李銘威	M	00:55:30	00:55:11
Male Advanced	35	212	190	362	TSE, CHING MAN	謝靜文	M	00:55:59	00:50:51
Male Advanced	36	216	194	340	KWOK, CHAN YIU	郭燦耀	M	00:56:30	00:56:12
Male Advanced	37	223	201	365	CHAN, CHI YIN		M	00:56:43	00:56:32
Male Advanced	38	232	208	360	CHENG, CHUN CHEONG	鄭振昌	M	00:57:30	00:56:54
Male Advanced	39	233	209	331	CHAK, CHI LEUNG	翟志良	M	00:57:36	00:57:27
Male Advanced	40	255	225	358	CHAN, CHUN SANG	陳俊生	M	00:59:18	00:58:41
Male Advanced	41	259	228	359	YUEN, YUK FAI	袁旭輝	M	00:59:26	00:59:21
Male Advanced	42	264	230	345	CHANG, HING MING	鄭慶明	M	00:59:54	00:59:29
Male Advanced	43	291	250	335	LAI, WAI MAN	黎偉民	M	01:01:12	01:01:02
Male Advanced	44	296	255	349	HO, PING KUEN	何炳權	M	01:01:36	01:01:12
Male Advanced	45	299	258	336	SIU, SING HO	蕭成豪	M	01:01:56	01:01:20
Male Advanced	46	323	272	317	WONG, CHEONG MING	王昌明	M	01:03:41	01:03:23
Male Advanced	47	336	279	352	KWOK, YUEN HONG	郭元康	M	01:04:24	00:59:08
Male Advanced	48	343	284	350	CHAN, KWOK MING	陳國明	M	01:05:12	01:04:35
Male Advanced	49	347	287	303	MOK, WING HUNG	莫永雄	M	01:05:32	01:04:57
Male Advanced	50	352	292	337	HO, MOON WAH	何滿華	M	01:05:41	01:05:34
Male Advanced	51	353	293	353	LO, KAM TIM	羅錦添	M	01:05:52	01:05:45
Male Advanced	52	374	304	342	LAI, CHI FAI KENNIS	黎志輝	M	01:09:00	01:08:32
Male Advanced	53	375	305	326	TSUI, WAI MAN		M	01:09:02	01:08:57
Male Advanced	54	408	325	347	LUK, PO KEI	陸步基	M	01:15:59	01:15:45

Male Advanced	55	410	327	356	CHOW, YIU KWONG	周耀光	M	01:16:38	01:16:15
Male Advanced	56	413	329	300	TSANG, CHI HANG	曾志恆	M	01:18:04	01:17:41
Male Advanced	57	422	335	299	SIMON, CHAN		M	01:23:42	01:23:24
Male Advanced	58	434	339	348	HO, TAK FAI DAVID	何德輝	M	01:28:22	01:27:49
Male Elite group 1	1	6	6	129	ASAKURA, NORIMITSU	朝倉教充	M	00:37:28	00:37:28
Male Elite group 1	2	24	23	145	CHUI, WILLIAM		M	00:41:19	00:41:17
Male Elite group 1	3	27	26	128	CHAN, TSZ WA	陳子華	M	00:41:24	00:41:22
Male Elite group 1	4	31	30	570	NG, CHEUK HO	吳卓豪	M	00:42:03	00:42:02
Male Elite group 1	5	35	34	185	SIU, CHI YAN JASON	邵智仁	M	00:42:20	00:42:13
Male Elite group 1	6	41	39	144	YIM, BENNY	嚴永鏘	M	00:43:10	00:43:10
Male Elite group 1	7	42	40	163	CHENG, WAI TAT		M	00:43:13	00:43:06
Male Elite group 1	8	47	45	198	MOK, KAI MING	莫啟明	M	00:44:07	00:43:51
Male Elite group 1	9	54	50	205	PANG, SEE LOK		M	00:44:36	00:44:27
Male Elite group 1	10	56	52	181	LEE, HUNG FAI	李鴻輝	M	00:45:04	00:44:55
Male Elite group 1	11	59	55	130	FUNG, YU KWAN	馮汝鈞	M	00:45:18	00:45:11
Male Elite group 1	12	69	64	151	YU, CHI YIN		M	00:46:30	00:46:23
Male Elite group 1	13	85	80	158	TANG, SIU WAI		M	00:47:38	00:47:33
Male Elite group 1	14	94	86	192	TAI, MING CHUNG	戴明聰	M	00:48:31	00:48:15
Male Elite group 1	15	105	95	146	TAM, MAN PING	譚文平	M	00:49:21	00:49:17
Male Elite group 1	16	108	98	175	AU, CHIN KIN		M	00:49:30	00:49:29
Male Elite group 1	17	112	102	174	CHAN, KAR WAH	陳嘉華	M	00:49:48	00:49:41
Male Elite group 1	18	122	111	159	CHU, CHI HANG	朱志恒	M	00:50:16	00:49:52
Male Elite group 1	19	130	115	180	WU, PO KA		M	00:51:10	00:51:05
Male Elite group 1	20	138	122	184	TRAN, ANTHONY	陳富安	M	00:51:42	00:51:38
Male Elite group 1	21	140	124	203	CHIA, WAH	謝華	M	00:51:49	00:51:41
Male Elite group 1	22	145	129	200	UEMURA, YOHEI	上村洋平	M	00:52:05	00:51:32
Male Elite group 1	23	149	133	186	LEE, CHUN FUN FRANCO	李振勳	M	00:52:20	00:51:54
Male Elite group 1	24	150	134	137	CHIU, MAN YIU		M	00:52:23	00:52:17
Male Elite group 1	25	153	137	199	TAM, YIU WING	譚耀榮	M	00:52:37	00:52:17
Male Elite group 1	26	158	142	176	CHONG, SHING CHUEN	莊承泉	M	00:52:58	00:52:47
Male Elite group 1	27	173	153	132	NG, SHU FAI	吳樹輝	M	00:53:42	00:53:39

Male Elite group 1	28	174	154	131	NG, WAI WOON EDMOND	吳瑋桓	M	00:53:42	00:53:36
Male Elite group 1	29	180	160	182	CHOW, TIN CHEUNG	周天祥	M	00:54:02	00:53:57
Male Elite group 1	30	187	166	139	WONG, PUI WING	黃培榮	M	00:54:20	00:54:10
Male Elite group 1	31	192	171	141	KWOK, SAI WAH	郭世華	M	00:54:32	00:53:58
Male Elite group 1	32	193	172	183	KAN, KWOK HO, CAVOUR	簡國浩	M	00:54:33	00:54:06
Male Elite group 1	33	210	188	168	LEUNG, SZE CHUN	梁思進	M	00:55:42	00:55:28
Male Elite group 1	34	219	197	154	YAU, KA TANG	游家騰	M	00:56:38	00:56:11
Male Elite group 1	35	220	198	135	CHENG, KIN FAI	鄭健輝	M	00:56:39	00:56:28
Male Elite group 1	36	231	207	161	TSANG, CHI CHEONG	曾志昌	M	00:57:12	00:57:04
Male Elite group 1	37	237	213	201	NAGI, MASATO	椰 匡登	M	00:57:45	00:57:11
Male Elite group 1	38	239	214	194	WONG, CHIN CHUENG TONY	黃展祥	M	00:57:49	00:57:42
Male Elite group 1	39	248	222	143	SIU, CHUN HAY		M	00:58:51	00:58:29
Male Elite group 1	40	258	227	206	LEE, HO YIN	李浩然	M	00:59:25	00:59:22
Male Elite group 1	41	261	229	138	WONG, TSUN YIN KEVIN	黃俊賢	M	00:59:35	00:59:19
Male Elite group 1	42	268	233	172	LUK, CHI KWAN	陸志堃	M	01:00:12	00:59:35
Male Elite group 1	43	279	242	189	TAM, WAI KIT	譚偉傑	M	01:00:32	01:00:16
Male Elite group 1	44	288	247	133	CHOW, CHUN PONG	周振邦	M	01:00:52	01:00:48
Male Elite group 1	45	289	248	150	WONG, MAN KIT		M	01:00:53	01:00:49
Male Elite group 1	46	290	249	173	TAM, WING FUNG	譚榮峯	M	01:00:55	01:00:40
Male Elite group 1	47	295	254	167	NG, MING HONG	吳銘康	M	01:01:33	01:01:20
Male Elite group 1	48	322	271	193	LUKE, BASH		M	01:03:33	01:03:09
Male Elite group 1	49	328	275	162	TSANG, PHILIP		M	01:04:05	01:03:59
Male Elite group 1	50	334	277	152	PANG, WAI HO	彭偉浩	M	01:04:17	01:03:52
Male Elite group 1	51	340	282	127	CHEUNG, LOK CHUEN FRANCIS	張樂泉	M	01:05:01	01:04:52
Male Elite group 1	52	341	283	177	HO, HOK LING	何鶴齡	M	01:05:09	01:04:56
Male Elite group 1	53	355	294	188	LEE, TSZ SHING	李子盛	M	01:05:55	01:05:38
Male Elite group 1	54	359	297	197	YASUHIRO, KUMA	熊泰弘	M	01:06:13	01:05:47
Male Elite group 1	55	376	306	147	LEUNG, CHI WAI		M	01:09:11	01:08:53
Male Elite group 1	56	379	309	165	SIN, KAI MAN	冼楷文	M	01:10:06	01:09:50
Male Elite group 1	57	383	312	142	CHUNG, CHI WING	鍾志榮	M	01:10:28	01:10:00
Male Elite group 1	58	390	316	156	LAW, HO TAK	羅浩德	M	01:11:52	01:11:46

Male Elite group 1	59	398	321	179	MOK, SHU KIN BRIAN	莫恕堅	M	01:13:41	01:13:36
Male Elite group 1	60	403	323	157	CHUI, SZE TAK	徐思德	M	01:14:49	01:14:24
Male Elite group 2	1	7	7	227	SUZUTA, MASAYUKI		M	00:37:37	00:37:40
Male Elite group 2	2	11	11	209	CHAN, WAI HO RICKY	陳偉豪	M	00:39:24	00:39:24
Male Elite group 2	3	12	12	240	KONG, TAK FAI	鄺德輝	M	00:39:39	00:39:38
Male Elite group 2	4	16	16	212	CHUNG, TZE FOON	鍾子寬	M	00:40:13	00:40:12
Male Elite group 2	5	22	21	269	YOSUKE, OKA, YOSHI	岡洋介	M	00:40:54	00:40:51
Male Elite group 2	6	36	35	242	LAM, TAT CHI	林達智	M	00:42:22	00:42:20
Male Elite group 2	7	38	37	260	SIN, HON YIN	洗漢然	M	00:42:57	00:42:55
Male Elite group 2	8	39	38	213	LAM, MAN WING	林文榮	M	00:43:01	00:43:00
Male Elite group 2	9	46	44	261	CHAN, WAI MAN, RAYMOND	陳偉民	M	00:43:56	00:43:52
Male Elite group 2	10	51	48	246	TSE, TAN-SANG	謝旦生	M	00:44:21	00:44:19
Male Elite group 2	11	57	53	250	PUN, WAI SHING	潘偉成	M	00:45:05	00:45:03
Male Elite group 2	12	66	61	252	LEE, SZE HO	李詩豪	M	00:45:49	00:45:46
Male Elite group 2	13	67	62	273	CHAN, SAN NGAI	陳新毅	M	00:46:09	00:46:05
Male Elite group 2	14	72	67	282	NING, SIU MAN JUSTIN	甯兆文	M	00:46:47	00:46:44
Male Elite group 2	15	73	68	208	YIP, KWOK CHUNG		M	00:46:48	00:46:35
Male Elite group 2	16	74	69	230	LEE, KIN TAT	李健達	M	00:46:49	00:46:44
Male Elite group 2	17	81	76	216	WONG, WAI KEUNG	黃偉強	M	00:47:25	00:47:25
Male Elite group 2	18	82	77	237	YU, TAK SING	余德星	M	00:47:28	00:47:26
Male Elite group 2	19	83	78	211	LAU, WAI YIN	劉渭然	M	00:47:31	00:47:28
Male Elite group 2	20	93	85	214	LEE, MAN HO	李民浩	M	00:48:30	00:48:18
Male Elite group 2	21	98	89	238	LI, YAT HUNG	李逸鴻	M	00:48:45	00:48:34
Male Elite group 2	22	101	92	257	WONG, SIU WAI	黃兆偉	M	00:48:48	00:48:47
Male Elite group 2	23	104	94	221	CHENG, CHUN YUEN	鄭峻元	M	00:49:19	00:49:13
Male Elite group 2	24	114	103	284	YU, CHUNG YIN	余仲賢	M	00:49:54	00:49:47
Male Elite group 2	25	118	107	244	CHAN, HIN KWONG	陳顯光	M	00:50:11	00:50:08
Male Elite group 2	26	123	112	215	MAK, YUET HANG	麥悅恒	M	00:50:16	00:50:09
Male Elite group 2	27	139	123	253	CHAN, KA CHEONG	陳嘉昌	M	00:51:45	00:51:32
Male Elite group 2	28	141	125	243	YAN, KAM HO	甄錦豪	M	00:51:50	00:51:29
Male Elite group 2	29	142	126	228	CHAN, KWOK CHUNG		M	00:51:56	00:51:49

Male Elite group 2	30	143	127	254	KWAI, KIN LUN	季健麟	M	00:51:58	00:51:56
Male Elite group 2	31	163	145	285	CHEUNG, CHI MAN		M	00:53:15	00:53:11
Male Elite group 2	32	164	146	266	CHAN, YAU CHEUNG, RICK	陳有祥	M	00:53:19	00:52:51
Male Elite group 2	33	176	156	217	CHAN, SIU KIT	陳少傑	M	00:53:49	00:53:31
Male Elite group 2	34	178	158	220	WAN, TAK LEUNG	溫德良	M	00:53:58	00:53:54
Male Elite group 2	35	183	162	263	LEE, SIU TONG	李紹棠	M	00:54:07	00:54:02
Male Elite group 2	36	184	163	283	CHEUNG, KWOK KEUNG	張國強	M	00:54:09	00:54:02
Male Elite group 2	37	186	165	251	CHEUNG, KAM WING		M	00:54:15	00:54:05
Male Elite group 2	38	188	167	262	LEE, WAI KIN, IVAN	李偉健	M	00:54:22	00:53:58
Male Elite group 2	39	189	168	231	CHAN, CHU MING	陳秋明	M	00:54:24	00:53:44
Male Elite group 2	40	190	169	247	LAM, CHI-WAI	林志偉	M	00:54:25	00:54:22
Male Elite group 2	41	199	178	265	KO, HON, KEN	高捍	M	00:55:04	00:54:44
Male Elite group 2	42	208	186	207	YU, KING KEUNG		M	00:55:32	00:55:19
Male Elite group 2	43	211	189	249	CHAN, CHI SHING	陳志成	M	00:55:43	00:55:08
Male Elite group 2	44	234	210	234	TANG, WING FAI THOMAS	鄧永輝	M	00:57:38	00:57:35
Male Elite group 2	45	257	226	271	CHAN, KA WA	陳家驊	M	00:59:23	00:58:58
Male Elite group 2	46	265	231	286	LEUNG, KA YUE	梁家裕	M	00:59:59	00:59:51
Male Elite group 2	47	275	238	236	CHEUNG, KWOK WAI	張國威	M	01:00:23	00:59:55
Male Elite group 2	48	281	244	224	FONG, KIN KONG RAYMOND	方建江	M	01:00:43	01:00:30
Male Elite group 2	49	293	252	281	CHAN, RATTLE	陳漢盛	M	01:01:25	01:01:16
Male Elite group 2	50	297	256	275	CHAN, KAM FAI	陳錦輝	M	01:01:41	01:01:26
Male Elite group 2	51	306	259	235	KWOK, KIN	郭堅	M	01:02:24	01:02:21
Male Elite group 2	52	310	262	239	LI, HO CHUEN	李浩銓	M	01:02:35	01:02:10
Male Elite group 2	53	313	264	255	CHAN, WAI	陳崴	M	01:02:49	01:02:33
Male Elite group 2	54	345	286	288	LUI, DANNY		M	01:05:24	01:05:12
Male Elite group 2	55	348	288	268	YU, WAI MING	余偉明	M	01:05:35	01:04:39
Male Elite group 2	56	350	290	280	KWAN, JOE	關正安	M	01:05:39	01:05:31
Male Elite group 2	57	371	302	222	WONG, KA SHING		M	01:07:58	01:07:45
Male Elite group 2	58	378	308	272	CHOI, WING FAI	蔡永輝	M	01:09:52	01:09:28
Male Elite group 2	59	397	320	276	YANG, ZE	楊澤	M	01:13:18	01:12:59
Male Elite group 2	60	416	331	278	YU, CHIU CHIU	余超超	M	01:19:02	01:18:53

Male Open	1	1	1	607		麥潤良	M	00:36:42	00:36:43
Male Open	2	2	2	608		劉耀銘	M	00:36:43	00:36:43
Male Open	3	3	3	610		伍頌研	M	00:36:43	00:36:43
Male Open	4	4	4	609		陳家豪	M	00:36:43	00:36:41
Male Open	5	5	5	81	WANG, CHAP MAN JACKY	汪習文	M	00:37:26	00:37:24
Male Open	6	8	8	64	WONG, CHI WAI	黃志偉	M	00:38:02	00:38:00
Male Open	7	9	9	82	SUEN, CHUN MAN	孫俊文	M	00:39:05	00:39:05
Male Open	8	15	15	53	FU, KWOK YU	傅國裕	M	00:40:12	00:40:12
Male Open	9	19	19	62	CHOI, KONG NGAI	蔡剛毅	M	00:40:27	00:40:23
Male Open	10	23	22	14	LO, CHUNG KWAN	盧頌鈞	M	00:41:14	00:41:15
Male Open	11	29	28	124	LAI, YEUNG LUI	黎楊壘	M	00:41:54	00:41:40
Male Open	12	30	29	125	LEUNG, WING HANG	梁永鏗	M	00:41:54	00:41:52
Male Open	13	33	32	42	WAN, MAN KIT	溫文傑	M	00:42:13	00:42:13
Male Open	14	45	43	46	AU, MING CHUEN	區銘荃	M	00:43:55	00:43:51
Male Open	15	52	49	84	FU, WILLIAM	符傳雋	M	00:44:25	00:44:22
Male Open	16	62	57	10	SAK, KAI SHEUNG	石啟上	M	00:45:27	00:45:24
Male Open	17	70	65	126	MA, HO WAN	馬浩雲	M	00:46:39	00:46:22
Male Open	18	76	71	104	WONG, HAU WING	黃孝榮	M	00:47:05	00:46:50
Male Open	19	78	73	11	LAM, YIU CHUNG BRIAN	林耀聰	M	00:47:14	00:47:08
Male Open	20	79	74	34	LI, KON SANG KEVIN	李幹生	M	00:47:20	00:47:16
Male Open	21	80	75	21	TSANG, YUK SING	曾旭昇	M	00:47:21	00:47:19
Male Open	22	95	87	108	LEUNG, YI KIN	梁義堅	M	00:48:39	00:48:16
Male Open	23	106	96	8	CHAN, LIT SHJ	陳列成	M	00:49:21	00:49:00
Male Open	24	107	97	48	WONG, YIU HO	王堯浩	M	00:49:24	00:49:15
Male Open	25	109	99	83	LEE, KWOK YAN	李國仁	M	00:49:32	00:48:51
Male Open	26	110	100	9	LAU, CHUN YU	劉俊宇	M	00:49:37	00:49:25
Male Open	27	119	108	70	LO, WING SING	羅永星	M	00:50:11	00:50:06
Male Open	28	120	109	16	WONG, KWOK HO	黃國豪	M	00:50:14	00:50:08
Male Open	29	121	110	51	LIU, KAI CHI	廖啟智	M	00:50:14	00:50:05
Male Open	30	133	118	32	LING, DINO	凌小明	M	00:51:32	00:51:27
Male Open	31	135	120	20	WONG, SHEK LUN	黃錫倫	M	00:51:36	00:51:33

Male Open	32	136	121	7	CHAN, HO LIT	陳豪烈	M	00:51:41	00:51:35
Male Open	33	147	131	35	MOK, MOON KIN	莫滿健	M	00:52:16	00:52:11
Male Open	34	148	132	30	WONG, KAR WAI	王嘉偉	M	00:52:18	00:52:15
Male Open	35	152	136	12	LEE, CHI LAM, ROGER	李智霖	M	00:52:26	00:52:15
Male Open	36	154	138	116	FAN, TSZ WING	樊子榮	M	00:52:37	00:52:16
Male Open	37	156	140	39	LAW, SIU CHUNG	羅兆聰	M	00:52:42	00:52:33
Male Open	38	157	141	41	PANG, SHING CHEONG	彭成昌	M	00:52:45	00:52:38
Male Open	39	161	144	18	YUEN, KAM SHING	元金盛	M	00:53:12	00:53:09
Male Open	40	165	147	76	BUT, KA WING	畢嘉穎	M	00:53:20	00:53:07
Male Open	41	168	149	6	YUEN, KWOK WAI	袁國偉	M	00:53:32	00:53:29
Male Open	42	170	150	47	KWOK, YAU FAAT	郭有發	M	00:53:34	00:53:25
Male Open	43	172	152	119	KWOK, ROID	郭志作	M	00:53:38	00:53:08
Male Open	44	177	157	107	NG, WAI LAM	吳煒林	M	00:53:51	00:53:44
Male Open	45	194	173	52	LING, TSZ CHUN	凌梓俊	M	00:54:33	00:54:24
Male Open	46	196	175	96	CHAN, KIM WAI	陳劍威	M	00:54:40	00:54:18
Male Open	47	200	179	29	YAU, WAI MING		M	00:55:05	00:54:45
Male Open	48	205	183	87	WONG, WAI SHING	黃偉誠	M	00:55:26	00:55:02
Male Open	49	209	187	89	NG, KA WAI	吳家威	M	00:55:41	00:55:29
Male Open	50	213	191	57	CHAN, CHEUK YIN	陳卓言	M	00:56:11	00:56:02
Male Open	51	214	192	68	CHOI, HOI WA	蔡開華	M	00:56:18	00:55:41
Male Open	52	215	193	97	CHAN, CHI WAI	陳志偉	M	00:56:22	00:56:01
Male Open	53	217	195	88	LAU, KWOK YUI	劉國銳	M	00:56:30	00:56:04
Male Open	54	218	196	105	LI, TAK SUNG	李德新	M	00:56:37	00:56:21
Male Open	55	221	199	19	AU, CHAK LAM	區澤霖	M	00:56:40	00:56:25
Male Open	56	222	200	45	TSE, MING KWONG	謝銘剛	M	00:56:41	00:56:34
Male Open	57	226	204	95	WOO, WAI LOK	胡偉樂	M	00:56:55	00:56:37
Male Open	58	228	205	117	CHAN, CHIN LUNG	陳展龍	M	00:57:03	00:56:51
Male Open	59	229	206	92	TSE, PO LUN	謝寶麟	M	00:57:07	00:56:37
Male Open	60	236	212	67	LUI, TSZ MING		M	00:57:44	00:57:09
Male Open	61	243	217	3	LAM, CHUNG LAI	林仲禮	M	00:58:14	00:58:05
Male Open	62	245	219	114	LEUNG, VERNON	梁偉倫	M	00:58:23	00:58:02

Male Open	63	247	221	4	SHUM, KWUN WING	岑冠榮	M	00:58:48	00:58:37
Male Open	64	276	239	86	LIO, KA MENG PHILIP	廖嘉明	M	01:00:27	00:59:59
Male Open	65	278	241	106	LAU, SIN KEI	劉善祺	M	01:00:30	01:00:03
Male Open	66	282	245	23	LEUNG, KI YING	梁騏英	M	01:00:43	01:00:24
Male Open	67	287	246	103	LEE, TAT FAI	李達輝	M	01:00:51	01:00:29
Male Open	68	292	251	120	WONG, LOK	黃樂勤	M	01:01:22	01:00:50
Male Open	69	308	261	54	LO, HIN YEUNG	盧顯揚	M	01:02:31	01:02:14
Male Open	70	312	263	66	CHAN, KIN WING	陳健榮	M	01:02:47	01:02:16
Male Open	71	316	267	28	PAI, MAN KIT	裴文杰	M	01:03:03	01:02:43
Male Open	72	318	268	22	CHAR, LIK HANG		M	01:03:18	01:03:05
Male Open	73	319	269	91	TSE, KIN FAAT	謝建發	M	01:03:27	01:02:59
Male Open	74	320	270	94	LAI, KAM YIP	賴錦業	M	01:03:27	01:02:55
Male Open	75	325	273	13	CHAN, JUN YIN JOHNNY	陳雋賢	M	01:03:49	01:03:39
Male Open	76	327	274	15	CHENG, CHI TAK	鄭智德	M	01:04:04	01:03:45
Male Open	77	329	276	60	TSE, PUI WING	謝沛榮	M	01:04:05	01:03:45
Male Open	78	344	285	102	WONG, CHI WING	黃志榮	M	01:05:13	01:04:50
Male Open	79	349	289	118	LAM, TOM	林兆昌	M	01:05:35	01:05:04
Male Open	80	351	291	31	YEUNG, HOI WAH	楊海樺	M	01:05:40	01:05:34
Male Open	81	358	296	115	KONG, LIK KIE	江歷琪	M	01:06:11	01:05:49
Male Open	82	363	298	93	CHAN, CHI WAI	陳志偉	M	01:06:43	01:06:12
Male Open	83	366	299	17	KEUNG, YIU HANG	姜耀恆	M	01:07:01	01:06:42
Male Open	84	385	313	69	LEUNG, HENRY WING SUM		M	01:10:59	01:10:24
Male Open	85	388	314	79	NGAI, SIU HUNG	魏少鴻	M	01:11:35	01:11:10
Male Open	86	389	315	26	SHUM, PING SUM	岑秉心	M	01:11:43	01:11:37
Male Open	87	409	326	122	HUNG, CHEUNG WAI	孔祥偉	M	01:16:10	01:16:00
Male Open	88	412	328	100	FUNG, CHAK LAM	馮澤霖	M	01:17:58	01:17:39
Male Open	89	414	330	101	LAU, CHUNG YIN	劉仲賢	M	01:18:37	01:18:15
Male Open	90	420	333	38	FU, WILSON	符傳永	M	01:20:43	01:20:38
Male Open	91	421	334	90	TAM, WING HANG	譚永亨	M	01:21:19	01:20:46
Male Open	92	423	336	44	CHAN, NATHAN		M	01:23:44	01:23:23
Male Open	93	432	338	111	YUAN, WEI	袁伟	M	01:26:45	01:26:30

Male Senior	1	14	14	388	LO, WAI HING	勞惠興	M	00:39:57	00:39:56
Male Senior	2	18	18	417	CHOW, KWAI WONG	周桂旺	M	00:40:24	00:40:23
Male Senior	3	25	24	397	LEUNG, WAH	梁華	M	00:41:20	00:41:19
Male Senior	4	28	27	405	LO, KWOK FU	羅國富	M	00:41:46	00:41:46
Male Senior	5	32	31	396	CHAN, FORD	陳國光	M	00:42:07	00:42:06
Male Senior	6	37	36	419	LEUNG, YAU KING	梁有敬	M	00:42:48	00:42:46
Male Senior	7	43	41	438	CHOW, HING SHAN	周慶珊	M	00:43:15	00:43:14
Male Senior	8	48	46	411	CHENG, CHAU KAM	鄭洲金	M	00:44:11	00:44:09
Male Senior	9	63	58	430	CHOI, TAI WING	蔡太榮	M	00:45:27	00:45:11
Male Senior	10	77	72	420	PANG, CHUNG PUI	彭松沛	M	00:47:09	00:46:50
Male Senior	11	84	79	392	LO, KAM FOOK	盧金福	M	00:47:37	00:47:28
Male Senior	12	88	83	413	CHIU, CHEUNG HON	趙祥漢	M	00:47:50	00:47:42
Male Senior	13	89	84	390	WAI, WAH LEUNG	韋華亮	M	00:47:59	00:47:53
Male Senior	14	96	88	448	LEE, YIN CHUEN	李彥全	M	00:48:39	00:48:33
Male Senior	15	103	93	393	LEE, CHI FUNG	李志峰	M	00:48:51	00:48:37
Male Senior	16	111	101	372	MAK, YING CHOI PATRICK	麥英才	M	00:49:45	00:49:31
Male Senior	17	128	113	409	CHEUNG, CHUI TING	張聚亭	M	00:50:47	00:50:41
Male Senior	18	131	116	407	YEUNG, SING FAI	楊成輝	M	00:51:13	00:50:59
Male Senior	19	132	117	375	NG, CHIU KING	吳朝勁	M	00:51:28	00:51:22
Male Senior	20	146	130	453	CHAN, U KAI	陳汝佳	M	00:52:07	00:52:01
Male Senior	21	155	139	426	MAN, WAI KWAN	文偉均	M	00:52:38	00:52:13
Male Senior	22	166	148	434	MA, SIU HUNG	馬少雄	M	00:53:22	00:53:06
Male Senior	23	171	151	452	SIT, CHECK CHAH	薛焯華	M	00:53:34	00:53:29
Male Senior	24	175	155	424	KAN, KIN MAN	簡建文	M	00:53:45	00:53:37
Male Senior	25	195	174	408	LAI, SIU KE	黎少祺	M	00:54:38	00:54:27
Male Senior	26	197	176	406	TSE, SIK WING	謝錫榮	M	00:54:50	00:54:44
Male Senior	27	198	177	415	LAM, KEI YIM		M	00:55:03	00:54:59
Male Senior	28	201	180	422	CHIK, PUI MING	植沛明	M	00:55:11	00:54:57
Male Senior	29	204	182	380	TAM, HING WING SIMON	譚馨榮	M	00:55:21	00:55:10
Male Senior	30	206	184	445	NG, KAM HUNG	吳錦鴻	M	00:55:29	00:55:14
Male Senior	31	224	202	425	CHAN, YU TING	陳如亭	M	00:56:45	00:56:15

Male Senior	32	225	203	400	YU, S.H. PETER	虞瑞雄	M	00:56:54	00:56:45
Male Senior	33	235	211	412	CHAN, DANNY		M	00:57:41	00:57:35
Male Senior	34	240	215	387	YUEN, CHI LAM	袁志林	M	00:58:01	00:57:56
Male Senior	35	242	216	436	YUEN, KIM MING	袁劍明	M	00:58:13	00:57:55
Male Senior	36	244	218	383	LAI, BO SAN PAUL	賴竇山	M	00:58:17	00:57:57
Male Senior	37	246	220	398	WONG, PO NGAN	汪保銀	M	00:58:46	00:58:23
Male Senior	38	253	223	431	LO, YIU CHEUNG	羅耀章	M	00:59:13	00:58:38
Male Senior	39	254	224	418	CHIU, CHI MING	趙志明	M	00:59:15	00:59:02
Male Senior	40	266	232	442	LEE, CHI LAM	李志霖	M	01:00:05	00:59:37
Male Senior	41	270	234	370	YIU, YIU WO	姚耀和	M	01:00:15	01:00:14
Male Senior	42	272	235	366	CHEUNG, KWOK KEUNG	張國強	M	01:00:18	01:00:05
Male Senior	43	273	236	368	TING, YAU LUN	丁有麟	M	01:00:18	01:00:06
Male Senior	44	274	237	381	LEUNG, PUI KI	梁培基	M	01:00:20	01:00:02
Male Senior	45	277	240	433	MA, KA CHUN	馬家駿	M	01:00:27	01:00:06
Male Senior	46	280	243	382	LI, SIU WAI	李少衛	M	01:00:39	01:00:23
Male Senior	47	294	253	395	YUEN, KAM HOI	袁錦海	M	01:01:27	01:01:24
Male Senior	48	298	257	367	KWOK, KWAN KIT	郭君杰	M	01:01:45	01:01:33
Male Senior	49	307	260	604	Kwong Yiu Lee	李光耀	M	01:02:30	01:01:52
Male Senior	50	314	265	603	Patrick Sun		M	01:02:54	01:02:34
Male Senior	51	315	266	432	LAM, KWOK WAH	林國華	M	01:02:57	01:02:30
Male Senior	52	335	278	429	SHAM, CHUN CHIU	岑振超	M	01:04:18	01:04:06
Male Senior	53	338	280	377	FUNG, CHAI SHE	馮濟櫛	M	01:04:45	01:04:37
Male Senior	54	339	281	447	YU, YIN BIN	余彥彬	M	01:04:55	01:04:28
Male Senior	55	356	295	384	LAM, TZE CHUNG	林子鍾	M	01:05:57	01:05:33
Male Senior	56	368	300	450	YU, YIU CHE	余耀枝	M	01:07:06	01:06:54
Male Senior	57	369	301	378	CHENG, MICHAEL		M	01:07:21	01:07:14
Male Senior	58	373	303	435	CHUNG, SING KEUNG	鍾聖強	M	01:08:42	01:08:12
Male Senior	59	377	307	391	LUK, CHIU KWONG		M	01:09:27	01:09:06
Male Senior	60	381	310	601	Lee Ka Hing		M	01:10:21	01:10:01
Male Senior	61	382	311	602	Jeremy Sun		M	01:10:26	01:10:10
Male Senior	62	392	317	389	LEUNG, YUET PANG	梁悅鵬	M	01:11:53	01:11:22

Male Senior	63	394	318	446	YEUNG, KAM TIM	楊錦添	M	01:12:02	01:11:51
Male Senior	64	396	319	373	TAM, HON FAI	譚漢輝	M	01:13:14	01:12:59
Male Senior	65	399	322	427	LAI, HUNG SUN	黎鴻新	M	01:13:44	01:13:22
Male Senior	66	407	324	440	YUEN, WAI CHEONG	阮偉昌	M	01:15:55	01:15:34
Male Senior	67	417	332	449	CHAN, YING TAO	陳映濤	M	01:19:05	01:18:52
Male Senior	68	429	337	444	TAI, PE YUNG	戴碧用	M	01:25:43	01:25:29